

A free resource for the central Iowa business community

CITYVIEW'S

BUSINESS JOURNAL



SMALL BUSINESSES TURN TO AI

to boost efficiency without
losing the human touch

Entrepreneurs across upholstery, operations and digital marketing say AI is streamlining workflows and expanding opportunity — while raising new questions about balance, accuracy and connection.

By Lindsey Giardino

While the technology continues to evolve, many entrepreneurs say its greatest value lies not in replacing human work but in creating more space for it.

Riana LeJeune,
owner of Repinned.



FEATURE

AI in any industry

AI can be incorporated into just about any small business — even an upholstery business.

At Repinned, Riana LeJeune's upholstery business, AI helps streamline proposals, client communication and project planning so the team can stay focused on craftsmanship and execution.

But the real transformation is happening through Renewabl, LeJeune's platform for visualization and lead generation built specifically for upholsterers, workrooms and soft-furnishing professionals.

In the app, AI is used to create photorealistic visualizations of furniture so clients can see what their piece will become before committing. It removes uncertainty and builds confidence in the decision-making process, LeJeune said.

"I built Renewabl because nothing else existed that truly understood our industry," she said. "Most AI tools can generate a pretty image, but they don't understand furniture anatomy, seam placement or how materials behave in real life."

Renewabl aims to solve that.

"Upholstery is a centuries-old skilled trade that's been quietly neglected for decades," LeJeune said. "At the same time, we're discarding millions of pieces of furniture every year that were built to last."

She saw a gap between imagination and action. People could not always visualize the potential of what they already had, so they defaulted to buying new.

"With my background in psychology, I understand how people make decisions, and visualization plays a huge role in that," LeJeune said. "AI gave me a way to bridge that gap, so I took it upon myself to combine my expertise in upholstery with AI to build Renewabl."

For upholstery shops globally, LeJeune believes AI is solving a much bigger problem. At a larger scale, it is about creating a circular ecosystem.

"When people can see the potential in what they already own — or what they find secondhand — they're more likely to restore rather than replace," she said. "That supports skilled trades, reduces waste and keeps quality furniture in circulation longer."

She does not see AI replacing trades like hers.

"I see it bringing visibility back to them," LeJeune said. "And that visibility creates opportunity — for artisans, for small businesses and for the next generation entering the skilled trades."

Using AI as a tool

"AI is a tool. A powerful one, but still a tool," said Abby Martinez, owner of Well Balanced Business, which specializes in providing virtual assistant and operational behavior management services.

"The heart of every business is people, and the businesses that will thrive in this next chapter are the ones that use AI to become more human, not less," she said.

In practice, Martinez and her team use AI as a behind-the-scenes partner. It helps with the heavy lifting on tasks like drafting SOPs, organizing research, pulling action items from meetings and keeping projects moving. That means the OBMs and VAs are not buried in administrative work.

"They're freed up to think strategically, catch the nuances and have real conversations with the founders we support," Martinez said. "AI handles the mechanics so our people can handle the relationships."

Martinez decided to implement AI after noticing her team was spending its best energy on tasks that were not the reason they got into the work.

"When I realized AI could absorb some of that behind-the-scenes work, it was not about speed for speed's sake," she said. "It was about protecting the human parts of what we do — the strategic thinking, the relationship building, the creative problem-solving for our clients. That is what I wanted more of, and AI helped make

room for it."

Claude is the AI tool Martinez and her team return to daily. What she appreciates about it is its ability to understand nuance and tone — something especially important in a people-first business.

On the flip side, the biggest risk she sees is people using AI to replace human connection instead of support it.

"You can tell when a message was written by someone who actually cares versus something that was automated and sent without thought," Martinez said. "Our clients can feel that too, so we're really intentional."

Ultimately, AI has given Martinez and her team something unexpected: their attention back.

"AI did not make our business more efficient so we could do more work," she said. "It made our business more human so we could do better work."

