

October 2016

CITYVIEW

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IT'S A WILD THING

Read what's new with the Iowa Wild
as the puck hits the ice this season

BY DARREN TROMBLAY



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CIVIC SKINNY
A wrinkle or two
in Ferentz contract

DES MOINES' TALLEST
A look up at the metro's
most vertically inclined people

LUNCH WITH
La famiglia Fratto —
Willie, Tommy and Frankie

2016-17 SCHEDULE

IOWA



OCTOBER 2016

SUN	MON	TUES	WED	THUR	FRI	SAT
						1
2	3	4	5	6	7	8
9	10	11	12	13	MB 14 7:00 PM	MB 15 7:00 PM
16	17	GR 18 7:00 PM	19	20	CHA 21 7:00 PM	CHA 22 7:00 PM
23	24	CLE 25 7:00 PM	26	27	MIL 28 7:00 PM	MIL 29 6:00 PM
30	31					

JANUARY 2017

SUN	MON	TUES	WED	THUR	FRI	SAT
1	2	3	GR 4 6:00 PM	5	6	MB 7 7:00 PM
MB 8 2:00 PM	9	10	11	12	SA 13 7:30 PM	SA 14 7:00 PM
15	SD 16 7:00 PM	17	GR 18 7:00 PM	19	TEX 20 7:00 PM	TEX 21 7:00 PM
22	23	24	GR 25 6:00 PM	26	RFD 27 7:00 PM	RFD 28 7:00 PM
29	30	31				

NOVEMBER 2016

SUN	MON	TUES	WED	THUR	FRI	SAT
		1	2	3	GR 4 6:00 PM	MIL 5 6:00 PM
RFD 6 5:00 PM	7	8	9	CHA 10 10:30 AM	CHA 11 7:00 PM	ONT 12 7:00 PM
13	14	15	RFD 16 7:00 PM	17	CHI 18 7:00 PM	CHI 19 7:00 PM
20	21	MB 22 7:00 PM	MB 23 7:00 PM	24	25	CHA 26 5:00 PM
CHA 27 12:00 PM	28	29	30			

FEBRUARY 2017

SUN	MON	TUES	WED	THUR	FRI	SAT
			1	2	CLE 3 6:00 PM	CLE 4 6:00 PM
5	6	7	CLE 8 7:00 PM	9	GR 10 7:00 PM	GR 11 7:00 PM
12	13	SD 14 9:00 PM	ONT 15 9:00 PM	16	17	18
CLE 19 3:00 PM	CLE 20 7:00 PM	21	22	23	24	CHI 25 7:00 PM
CHI 26 3:00 PM	27	28				

DECEMBER 2016

SUN	MON	TUES	WED	THUR	FRI	SAT
				1	GR 2 6:00 PM	CHI 3 7:00 PM
4	5	MIL 6 7:00 PM	7	8	SA 9 7:00 PM	SA 10 7:00 PM
11	12	13	CLE 14 6:00 PM	15	CLE 16 6:00 PM	17
MB 18 3:00 PM	MB 19 7:00 PM	20	21	22	23	24
25	RFD 26 7:00 PM	27	MIL 28 7:00 PM	29	RFD 30 7:00 PM	CHI 31 3:00 PM

MARCH 2017

SUN	MON	TUES	WED	THUR	FRI	SAT
			1	2	3	RFD 4 7:00 PM
5	6	7	8	9	TEX 10 7:30 PM	TEX 11 7:00 PM
12	13	14	15	16	MIL 17 7:00 PM	MIL 18 7:00 PM
19	20	CHA 21 6:00 PM	CHA 22 6:00 PM	23	CLE 24 6:00 PM	25
CLE 26 2:00 PM	27	RFD 28 7:00 PM	29	30	CHI 31 7:00 PM	

OPPONENTS

CHARLOTTE (CHA)	ONTARIO (ONT)
CHICAGO (CHI)	ROCKFORD (RFD)
CLEVELAND (CLE)	SAN ANTONIO (SA)
GRAND RAPIDS (GR)	SAN DIEGO (SD)
MANITOBA (MB)	TEXAS (TEX)
MILWAUKEE (MIL)	

APRIL 2017

SUN	MON	TUES	WED	THUR	FRI	SAT
						1
CLE 2 5:00 PM	3	CLE 4 7:00 PM	5	RFD 6 7:00 PM	7	CHI 8 7:00 PM
MIL 9 5:00 PM	10	11	12	CHI 13 7:00 PM	CHI 14 7:00 PM	RFD 15 7:00 PM

HOME GAMES PLAYED AT



HOME **AWAY**
ALL GAME TIMES ARE CT

WILD

HOCKEY LIVES HERE



10 / 14 OPENING NIGHT - *CLING SCHEDULE*

10 / 15 PREGAME TAILGATE - *POSTER SCHEDULE*

10 / 28 HAT TRICK OR TREAT NIGHT

11 / 6 PUCKS & PAWS - *PET FOOD BOWL*

11 / 11 VETS APPRECIATION WEEKEND - *BASEBALL HAT*

11 / 12 YOUTH SPORTS NIGHT - *YOUTH JERSEY T-SHIRT*

12 / 9 TEDDY BEAR TOSS

12 / 10 STAR WARS NIGHT - *POSTER*

12 / 26 \$2 HOT DOG NIGHT - *TRADING CARD SET*

12 / 31 NEW YEAR'S EVE & FIREWORKS - *CALENDAR*

1 / 20 RED, WILD & BLUE NIGHT - *PLAYER BOBBLEHEAD*

2 / 11 PINK IN THE RINK - *PINK THUNDERSTICKS*

2 / 19 CRASH'S BIRTHDAY PARTY - *CRASH BOBBLEHEAD*

3 / 18 ST. PATRICK'S GAME - *ST. PAT'S BASEBALL HAT*

3 / 31 RACECAR NIGHT - *FAMILY CAR DECALS*

4 / 2 SUPERHERO NIGHT - *YOUTH SUPERMAN JERSEY*

4 / 9 HOME IMPROVEMENT NIGHT - *TOTE BAG*

4 / 13 HEALTH & WELLNESS NIGHT - *WATER BOTTLE*

4 / 14 FAN APPRECIATION - *TEAM POSTER*

* THEME NIGHTS AND GIVEAWAYS SUBJECT TO CHANGE

WEEKDAY PROMOTIONS

MONDAY - FREE PARKING

TUESDAY - KIDS EAT FREE (12 & UNDER)

WEDNESDAY - WINNING WEDS. - 2 FOR \$10 TALLBOYS

FRIDAY - \$2 BEER NIGHT

SATURDAY - JIM BEAM DRINK SPECIALS

SUNDAY - SUBWAY COMBO PACK



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CITYVIEW

Your city. Your style. Your news. This is Des Moines.