Martinez added that she thinks the future is less about what AI can do and more about what it frees humans to do. That idea also shapes Kinflow, her other company — a business operating system built on GoHighLevel that gives coaches and service providers the systems and automation they need to run their businesses without losing the human touch.

"My goal is to help other entrepreneurs use these tools the same way we do — as a way to protect their humanity, not outsource it," she said.



Abby Martinez, owner of Well Balanced Business

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MENU

Crudite Platter: [13x13 board] Pepper sticks, cucumber slices, cherry tomatoes, carrot sticks served with a garden dill dip (24oz) and Roasted Hummus (24oz)

Salsa Bar with Tortilla and Kettle Chips [80oz]: Mango, Apple, Strawberry, Cilantro, Red Onion [48oz] + Fire Roasted Salsa [48oz] + Queso Corn [1/2 steam pan]

Choice of:

Hickory Bacon-Wrapped Pork Tenderloin
[8- 8oz servings / half steam pan]

-or-

Hickory Wood Smoked Brisket:
[8- 8oz servings / half steam pan]

Sides: Salted Pretzel Roll [8 pcs] + Grilled Asparagus [48oz]
+ Mashed Potatoes [1/2 steam pan]

Dessert: Dutch-crumbled apple pie [8pcs] with Vanilla Bean Crème [48oz] and Bourbon Caramel [8oz]

AI in the digital world

Ramya Prasad, owner of Tech Stack Digital Solutions, a digital marketing agency, uses AI in a number of ways in her day-to-day work. In fact, it has become a core part of how her team operates. They primarily use it to optimize web pages for SEO, create social media content and build automated workflows that keep marketing consistent without constant manual effort.

Prasad has also started creating simple apps to pull keyword insights from platforms like Reddit, giving her team a better understanding of what people are actually searching for and discussing.

One of the most notable implementations, she said, is AI voice on their website, which allows potential clients to interact and get answers at any time, effectively turning their site into a round-the-clock resource.

But what Prasad finds most powerful is how AI is leveling the playing field.

"Small businesses can now access tools and strategies that were once only available to larger companies," she said.

At the same time, Prasad emphasizes that AI works best when combined with real expertise. It can speed things up and improve efficiency, but the strategy behind it still matters.

"The businesses that will benefit the most are the ones that start using it now, build simple systems around it and stay consistent," she said.

She also notes that businesses that adapt and begin optimizing for both SEO and AI visibility will be in a stronger position moving forward.

In addition to saving time, another major shift has been using voice agents to handle client inquiries.

"Instead of missing calls or responding late, we now have systems in place that can engage with potential clients right away," Prasad said. "This helps us capture more opportunities while also improving the overall client experience."

Because of this, Prasad's team is no longer spending most of its time on backend execution, but instead focusing on overarching strategies to move both the business and its clients forward.

She acknowledges there are still challenges. One of the biggest is that AI can sound very confident even when the information is not fully accurate. Relying on it without review can lead to content that feels generic or slightly off.

There is also the pace of change.

"New AI tools are being released almost every day, and it can quickly become overwhelming," Prasad said. "It is easy to fall into the trap of constantly trying new tools instead of actually using what works. We have learned to be intentional about this. Instead of chasing every new tool, we focus on selecting the ones that truly improve our efficiency and results, and we avoid unnecessary distractions."

Overall, Prasad believes AI is opening up new opportunities for small businesses.

"In the past, a lot of advanced marketing tools and strategies were only available to larger companies with bigger budgets," she said.

Things like SEO content at scale, automation, customer follow-ups and data insights often required a full team or expensive software. Now, with AI, a small business owner can accomplish much of that without needing a large team.

"You can create content, respond to leads faster, automate follow-ups and stay consistent with your marketing without feeling overwhelmed," she said. "It removes a lot of the barriers that used to slow small businesses down."

At the end of the day, Prasad said, AI is not replacing small businesses.