PUBLISHER

Shane Goodman

EDITOR

Darren Tromblay

CONTRIBUTORS

Jeff Pitts
Jim Duncan
Joe Weeg
Brian Duffy
Patrick Boberg
John Domini
Herb Strentz
Joe Lawler

DISTRIBUTION MANAGER

Brent Antisdell

ADVERTISING DIRECTOR

Ashley Sohl

ACCOUNT EXECUTIVES

Katie Hawley
Allyson Martens

DESIGN MANAGER

Celeste Jones

ADVERTISING DESIGNERS

Karen Ericson
Jordan Aust

PHOTOGRAPHY & DIGITAL

Dan Hodges

BUSINESS OFFICE MANAGER

Brent Antisdell



ADDRESS: 5619 N.W. 86th St., Suite 600, Johnston, Iowa 50131

PHONE: 515-953-4822

FAX: 515-953-1394

WEB: www.dmcityview.com

EMAIL: editor@dmcityview.com

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Gustav Oloffson of the Iowa Wild. Photo by Ted Sandeen.

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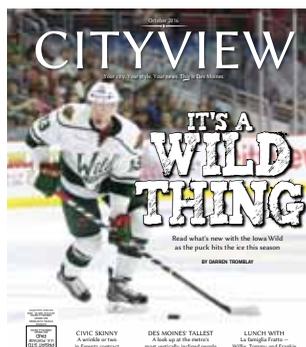
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IT'S A WILD THING!

Read what's new with the Iowa Wild when the puck hits the ice this season



Cover photograph by Ted Sandeen.

Serving Des Moines Over 35 Years



"I feel like we belong here, everybody knows who we are."

-Peter and Lisa Brown
Peter Brown Commercial Real Estate

"We tend to buy our cars and drive them for several years. We just want to make sure they're in good conditional at all times."-Peter Brown

"I feel confident as a female driver who doesn't know a whole lot about the inner workings of a car that I don't have to worry about it. I know you guys would be honest"-Lisa Brown



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- ASK A PROFESSIONAL PIERCER -

Q: How do I pick a good body piercer? - Tim

A: The selection of a piercer is very personal and depends upon your own set of criteria about your piercing experience.

Start by viewing your piercing not as a few exciting moments in the piercing chair, but as the entire experience, even once you have left the shop. The piercer will be inserting a foreign object into your body, so the way the object is placed, the jewelry and materials used, and the knowledge the piercer has and shares will be key elements to your long-term piercing outcome.

Before we can answer your question, we need to throw a few questions back to understand your criteria. Are you seeking a piercer who has proven knowledge, technique, and artistry? Is it important for you to have a trusting and comfortable relationship with your piercer? Are safe practices and sterility important? Is low price what you are seeking?

viding useful information, their website, www.safepiercing.org, lists APP members in your area who meet their minimum education, studio, and jewelry quality standards. This can narrow down your search, depending upon what is important to you.

After you have selected a few studios, arrange to take a tour of the facility and meet your potential piercer. Any shop worth considering will jump at this opportunity. Arrive with a set of questions, being sure to focus on areas of major importance to you. Ask what type of materials they use for jewelry and how they sterilize tools and jewelry for piercing. Ask what they recommend for aftercare (product and technique) and if they have any concerns about the potential healing of your desired piercing. Ask what makes them a good piercer and how they will ensure the piercing will be a positive experience.

While some answers are clearly better than others, trust your gut regarding how you might feel get



Many times, people begin by asking about price and skip the other factors that might be important to them. Since there are no body piercing regulations in Iowa, doing your homework about what you might expect for the end-to-end piercing experience will be your best bet to ensure a successful outcome.

Begin by investigating information online. Read reviews, send emails, and check with the Association for Professional Piercers (APP). The APP is an international non-profit alliance dedicated to the dissemination of information about body piercing. In addition to pro-

ting pierced in that studio. The very last question you should ask is about price. Once you understand how well the studio and piercer will fit your criteria, you will be more able to make an educated decision about what price aligns with what you have learned.

While it can be a bit overwhelming selecting a piercer, having a few handy tools at your disposal will only work to help you feel comfortable that you are in qualified hands, so you can have a wonderful experience that you can treasure for a lifetime. ■

Send comments and questions to: AskAProfessionalPiercer@gmail.com

Passion lives at Prysmpiercing.com

LETTERS

Listen with open minds

I've heard some discouraging remarks since Hillary fell ill — but wait. Most conclusions are not easily or wisely jumped to. Let's take some time off the voter-decision trail and let Hillary heal. Maybe we could see things a little differently if we know the down-to-earth realization of the truth that everyone is apt to suffer health problems. So we can leave it alone. Both candidates should have a chance to further prove themselves, to voice their opinions and to hopefully explain to us why they believe the party they represent would be better equipped to govern, instead of taking their time and ours to badmouth those who have served in the past. That kind of talk serves no profitable purpose for anyone as I see it. If we loyal Americans try to really listen with open minds, we may make a better choice.

Harriet Hamilton
Des Moines

Clintons playing doctor

The country must surely be relieved with the announcement by the hokey ex-president Bill Clinton, playing doctor again, that spouse Hillary, the other pathological liar in the family, is healthy and "looking like a million." Never mind nosedives walking up steps and fainting spells, she's ready and raring to continue blazing the campaign trail with her legendary foul mouth and her acid personality.

Dave Adkins
Des Moines

Small potatoes

Like Bernie Sanders, I really don't understand why the Hillary Clinton opposition is making such a big deal of her emails. Compared with other scandals in our federal government, this one is really small potatoes.

Small potatoes when compared to the scandals involving President Warren G. Harding in 1923. He took a summer train trip West to avoid the breaking news of the Teapot Dome Scandal and others, which caused several of his cabinet members to be sent to jail. And there were leaks about his two mistresses

and a love child, which would have been fatal to his career and reputation.

Small potatoes when compared to the secret relationship of Franklin Delano Roosevelt and his mistress, Lucy Mercer, present at his death in Warm Springs, Georgia, in 1945.

Small potatoes when compared to the lies of the Eisenhower Administration concerning the U-2 spy plane incident in 1960. Ike got caught red-handed in a lie when the Soviets presented the wreckage of the plane and a live pilot, Francis Gary Powers.

Small potatoes when compared to the secret health problems of John F. Kennedy.

Small potatoes when compared to the sins of the Nixon White House and the Watergate Scandal.

Small potatoes when compared with Ronald Reagan's intentional violation of the will of Congress in the Iran-Contra Affair, an impeachable offense.

Small potatoes when Bill Clinton lied to Congress and the American people and lost his right to practice law.

Small potatoes when George W. Bush lied about weapons of mass destruction. Jesus Christ has never been president.

The closest anybody came was Jimmy Carter, and what a disaster that was. He should have taken Machiavelli as his role model. I hope that Hillary Clinton does when she becomes president. ■

Gary Thelen
West Des Moines

CLARIFICATION

In our September 2016 OUR VIEW column, we stated that The Des Moines Register's "USA TODAY BEST: DES MOINES METRO" readers' poll only had categories with paid advertising in it and that businesses had to write checks to the Register to be listed on the ballot. Register publisher David Chivers says some categories in the poll actually don't have paid advertisers, but he admits that those who write checks are automatically included on the drop-down menu while others can be written in. In other words, yes, their poll is loaded. ■

Email your opinions to editor@dmcityview.com. Mail to 5619 N.W. 86th St., Suite 600, Johnston, IA 50131. Fax us at 953-1394. Please limit letters to 200 words or less. Cityview reserves the right to edit for length and clarity. The writer's address and daytime phone number will not be printed but must be given for verification.



DMMC *presnets*

GREYHOUNDS | DAPHNE & THE MYSTERY MACHINES | COLTER WALL
CRYSTAL CITY | THE WELL PENNIES | THE HOST COUNTRY | CARBON CANARIES
MATTHEW JAMES & THE RUST BELT UNION | JESS DEWITT & CO

NOVEMBER 5, 2016 | WOOLY'S | 2-11p | \$15-\$30 | desmoinesmc.com

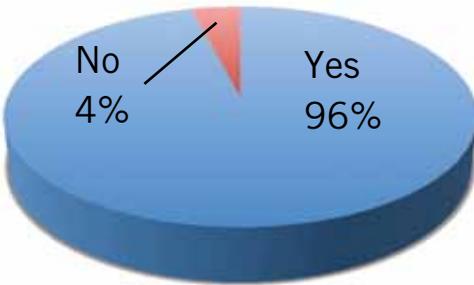
GREATER DES MOINES PARTNERSHIP | BRAVO | TRAVELER BEER COMPANY | TALLGRASS BREWING COMPANY | KFMG | SATURDAY MFG.

YOUR VIEW

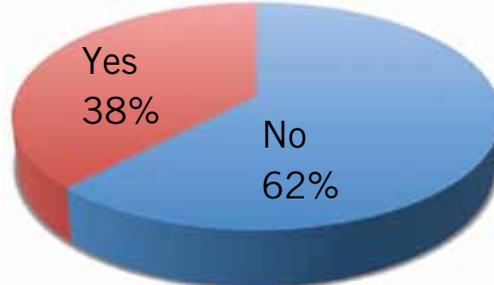
POLL POSITION

Results from last month's polls

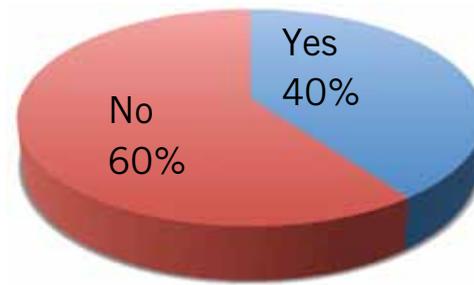
Do you ever talk to yourself?



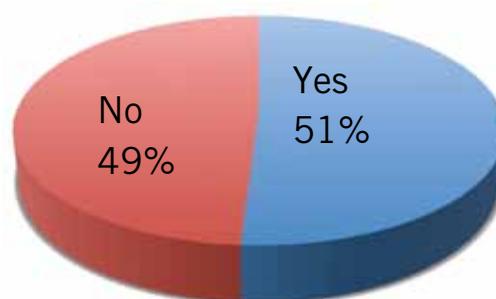
Should Internet purchases be taxed?



Are you concerned about Hillary Clinton's health as it relates to serving as president?



Do you sleep with your cell phone next to you?



Next question

Do you vote straight ticket?

- Yes
 No

Scan the QR code to cast your vote, or go to www.dmcityview.com



RETWEETS



@T_Bonezzz: I hate when people say 'I died laughing', and don't die.

@WheelTod: Tonight playing poker with a buddy he said "Care to make this interesting?" And I said "Sure. For years I've been secretly in love with you"

@heatherlou: [first date] "I learned to crochet in prison... Now you say something."

@DranoRaul: I learned two important lessons today. I can't remember the first lesson, but the second one is I have to start writing things down.

@Shanehasabeard: Don't talk to me until I've had my coffee! Haha jk, we can talk. How many of the commemorative state quarters have you collected? I have 40.

@realHamOnWry: I just answered two Jeopardy questions in a row. This must be what Einstein must have felt like.

@TheresNoGodzila: Turns out my date had a lot of pizzazz, not pizzas. I've never been more disappointed.

@RunwayDan: You spoiled brats with your fancy Cheerios flavors. When I was a kid Cheerios had one flavor, and that flavor was paper.

@Sean_Burgundy: Does shaking the vending machine count as working out?

@yoyoha: I don't volunteer my time to worthy causes but I do always whisper "you're doing great" when a waiter is describing the specials to me

@tastefactory: Here's a tip: When making sad face emoticons, use :(If you use :) that means your mouth fell off and a frisbee is lodged in your forehead

@SteveSuckington: What's the smallest amount of money you would reach into a toilet to get? Mine is a skittle.

@iamjalani: whoever thinks money doesn't bring happiness, transfer it to my account.

@Carbosly: Apparently, saying "make it a double" followed by an awkward wink doesn't work at the pharmacy.

@AmishPornStar1: Moist people aren't offended by the occasional typo.

@DirtySouthMess: Didn't know which glass of beer was mine so I drank both. I'm a problem solver.

@joshgondelman: Whenever I watch a home invasion thriller, I'm mostly terrified by how I'll never be able to afford to own a home.

@bridger_w: If a stranger catches you taking their photo, let them know it's okay by softly saying, "Don't worry, this is just for me"

facebook

cityview magazine
(comments unedited)

Cityview Magazine: Have you ever hit a deer with your vehicle? Describe the experience.

DeAnna Sturtevant: I didn't hit it. It hit me. I was at a stop sign waiting to get on the main road and all the sudden I hear a "thud" I think what the hell? I look in my mirror and there is this dazed deer standing next to my van. It tried again, "thud" then it go that it had to walk around. It was amusing.

Adam Swihart: Passenger for the experience twice. It was sudden, violent and smelled like deer poop.

Hobart Schmenge: Driving along, minding my own business when a deer runs up from the ditch and into the side

of my car. I didn't actually hit the deer as much as it hit me. All and all it was a very awkward experience. I haven't spoken with that deer ever since.

Cityview Magazine: What was your favorite hot lunch food in school?

Josh Bethune: Pizza

Duane Bickford: I got double pizza for lunch

Garry Mattix: Who

Beverly Lowe-Johnson: Chili

G Michael Peter: Chili

Thomas Tully: Square pizza! At least THEN it was incredible...tasting it now it would probably not be the bomb.

Amy Bibler: Chili with peanut butter

sandwich

Renee Kellogg: Crispito

Carol Lindaman: Salad Bar Day!

Shannon Guynn: Burritos

Kelly Lenhart: Anything that came with the homemade rolls. Yum!

Beverly Lowe-Johnson: Chili

Cityview Magazine: What do you think of the proposed two-tier tuition at Iowa State University, where upperclassmen will pay more than freshman and sophomores?

Amity Bibler: So how many freshman and sophomores drop out. If they are going to have something like this, which is ridiculous, shouldn't it be the

upperclassmen that have put in the work and time that get the benefit?

Jade Lauren Weber: Horrible

Cityview Magazine: Where is the best spot to see the fall colors in Iowa?

Dennis Kimmel: I like to start in Lansing and bring the Mississippi river south to Davenport

Lisa Cunningham: My porch

Cityview Magazine: What is the worst part about traveling?