"It is giving them tools to operate smarter, move faster and grow in ways that were not easily possible before." ■



Ramya Prasad, owner of Tech Stack Digital Solutions

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COMMERCIAL REAL ESTATE TRANSACTIONS IN POLK COUNTY, IOWA, FROM NOV. 15, 2025, TO DEC. 5, 2025.

**1101 E. ARMY POST ROAD, DES MOINES**

SALE DATE: 2025-11-14
SALE PRICE: \$1,050,000
SELLER: MERCY CLINICS INC
BUYER: NATIVE REAL ESTATE LLC
ACRES: 1.915
SQUARE FEET: 8,896

1506 GARFIELD ST., S.W., BONDURANT

SALE DATE: 2025-11-14
SALE PRICE: \$750,000
SELLER: TKRG HOLDINGS LLC
BUYER: PARTON INVESTMENTS LLC
ACRES: 3.180
SQUARE FEET: 5,000

5714 HICKMAN ROAD, DES MOINES

SALE DATE: 2025-11-14
SALE PRICE: \$320,000
SELLER: KARAIIDOS, RANDY G
BUYER: DEEPITA INC
ACRES: 0.486
SQUARE FEET: 1,290

1165 SECOND AVE., DES MOINES

SALE DATE: 2025-11-14
SALE PRICE: \$9,550,000
SELLER: SUD DES MOINES LLC
BUYER: UNITED STATES POSTAL SERVICE
ACRES: 14.334
SQUARE FEET: 262,491

5685 N.E. 16TH ST., DES MOINES

SALE DATE: 2025-11-17
SALE PRICE: \$100
SELLER: PS LP
BUYER: STARKE, PETER T
ACRES: 2.070
SQUARE FEET: 20,250

1920 S.E. 14TH ST., DES MOINES

SALE DATE: 2025-11-17
SALE PRICE: \$275,000
SELLER: DANLEE CORP
BUYER: BREW OIL LLC
ACRES: 0.748
SQUARE FEET: 3,360

1711 S.W. PLAZA PARKWAY, ANKENY

SALE DATE: 2025-11-18
SALE PRICE: \$2,125,000
SELLER: CEE 3 LLC
BUYER: 1711 PARTNERS LLC
ACRES: 0.985
SQUARE FEET: 8,112

5922 N.E. 64TH ST., ALTOONA

SALE DATE: 2025-11-18
SALE PRICE: \$2,942,230
SELLER: FRANCOISE LOUISE BAILEY TRUST
BUYER: ZH HOLDINGS LLC
ACRES: 8.730
SQUARE FEET: 0

4210 E. 14TH ST., DES MOINES

SALE DATE: 2025-11-18
SALE PRICE: \$3,578,599
SELLER: REAL ESTATE HOLDINGS VII LLC
BUYER: PINE GROVE ESTATES LLC
ACRES: 5.590
SQUARE FEET: 468

1604 16TH ST., DES MOINES

SALE DATE: 2025-11-19
SALE PRICE: \$250,000
SELLER: BROAD STREET EQUITY LLC
BUYER: GRABER, DYLAN
ACRES: 0.123
SQUARE FEET: 3,264

4268 N.W. 11TH COURT, DES MOINES

SALE DATE: 2025-11-19
SALE PRICE: \$341,000
SELLER: MARVIN G KRAUSE REVOCABLE TRUST
BUYER: LOWE, ANITA A
ACRES: 0.667
SQUARE FEET: 1,200

10331 UNIVERSITY AVE., CLIVE

SALE DATE: 2025-11-20
SALE PRICE: \$7,875,000
SELLER: KIMVEN COMPANY LLC
BUYER: AT HOME INVESTORS LLC
ACRES: 8.819
SQUARE FEET: 91,030

648 19TH ST., DES MOINES

SALE DATE: 2025-11-21
SALE PRICE: \$416,000
SELLER: STEFFENSMEIER RENTALS LLC
BUYER: STELLAZ VENTURES LLC
ACRES: 0.172
SQUARE FEET: 4,637