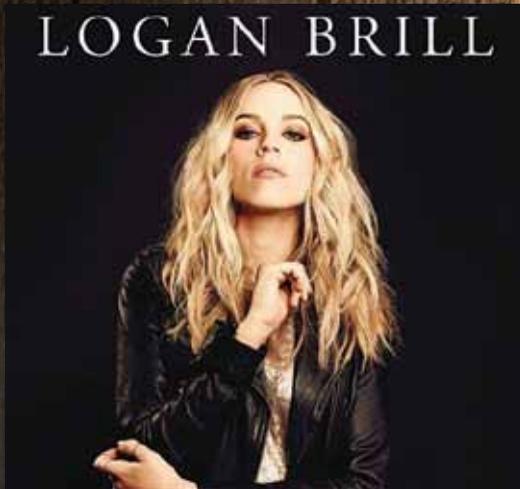
Thomas Tully: Rude people

Dennis Lopp: Other travelers.

BEER CAN ALLEY

PRESENTS

Live Country Music



LOGAN BRILL

FRIDAY,
OCTOBER 14
9:30PM
LOGAN
BRILL

FRIDAY, OCTOBER 7 CASEY MUESSIGMANN
FRIDAY, OCTOBER 28 BENTON BLOUNT
FRIDAY, NOVEMBER 4 NICK LYNCH
THURSDAY, NOVEMBER 10 COUNTRY TWO PIECE
FRIDAY, NOVEMBER 11 JAKE MCVEY



216 COURT AVENUE



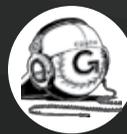
HALLOWEEN FRIDAY OCTOBER 28

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GUEST VIEW

BY HERB STRENTZ

The Olympics: Citius, Altius, Fortius and, of course, Litigium

While the Olympic motto “Faster, Higher, Stronger” is familiar, we also should acknowledge that Litigium — Latin for dispute, controversy or distress — is no stranger to the podium either.

Litigium was evident at the 2016 games in Rio when Feyisa Lilesa of Ethiopia finished second in the marathon. At the finish line he crossed his raised arms in support of the Oromo people, a repressed minority in his country.

At the time of this writing, he still feared return to Ethiopia and might even seek asylum in the U.S.

The Lilesa Litigium calls to mind the Black Power salute of Tommie Smith and John Carlos at the Mexico City Olympics in 1968 and the politics and protests of the 1936 Olympics in Adolf Hitler’s Berlin.

For while some say the Olympics soon becomes old news in the U.S. with the onset of the football season, the furor over the 1936 and 1968 Olympic controversies is rekindled at least every four years — sometimes to the anguish of those who focus on the pristine Citius, Altius, Fortius and Simone Biles for good measure!

Such review can be worthwhile in shedding light on our delusions, hopes and fears.

Consider 1936 in the context of a PBS documentary on those “games” which suggests many of us have been misled about what happened in Berlin. We’ve heard time and again that the games were a triumph for equality and a defeat for the Nazis as Jesse Owens ran and jumped to four gold medals, exposing the fraud of Hitler’s master race ideology.

Except that:

- The Germans took 89 medals in 1936 to 56 for the U.S. The breakdown for gold, silver and bronze, all in the Nazis’ favor, was 33-24, 26-20 and 30-12. Hitler, Goering and Goebbels strutted.

- The Berlin Olympiad set the tone for contemporary “games” in terms of vast construction and national promotion. Even the spectacle of running the Olympic torch from Athens to Berlin was hatched to link the Third Reich with the glories of Greece. Olympic officials were so thrilled with the Berlin games that they invited the Nazis to host the 1940 winter games before WWII unpleasanties got in the way.

- Equality had its place on the Berlin oval, but not, say, in major league baseball for another dozen years or more.

- A key player in the Berlin games was Avery Brundage of the U.S. Olympic committee. He said there was little or no evidence of Nazi persecution of Jews and successfully maneuvered against any threatened boycott of the games. He parlayed the success of the games into his appointment to the International Olympic Committee and the IOC presidency from 1952-1972.

Decades after his triumph in Berlin, Brundage was to suspend Carlos and Smith from the U.S. team because of their salute at the 1968 medal ceremony for the 200 meters event. Just as in 1936 when there were concerns about Nazi ideology, in 1968 the Olympic Project for Human Rights (OPHR) demanded that South Africa and Rhodesia be banned from the games

because of their racial policies. The nations were banned but OPHR opposition to Brundage as IOC chair went unheeded as did other concerns about racism. Two recollections:

- The press — including Brent Musburger who called Carlos and Smith “black-skinned storm troopers” — roundly vilified the athletes. Howard Cosell was about the only one to not do so. They suffered professionally, as did the Australian silver-medal winner in the 200, Peter Norman. He wore an OPHR badge in solidarity with Smith and Carlos. (Norman died in 2006; in 2012 members of the Australian Parliament praised him and apologized for his virtual banishment from track upon his return home in 1968.)

- I taught at the University of Kentucky the fall of 1968. When the UK football team went to play Ole Miss, as I recall, black players on the team had to stay in a hotel apart from their white teammates. But no one linked that with the Smith-Carlos protest.

What does one draw from all this and now the Lilesa episode and 49er quarterback Colin Kaepernick — in Carlos-Smith fashion — protesting racism by not standing for the national anthem?

Maybe that if we want to be Citius, Altius and Fortius, Litigium can help. ■

Herb Strentz is a retired administrator and professor in the Drake School of Journalism and Mass Communication and writes occasional columns for Cityview.





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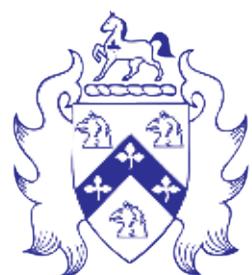
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CIVIC SKINNY

U of I cuts graduation threshold in Ferentz contract. And for \$4.5 million (plus), he agrees not to complain.

That huge new contract the University of Iowa has given football coach **Kirk Ferentz** has a new wrinkle or two.

Besides paying him a minimum of \$4.5 million in its first year — that's a bit more than 11 times the salary of the President of the United States — and besides offering annual incentives of another \$2,625,000, and besides guaranteeing \$100,000 annual increases for the next nine years, and besides giving him 50 hours of free jet travel each year for personal use, and besides giving him two cars and other stuff....

And besides giving him total control over the football program and having him report to Athletic Director **Gary Barta** in name only (and while his \$425,000-a-year son and offensive line coach may in theory report not to dad but to Barta, as the university claims, dad's contract says all assistant coaches report to him and it sets the pay for the son, which is higher than the pay given to the university provost)....

And besides providing no penalty in case he walks away any time during the 10 years the "contract" is in force....

The university apparently decided it had been too tough on the coach in setting a threshold of a 70 percent six-year graduation rate before the coach can pick up a \$100,000 bonus. So the school replaced the 70 percent "graduation rate" in the contract with an 80 percent "graduation success rate."