5921 FLEUR DRIVE, DES MOINES

SALE DATE: 2025-11-21
SALE PRICE: \$500,000
SELLER: JET PARKING HOLDINGS LLC
BUYER: SINGH DEVELOPMENT LLC
ACRES: 1.438
SQUARE FEET: 2,240

14111 DOUGLAS PARKWAY UNIT 101, URBANDALE

SALE DATE: 2025-11-22
SALE PRICE: \$1,705,363
SELLER: TIMBERLINE WELLNESS LLC
BUYER: LOCK REAL ESTATE HOLDINGS LLC
ACRES: 0.105
SQUARE FEET: 12,260

14111 DOUGLAS PARKWAY, UNIT 103, URBANDALE

SALE DATE: 2025-11-22
SALE PRICE: \$2,103,156
SELLER: TIMBERLINE WELLNESS LLC
BUYER: LINKS PROPERTIES LLC
ACRES: 0.101
SQUARE FEET: 12,260

5575 S.E. DELAWARE AVE., ANKENY

SALE DATE: 2025-11-24
SALE PRICE: \$100
SELLER: M-H PROPERTY ENTERPRISES LLC
BUYER: TCEK REAL ESTATE LLC
ACRES: 19.995
SQUARE FEET: 0

2111 E. 17TH ST., DES MOINES

SALE DATE: 2025-11-24
SALE PRICE: \$2,330,000
SELLER: KEMIN INDUSTRIES INC
BUYER: APOLLO DESIGN BUILD LLC
ACRES: 2.380
SQUARE FEET: 51,584

**1985 N.W. 94TH ST., CLIVE**

SALE DATE: 2025-11-25
SALE PRICE: \$3,734,379
SELLER: MARK ANDERSON PROPERTIES LC
BUYER: 94TH PROPERTY LLC
ACRES: 2.872
SQUARE FEET: 35,000

NO ADDRESS LISTED

SALE DATE: 2025-11-25
SALE PRICE: \$33,725
SELLER: EBH INC
BUYER: CITY OF GRIMES
ACRES: 0
SQUARE FEET: 0

NO ADDRESS LISTED

SALE DATE: 2025-11-25
SALE PRICE: \$105,060
SELLER: PRIME GRIMES LLC
BUYER: CITY OF GRIMES
ACRES: 4.827
SQUARE FEET: 0

608 BOULDER AVE., DES MOINES

SALE DATE: 2025-11-26
SALE PRICE: \$220,000
SELLER: ROBERTA M NIGRO REVOCABLE TRUST
BUYER: 1458 LLC
ACRES: 0.480
SQUARE FEET: 2,022

301 E. FIRST ST., ANKENY

SALE DATE: 2025-11-30
SALE PRICE: \$1,200,000
SELLER: DENNY & CANDY ELWELL FOUNDATION
BUYER: MUFA PROPERTIES LLC
ACRES: 1.078
SQUARE FEET: 4,981

9201 NORTH PARK DRIVE, URBANDALE

SALE DATE: 2025-12-01
SALE PRICE: \$8,649,469
SELLER: NPJTC LLC
BUYER: REDI GROUP LLC
ACRES: 8.155
SQUARE FEET: 85,841

630 HILLSIDE AVE., DES MOINES

SALE DATE: 2025-12-01
SALE PRICE: \$471,000
SELLER: PRIDE REAL ESTATE SERVICES LLC
BUYER: LOFOTEN LLC
ACRES: 0.746
SQUARE FEET: 5,260

2811 S.E. 14TH ST., DES MOINES

SALE DATE: 2025-12-01
SALE PRICE: \$210,000
SELLER: REHA HOLDINGS LC
BUYER: SINGH, SUKHJINDER
ACRES: 0.260
SQUARE FEET: 1,600