A "graduation success rate," as Cityview pointed out a few weeks ago, is a phony number invented by the National Collegiate Athletic Association to hide the fact that real graduation rates of big-school athletes often are abysmal. The federal government calculates real graduation rates this way: It takes the number of incoming freshmen, determines how many have graduated after six years, and says that percentage is the rate. The NCAA "success" rate does that, too, but first it subtracts from the "incoming" number all those athletes who leave before they graduate, as long

In the summer of 1954, when I was 15 years old, I went to work in the sports department of the Register and Tribune. My main jobs were answering phones and taking dictation from sportswriters — this was long before email or popularized fax machines or the like — and occasionally I was sent out to cover a high-school swimming meet or baseball game.

I was paid 75 cents an hour, the minimum wage.

After my first assignment, covering a swimming meet, I came back, wrote the four-paragraph story and turned in a chit for mileage reimbursement. It was rejected. I was told by **Leighton Housh**, the executive sports editor, that part-timers couldn't get mileage.

I told my father, who also worked at the newspaper and who suggested I explain to Mr. Housh that the cars part-timers drove were powered by gasoline, just as were the cars driven by the sports-writers, and that part-timers had to pay the same for gasoline that full-timers paid. I nervously explained this to Mr. Housh. He always looked pained, but he looked more pained than usual as I spoke.

A few days later, Mr. Housh determined that the part-timers — there were probably a half-dozen of us — would be paid mileage. I suspect

as they were in good academic standing when they left.

The difference has averaged 15 points over the past five years for football players at Iowa. At an 80 percent "graduation success rate," Ferentz would have picked up his \$100,000 in three of those years. At a 70 percent "graduation rate," he was shut out.

Every little bit helps.

In return for all this, the coach agrees to keep his mouth shut. "An action on the part of any coach to publicly report internal problems or disagreements that arise will be regarded as contrary to university policy," the contract notes. ...

Side note: The true graduation rates for football players at the 14 Big Ten schools in the most recent year ranged

Comment: A bad idea

the editor of the newspaper, Ken MacDonald, told him he had no choice.

This comes to mind because of the loopy proposal from the Polk County minimum-wage task force that would put the minimum for workers under 18 at 85 percent of the minimum for everyone else. The task force, by a 10 to 2 vote, is proposing gradual increases in the true minimum to \$10.75 an hour by 2019, with annual cost-of-living increases after that. The current minimum is \$7.25.

If it's enacted, Polk's cities will have the chance to opt out — to keep their minimums at \$7.25 — or to put in their own minimum wages that could be higher or lower than the county's proposal. In effect, the county is forcing the issue for the cities.

The plan would be OK, perhaps, if McDonald's would charge those under 18 just 85 percent of the list price for a hamburger and fries, if QuikTrip would charge them just 85 percent for a gallon of gas, if the Roosevelt Barber Shop would charge them just 85 percent for a haircut, and if Wal-Mart would charge them just 85 percent for school supplies and tennis shoes and CDs and bread purchased.

Young people who take jobs don't usually do it for the joy of working. They do it because they need money — for

everything from gasoline to tuition, for their own joys and necessities as well as, often, for help in supporting their families. And they work just as hard as their sisters and brothers who are 18 or older. (But there are some tasks a young person is not allowed to do on the job, some employers and tasks-force members argue, and that's why the differential was put in, they say. Yeah.)

The proposal is wrong-headed not only because it penalizes the young but also because it gives employers a way around the law. They can hire kids to serve customers or pump gas (oh, wait a minute, no one is hired to pump gas these days) or stock shelves or scoop ice cream. The employers save 15 percent by doing that — and contribute to rising unemployment of those older than 18.

There's no question the minimum wage needs to be raised. If the federal government won't do it, then the state should. If the state won't, then the county should. But if the county does it — and that seems all but certain here in Polk County — it should do it by the same amount for everyone.

The other day, the supervisors approved the first reading of the new plan. They have two more chances to change their minds.

And they should. ■

— Michael Gartner

from 47 at Michigan State to 93 at Northwestern. The only other school that had a true rate of at least 70 was Nebraska, which was at exactly 70. The "graduation success rate" ranged from 66 at Michigan State to 97 at Northwestern. Four other schools — Nebraska, Ohio State, Penn State and Rutgers — had rates more than 80. ...

In hopes of recovering \$682,500 in defaulted loans made to **Kirk Blunck**, the city has made a deal with lawyers for his estate. In September, the City Council approved a so-called Forbearance Agreement with a Blunck company, Teachout Properties LLC, that calls for a monthly payment of \$1,500, increased collateral, and a promise that Teachout lawyers will "diligently pursue the sale

of the properties in a commercially reasonable manner that maximizes the sales price" of the Teachout Building and the neighboring Hohberger Building in the East Village. The Teachout Building is assessed at \$1,010,000, the Hohberger Building at \$931,000.

Blunck, who died mysteriously on a Sunday in January while visiting the Teachout Building, was an architect and early leader in the redevelopment of the East Village. In 1999, the city gave him two interest-free 10-year loans, one for \$300,000 and one for \$400,000, as part of a financing package for the two buildings. The loans, which were subordinate to mortgages held by Iowa State Bank, required no payments for the first four years.

In fact, Blunck paid down nothing on the \$400,000 loan and just \$17,500 on the \$300,000 one. Both were declared in default in 2010, kicking in an interest rate of 12 percent. As part to the new deal, that interest rate was cut to 6 percent for the period from 2010 to April 1 of this year and to 2 percent since then. If the city is not repaid by the end of 2017, the forbearance agreement ends and the interest rate goes back to 12 percent.

The estate itself probably has the money to repay the city, but the city did not get a personal guarantee from Blunck at the time of the loans.

Blunck, a respected architect with very messy business affairs, was pushed or fell in the stairway at the Teachout Building. The county medical examiner listed the cause of death as “multiple blunt force trauma, manner undetermined.” At least some family members believe he was murdered, but there have been no arrests. He was 62 when he died. Court filings indicate he had assets of \$6.4 million when he died; there has been no listing of liabilities. ...

Democratic operatives **John** and **Jackie Norris** are back in town after a few years in Washington and another

couple of years in Rome. John Norris — onetime congressional candidate, former chief of staff to Gov. **Tom Vilsack**, once chairman of the Iowa Utilities Board and later a member of the Federal Energy Regulatory Commission — has joined with former Harkin aide **Brad Knott** to purchase the State Public Policy Group, a consulting company that was owned by **Tom Slater**.

Jackie Norris — onetime chief of staff to **Michelle Obama** and a top worker in the campaigns of Vilsack, **Barack Obama** and **Al Gore** — has been named president of Goodwill Industries of Central Iowa. Keeping things in the Democratic family, they have bought the Woodland Avenue house of **Jim Autry** and former Lt. Gov. **Sally Pederson**. ...

Friends of Polk County Conservation Director **Rich Leopold** say he is considering seeking the Democratic nomination for governor. They note he has set up a political action committee. But Leopold was evasive when asked by Cityview. He didn't say yes, he didn't say no. He just said he was going around trying to push his “progressive” agenda. Leopold is pretty well known around the state; he ran the Iowa

Department of Natural Resources from 2007 to 2010. Friends think he'll announce after the election, perhaps before state party chair **Andy McGuire** announces in January. ...