16 INDIANOLA ROAD, DES MOINES

SALE DATE: 2025-12-01
SALE PRICE: \$450,000
SELLER: PETERSON, RAMONA
BUYER: J&S REALTY LLC
ACRES: 1.640

715 E. 25TH ST., DES MOINES

SALE DATE: 2025-12-02
SALE PRICE: \$180,000
SELLER: BASTOW, ROBERT
BUYER: KLM ENDEAVORS LLC
ACRES: 0.183
SQUARE FEET: 1,972

8501 DOUGLAS AVE., UNIT 9, URBANDALE

SALE DATE: 2025-12-02
SALE PRICE: \$175,000
SELLER: NORTH CENTRAL POULTRY ASSOCIATION
BUYER: JONES PROPERTY MANAGEMENT LLC
ACRES: 0.199
SQUARE FEET: 2,450

12 MAIN ST., S.E., BONDURANT

SALE DATE: 2025-12-02
SALE PRICE: \$85,000
SELLER: WANDA MAY BROWN REVOCABLE TRUST
BUYER: BROWN, MICHAEL G
ACRES: 0.126
SQUARE FEET: 2,400

1513 N. ANKENY BLVD., ANKENY

SALE DATE: 2025-12-03
SALE PRICE: \$835,000
SELLER: MARYVILLE FAMILY PARTNERSHIP LP
BUYER: KOREAN GRACE CHURCH
ACRES: 1.400
SQUARE FEET: 10,822

2825 E. UNIVERSITY AVE., DES MOINES

SALE DATE: 2025-12-04
SALE PRICE: \$1,100,000
SELLER: SUNRISE REAL ESTATE INC
BUYER: UNIVERSITY EQUITY GROUP LLC
ACRES: 0.690
SQUARE FEET: 9,352

251 S.E. GATEWAY CIRCLE, GRIMES

SALE DATE: 2025-12-04
SALE PRICE: \$2,700,000
SELLER: N&S HOSPITALITY INC
BUYER: AMBCA215 LLC
ACRES: 2.533
SQUARE FEET: 30,012

5614 N.E. 12TH AVE., PLEASANT HILL

SALE DATE: 2025-12-05
SALE PRICE: \$340,000
SELLER: LEA HOLDINGS LLC
BUYER: P-HILL PARTNERS LLC
ACRES: 1.465
SQUARE FEET: 0

185 N.W. BROADWAY AVE., DES MOINES

SALE DATE: 2025-12-05
SALE PRICE: \$810,000
SELLER: BROADWAY AUTO SALES INC
BUYER: KINGDOM HOMES LLC
ACRES: 0.610
SQUARE FEET: 2,910

5820 WINWOOD DRIVE, JOHNSTON

SALE DATE: 2025-12-05
SALE PRICE: \$9,250,000
SELLER: 5820 WINWOOD DR LLC
BUYER: GATOR 25 LLC
ACRES: 2.020
SQUARE FEET: 15,005 ■



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KEYNOTE SPEAKERS



RICHARD BRYAN

Sharpening Your Leadership Edge



ALEXANDRA HUDSON

Civility & Civic Renewal



BRANDON CARLSON

Operationalizing AI in the Workplace

May 21, 2026
Prairie Meadows
Event Center
8 a.m. — 5 p.m.