Steve Luebke, the former sales manager at Toyota and Chevrolet dealerships in Des Moines, is back in prison in Newton. He recently was picked up for drunk-driving in St. Louis — his eighth OWI arrest — and was sent back to prison for parole violation. He had been sentenced to 10 years in April of 2013, was released on parole last year, and now is scheduled to be released on parole again in November of next year. ...

Mark Graziano, the city's other notable prisoner, is scheduled to be released from Leavenworth on Dec. 20. Graziano was the owner of Bauder Pharmacy on Ingersoll when federal agents discovered he was running a different kind of drugstore out of the back door. He faced 18 counts but made a deal to plead guilty to one count of tax evasion and another of diverting drugs. He was sentenced to two years in February of 2015. The drugstore now is owned by his sister, who also is a pharmacist, though it's understood

Graziano still owns the ice-cream business. Bauder's, which has an old-fashioned soda counter, is noted for its home-made ice cream. ...

No one seems to have noticed, but one of the 214 prisoners whose sentences were commuted by President Barack Obama recently was **Reanna Paxton**, a Native American sentenced to almost 22 years in prison by Federal Judge Robert Pratt in 2008. She had pleaded guilty in what the government now calls a small-scale, street-level scheme to distribute methamphetamine. She earlier had been convicted of some non-violent drug and theft crimes, so Pratt had no choice under sentencing laws then in effect.

At the time, he called the sentence “entirely too long.”

Paxton, now 55, was imprisoned in Minnesota, and her case caught the attention of **JaneAnne Murray**, a University of Minnesota law professor working with the Clemency Project. She and her students built the case for clemency, and the government approved. Paxton now will go through a gradual transition back into society and probably will settle in Wyoming. Among those recommending clemency: Judge Pratt. ■



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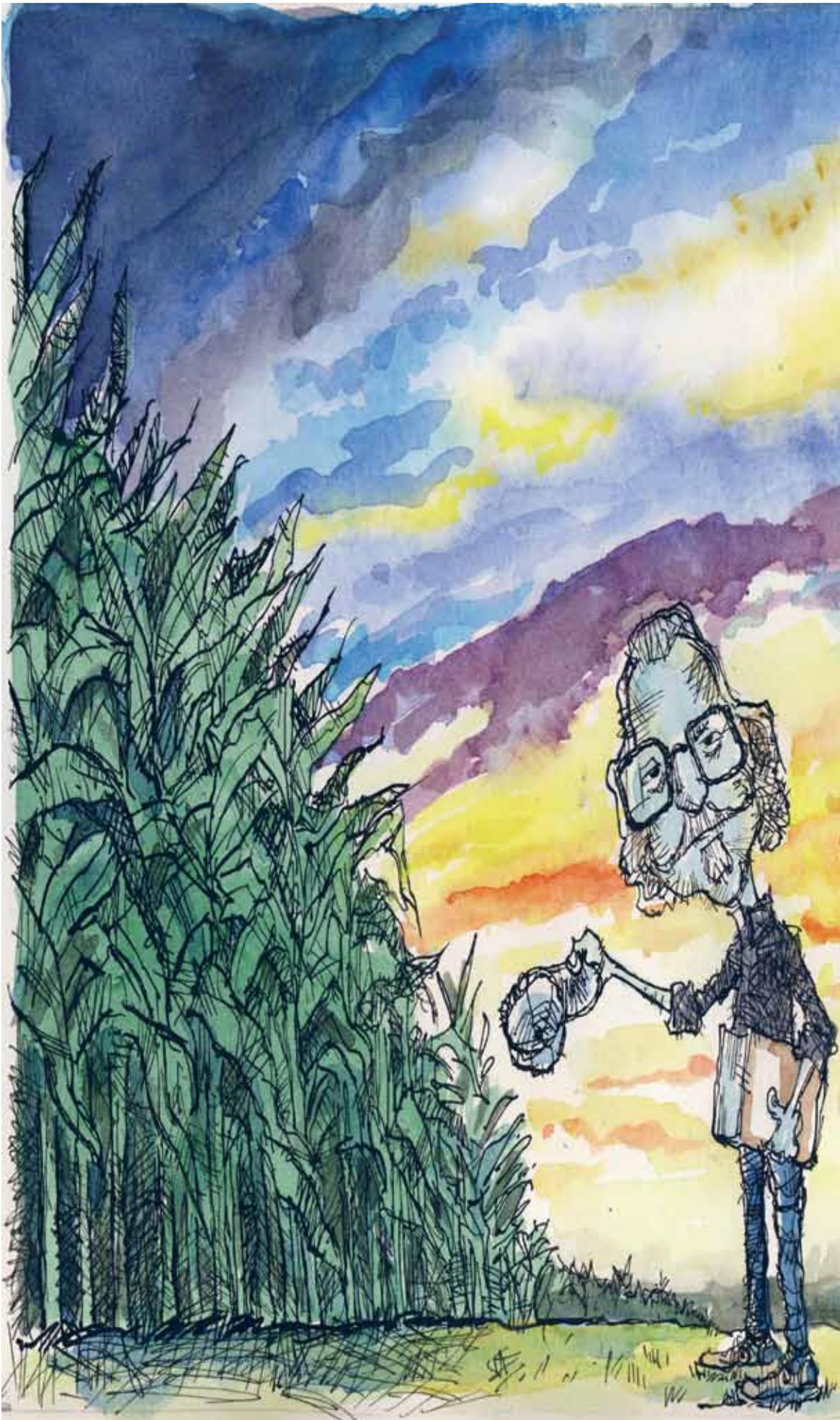
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DUFFY'S VIEW



“What a left field,” he looked up at me and I looked down at him. “This must be heaven,” he says.

“No, it’s Iowa,” I reply. But then I feel the night rubbing softly against my face like cherry blossom...inhale the fresh-cut grass smell that seems locked in the air like permanent incense.

“I think you’re right, Joe.”

Shoeless Joe

W. P. Kinsella

(1935-2016)

Pro-Clinton super PAC seeks to cut into Trump's growing Hawkeye State margin

Medical technology entrepreneur Dr. Steven Kraus has founded an independent political action committee to boost Hillary Clinton's White House candidacy.

The super PAC — Iowans For A Prosperous & Safer America — launched a website (www.I4PSAmerica.org) and began placing newspaper ads throughout Iowa.

The PAC intends to finance advertising in all of Iowa's 99 counties to advocate for Hillary Clinton, Kraus said.

"There seems to be more and more vitriol spewed at presidential candidates from the media and political talk-show hosts — more than I can recall in the past half century," Kraus said. "I think we all have to take a step back and realize presidential candidates are human beings, they have families, and they are not villains cooking up secret, diabolical plans."

After having had the opportunity to host Clinton in his home in Carroll, Kraus said he was struck by the difference in the person he came to know and the persona painted by the media.

"I felt a duty to help the truth be known to Iowans as to the amazing, quality person she truly is. Unlike the vast majority of Americans, who will vote without ever having had the chance to meet her, I got to see the real Hillary Clinton: warm-hearted, kind, and one who cares deeply for family and country," Kraus said.

Kraus, 52, a father of seven, who resides in rural Carroll with his wife, Jill, said 100 percent of the money raised through the super PAC will fund advertising in



Hillary Clinton speaks with Dr. Steve and Jill Kraus in their Carroll home.

Iowa with an emphasis on the rural reaches of the state.

Kraus said, "The majority of Iowa is in the middle" politically and thinks in a thoughtful manner. We're appealing to the reasonable Iowa voter."

His super PAC's committee plans to create advertising accordingly and promote its issues in a positive manner with a decidedly rural Iowa voice.

"We think we can sway the tide of this election in Iowa doing that," Kraus said.

The most recent Real Clear Politics average of major polls in Iowa shows separation between Clinton and Trump in the Hawkeye State. Trump leads Clinton in the polling average by 6.3 points, an increase for him from a dead-heat 1-point margin less than a month ago.

In the past 28 years, Kraus, who started his career as a chiropractor, has developed multiple medical software companies and has owned more than a dozen health-care clinics.

Over the years, his family has hosted events at their home for both Republicans and Democrats, including

Hillary Clinton and U.S. Sen. Charles Grassley, R-Iowa.

Clinton spoke to area supporters at Kraus' home in July 2015.

Kraus stressed that any funds collected by the PAC will go to advertising. He and other committee members are donating their time and talents.

"There's no administrative cost here," he said.

Under law, super PACs are able to collect unlimited sums from individuals, corporations and unions and can advocate or attack political candidates. The super PACs cannot coordinate directly with campaigns.

According to OpenSecrets.org, as of Sept. 11, 2,329 groups organized as super PACs have reported total receipts of \$994 million and total independent expenditures of \$568 million in the 2016 cycle. ■

Douglas Burns is a fourth-generation Iowa newspaperman. He and his family own and publish newspapers in Carroll, Jefferson and other neighboring communities.



The details on a rural Iowa super PAC

Name: Iowans For A Prosperous and Safer America

Goal in 2016: Shift Iowa to vote for Hillary Clinton

Founder: Dr. Steven Kraus

Website: www.I4PSAmerica.org

Address: I4PSAmerica, P.O. Box 276, Carroll, Iowa 51401

AROUND TOWN

PHOTOS BY DAN HODGES



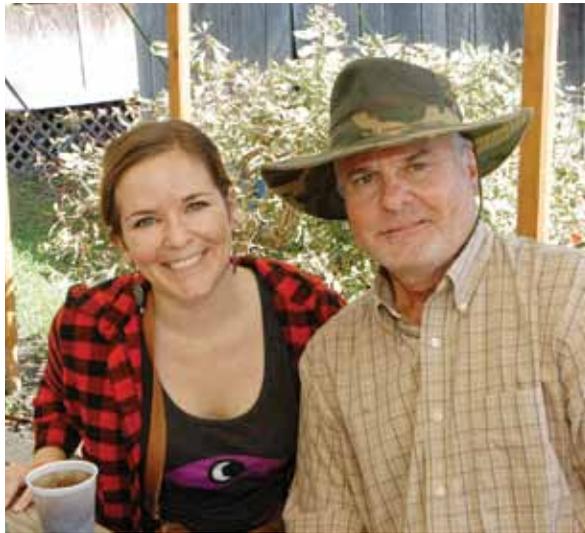
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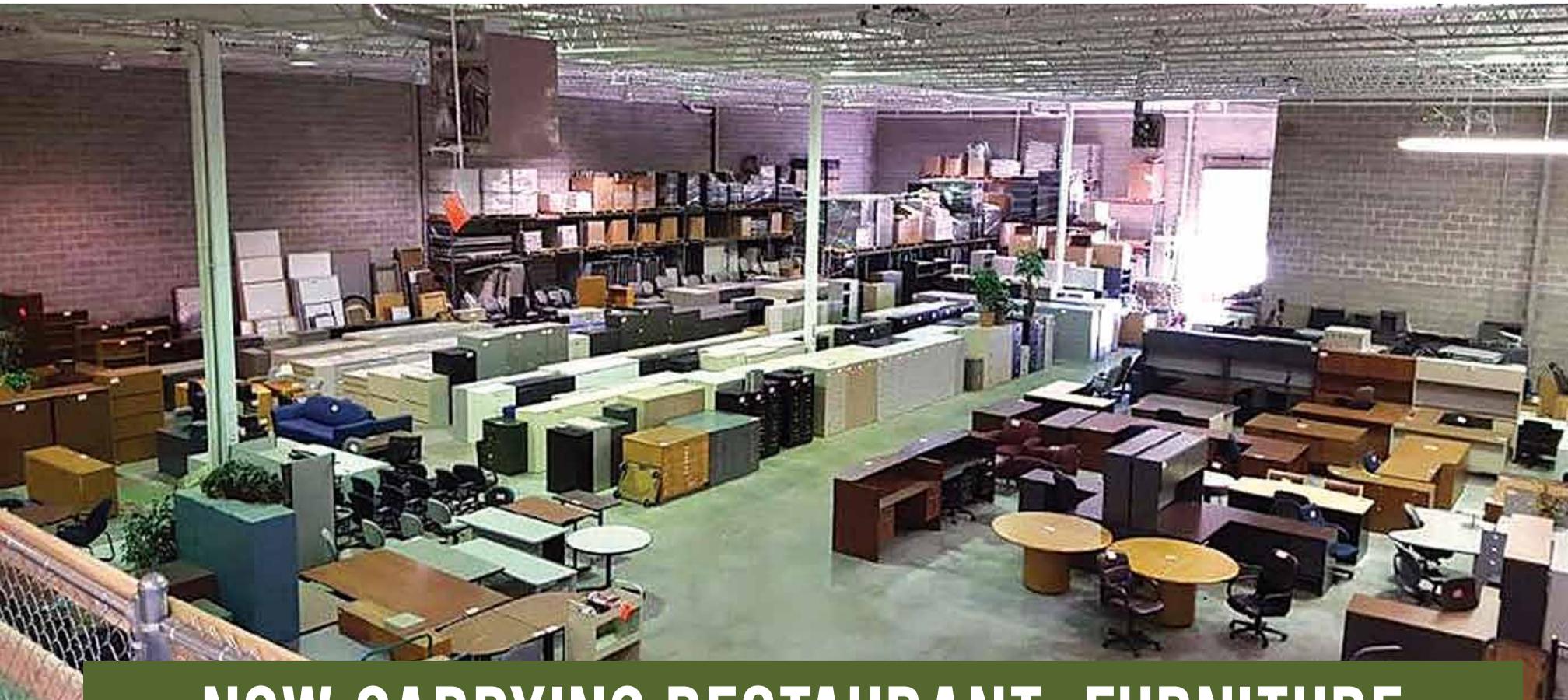


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TECH TALK

BY PATRICK BOBERG

You aren't behind the wheel of your future

The auto industry appears to be one of the hardest markets to get people excited about regarding tech enhancements. Notoriously, the electric automobile looked to become a real breakthrough in the mid-1990s with celebrities like Mel Gibson, Tom Hanks and Jay Leno raving about their fossil-fuel-free autos, only to have the oil- and car-making conglomerates scrap the concept wholesale.