SMALL BUSINESS ADMINISTRATION LOANS

Borrower Name	City	County	Cong. District	\$ Amount	Jobs Created	Jobs Retained	New Vs. Existing	Business Type
Exclusive B3 Company	Hudson	BLACK HAWK	02	\$240,500	2	2	NEW	Plumbing, Heating, and Air-Conditioning Contractors
ONE ELEVEN Design Collective, LLC	WATERLOO	BLACK HAWK	02	\$40,000	0	3	NEW	Architectural Services
Offline Cocktails, LLC	Adel	DALLAS	03	\$1,335,000	8	0	NEW	Distilleries
CMMMC LLC	Booneville	DALLAS	03	\$455,000	5	0	EXISTING	Landscaping Services
Arbor Springs Operations, LLC	West Des Moines	DALLAS	03	\$2,629,000	10	118	EXISTING	Homes for the Elderly
New View Psychiatry LLC	DUBUQUE	DUBUQUE	02	\$255,200	0	0	EXISTING	Offices of Mental Health Practitioners (except Physicians)
Scott T Borcharding	Latimer	FRANKLIN	04	\$570,000	0	0	EXISTING	Soybean Farming
Rowdy Christian Customs and Repair LLC	SIDNEY	FREMONT	03	\$110,000	5	1	NEW	General Automotive Repair
Elm Family Enterprises, Inc	Marion	LINN	02	\$325,000	2	5	NEW	Fluid Power Valve and Hose Fitting Manufacturing
Mull Family LLC	Marion	LINN	02	\$200,000	3	1	NEW	Exterminating and Pest Control Services
Wildwood Floors of Eastern low	Robins	LINN	02	\$298,000	0	0	EXISTING	Flooring Contractors
VanRoekel Appliance Sales & Service INC	OSKALOOSA	MAHASKA	01	\$100,000	1	3	NEW	Electronics and Appliance Retailers
VanRoekel Appliance Sales & Service INC	OSKALOOSA	MAHASKA	01	\$50,000	1	3	NEW	Electronics and Appliance Retailers
MICHAEL BISHOP	PELLA	MARION	01	\$35,000	0	0	EXISTING	Landscaping Services
DC UNDERGROUND, L.L.C.	PELLA	MARION	01	\$25,000	0	0	EXISTING	Water and Sewer Line and Related Structures Construction
JB TIMBER CONCEPTS LLC	PELLA	MARION	01	\$25,000	0	0	NEW	New Single-Family Housing Construction (except Operative Builders)
JB TIMBER CONCEPTS LLC	PELLA	MARION	01	\$25,000	0	0	NEW	Residential Remodelers
LeHoltz Collective LLC	Ankeny	POLK	03	\$924,000	2	2	NEW	All Other Amusement and Recreation Industries
FEED JAKE LLC	ANKENY	POLK	03	\$50,000	1	4	EXISTING	Pet Care (except Veterinary) Services
Bristola LLC	DES MOINES	POLK	03	\$2,500,000	3	12	EXISTING	All Other Personal Services
Los Campeones Iowa LLC	DES MOINES	POLK	03	\$350,000	7	3	NEW	Fitness and Recreational Sports Centers
Home Sweet Cone Ice Cream, LLC	DES MOINES	POLK	03	\$150,000	10	0	EXISTING	Limited-Service Restaurants
Bristola LLC	Des Moines	POLK	03	\$50,000	3	12	EXISTING	Commercial and Industrial Machinery and Equipment
Los Campeones Iowa LLC	DES MOINES	POLK	03	\$50,000	7	3	NEW	Fitness and Recreational Sports Centers
IGNITE CHIROPRACTIC	URBANDALE	POLK	03	\$358,700	0	3	NEW	Offices of Chiropractors
American Technology Consulting LLC	West Des moines	POLK	03	\$250,000	0	80	EXISTING	All Other Business Support Services
CHRYSALIS COUNSELING CENTER LL	WEST DES MOINES	POLK	03	\$168,000	0	6	EXISTING	Offices of Mental Health Practitioners (except Physicians)
Beef & Bourbon Chophouse	Bettendorf	SCOTT	01	\$907,000	1	0	EXISTING	Full-Service Restaurants
838 Boutique LLC	Bettendorf	SCOTT	01	\$65,000	0	3	EXISTING	Full-Service Restaurants
Active Health Chiropractic LLC	DAVENPORT	SCOTT	01	\$228,700	0	1	EXISTING	Offices of Chiropractors
Desh LLC	AMES	STORY	01	\$185,000	2	7	NEW	Retail Bakeries
Jet Drain Services, LLC	Ames	STORY	04	\$100,000	0	6	EXISTING	Plumbing, Heating, and Air-Conditioning Contractors
9 Iron Holdings, L.L.C.	Indianola	WARREN	01	\$222,000	1	0	EXISTING	Residential Remodelers

TRANSACTIONS FROM MARCH 2026

LETTER FROM THE IRS?

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Stavick appointed executive director of Wallace Centers of Iowa

The Wallace Centers of Iowa (WCI) announced the appointment of Rebecca Stavick as its new executive director. Stavick brings more than 15 years of nonprofit executive leadership to WCI, an organization dedicated to connecting Iowa's food, land and people through educational programming, community service and cultural events at its two historic sites. Stavick is best known as the founding executive director of Do Space, the nation's first community technology library, which she launched in Omaha, Nebraska, in 2015. Under her leadership, Do Space grew to more than 98,000 members at the end of 2025, earned national recognition in outlets including Forbes and NPR, and became a model replicated by communities around the world. A firm believer in the power of leading the country from the Midwest, Stavick's success in building Do Space is proof that transformational ideas don't require a coast. Before Do Space, she spent nearly five years at Omaha Public Library and co-founded Open Nebraska, a civic technology and open data initiative.



Rebecca Stavick

Gamble named president and COO of Hubbell

Hubbell Realty Company (HRC) announced longtime executive Kyle Gamble as president and chief operating officer. Gamble, a graduate of DePauw and Northwestern Universities, and a lifelong Iowan, will succeed Rick Tollakson, who led Hubbell for the last 40 years including 20 years as president and CEO. Tollakson will serve as CEO through March 2026 when the company's long-term leadership plan calls for Gamble to become CEO.



Kyle Gamble

Enerson joins DMU Clinic - Physical Therapy

Ryan Enerson, PT, DPT, has joined the providers at the Des Moines University Clinic - Physical Therapy. Enerson will practice at the Des Moines University Clinic in the MidAmerican Energy Company RecPlex at 6500 Grand Ave., West Des Moines. Enerson earned a Doctor of Physical Therapy degree from Des Moines University Medicine and Health Sciences in 2024, where he also received the DPT Service Award and Sandra Teague Memorial Scholarship. He holds a Bachelor of Science degree in biological sciences education from North Dakota State University. With clinical experience in sports injury management, orthopedics, post-operative rehabilitation and treating musculoskeletal injuries, vertigo and balance issues, Enerson brings a well-rounded skill set to the DMU Clinic - Physical Therapy. He is also certified in dry needling, an intervention that supports improved blood flow to underlying tissues, pain reduction and restoration of movement. He knows that by eliminating or reducing his patients' pain, they can increase their activity levels and recover faster.



Ryan Enerson

Connett named president-elect of ACOFP Board

David Connett, DO, FACOFP (dist.), dean of the Des Moines University College of Osteopathic Medicine, has been named president-elect of the American College of Osteopathic Family Physicians' Board of Governors. Connett will serve as president-elect for one year and be inaugurated as president during the ACOFP meeting in April 2027. He will succeed Greg Cohen, DO, FACOFP (dist.), a 1991 Des Moines University Medicine and Health Sciences graduate. Connett brings unique experience to the role, having been a family physician for 40 years, practicing and teaching holistic care that aligns with the values family physicians hold. ■



David Connett

Send information on new hires, promotions, expansions, openings and other business news to editor@dmcityview.com.

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- ✓ Auto
- ✓ Renters
- ✓ Disability
- ✓ Workers Comp
- ✓ Employee Benefits
- ✓ Home
- ✓ Life
- ✓ Health

B BUENZOW
INSURANCE GROUP
3273 100TH STREET, URBANDALE
INFO@BUENZOWINSURANCE.COM | 515-270-8870



Paul Bowers, Jason Uhenhake, Ben Buenzow, Tyler Fromm, Chad Lyons, Taylor Carey. Not pictured: Faith Dorn-Spice, Steve Plym