In 2014, a minor buzz rang out about Apple entering the dashboard software market with "Carplay," a system that basically integrated the iPhone world of apps into a car's computer system. Somehow, Apple failed to revolutionize the auto industry. The latest high-profile tech foray into car manufacturing may be the most divisive: self-driving cars.

If the tired adage "guns don't kill people, people do," carries any truth, "cars don't crash themselves" should be a constitutional amendment. The entire car insurance industry is based around the idea that drivers are the real point of failure, not the vehicle. Cars definitely break down and occasionally fail to respond to driver commands, but nearly all collisions come from driver error. Driver's education is almost entirely geared around building a foundation of driver etiquette, understanding the rules of the road and becoming comfortable operating a complicated piece of machinery. Imagine if all those variables were loosened — or potentially erased. That is the promise of self-driving cars.

Apple, Google, Ford, Chevy, Toyota, Tesla and many more are racing to pioneer the technology of cars that stir, drive and navigate themselves. Beyond removing drivers from the equation, self-driving cars would be a tech cash cow. All of a sudden, cars become entertainment centers for passengers, with gaming, movies, music, work stations, teleconferencing, and you name it. Once cars become autonomous, a ride in one basically turns into relaxing in a moving living room.

Of course, self-driving cars have a



long way to go before entirely removing the driver from the situation. As of 2016, self-driving cars require drivers to be sitting in the traditional driver's seat, prepared to take over any self-driving functions at a moment's notice. Just this summer, this technology received a giant amount of negative PR when a Tesla in self-driving mode was involved in a fatal collision. The car's sensors, which normally guided the car based on white road marks and surrounding objects, was having trouble sensing cars due to sunlight reflections and missed a car directly in front of it. Immediate fallout from the crash had some calling for scrapping self-driving tech. However, for those who understand how technology works, the crash actually resulted in a much-needed test case to improve the software and sensor technology. With that crash data, all Tesla cars were immediately updated with how to overcome sensor glare.

Wholesale changes will be coming to road travel. Uber is chomping at the bit to fire its drivers; taxis and buses would much more pleasant without drivers; and semis and delivery trucks could be driving point A to point B with far fewer interventions by driving dispositions. Basically, millions of driving jobs will be erased in no time at all, and we'll all be safer for it. The self-driving car wave looks to be a tech revolution the auto industry can't avoid. ■

Patrick Boberg is a central Iowa creative media specialist. Follow him on Twitter @PatBoBomb.



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IT'S A WILD THING

Read what's new with the Iowa Wild when the puck hits the ice this season

BY DARREN TROMBLAY

To: Our competitors in the American Hockey League
From: The Iowa Wild

Just to let you know, there's a new sheriff on our bench who knows one thing and one thing only — winning. You know, that thing you've done against us here at Wells Fargo Arena in the past, way too often, much to the chagrin of Wild faithful from the front office to fans in the seats. But we get it. After all, that's why you were here — to win.

There's an old adage that says, "To the victor go the spoils." Well, if that's true, we've spoiled you. Sure, we revel in the role of playing "Iowa nice," but as another old adage goes, "All good things must come to an end."

And this is the end of your winning and our losing.

So please, continue to overlook us, think of us in terms of what we've done in the past instead of where we are now, and we'll let the chips fall where they may as we head into the 2016-17 season.

If things play out the way we'd like them to, we'll be seeing you on the way up.

Let's drop the puck.

Sincerely,
The Iowa Wild

OK, so the memo to the left isn't real. But if new Iowa Wild head coach Derek Lalonde had his way, this would be the bulletin board material that begins his tenure here in Des Moines. One part greeting, one part warning, the note would be a hopeful indicator of things to come as the Wild work toward the Oct. 14 opener for the 2016-17 season.

But saying something is one thing — backing it up is another. And history is against Lalonde.

The Wild franchise, now with three full seasons under its collective helmet, has posted win counts of 27, 23 and 24 in its short history in the capitol city. Turning things around won't be an easy task. Everyone knows it, including Todd Frederickson, the team's president.

Frederickson, now in his fourth season at the front office helm, is banking that the 2016-17 will be the one in which the club finally turns the corner.

Hiring Lalonde was the first step, he said.

"He's had a tremendous track record with his previous franchises and what he's done at Toledo the past two seasons," Frederickson said of Lalonde. "He brings a player-first attitude with him, which I think is terrific. He's a coach that likes to win."



Grayson Downing was second on the team in scoring last year with 40 points. Photo by Ted Sandeen.

THE NEW COACH

Lalonde, 43, spent the last two seasons as the head coach of the East Coast Hockey League's Toledo Walleye.

The team posted a 97-35-7-5 (wins, losses, overtime or shootout losses, ties) record with back-to-back playoff appearances. The Walleye went 47-20-2-3 last season, finishing with the ECHL's Eastern Conference regular season title. Lalonde led Toledo to a 50-15-5-2 record in 2014-15 and was named ECHL Coach of the Year after helping the team make a 58-point improvement from the previous season, the largest in ECHL history.

Prior to coaching in the ECHL, Lalonde spent three years behind the bench of the United States Hockey League's Green Bay Gamblers. In the 2011-12 season, he led the team to a 47-9-2-2 overall record and a Clark Cup and was named the USHL Coach of the Year. In his three seasons in Green Bay, the Gamblers posted a mark of 114-56-8-6.

In other words, Lalonde is no stranger to success.

"I want to win," Lalonde said from his office on a Friday morning. "I know my priority here is development, but I want to win. I think winning is development, too. I've been around cultures of winning, and expectations of winning, and I want that same thing here."

Working from the ground up is something that Lalonde is familiar with. In Toledo, he inherited a last-place team that was in dire need of a jumpstart. Two years later, his club had posted 97 wins.

"I came into that environment and everyone was asking, 'What are your goals?' 'How many wins?' We never approached it like that," he said. "We will work in five-game segments and judge ourselves every five games. I find that very healthy. If we work on our process, talk about getting better every day, work in our segments, I'm hoping those numbers will take care of themselves here, too."



Head Coach Derek Lalonde

A FINE BALANCE

Players had yet to report at the time of this interview, and both Lalonde and Frederickson agreed that it was too early to determine who would play what role on this year's team.

Free agency moves in the off-season by the Wild's parent team, the National Hockey League's Minnesota Wild, excited Lalonde, who has been chomping at the bit to get on the ice since he took over on July 1.

"It's always interesting getting a new team. I'm excited that we made some moves at the beginning of free agency," he said. "Max Fortunus is someone I'm excited about, and we signed Victor Bartley. He has experience at the AHL level, but he's a guy pushing for the NHL, too. We signed Pat Cannone. Alex Stalock (goaltender) — all he's known for the last four to five years is the NHL, and he wants to get back there, but he wants to do it through the right culture, and that's here.

"Alex Tuch, (Jordan) Schroeder, (Grayson) Downing, and (Zack) Mitchell have a shot at getting up there, but if not, I want them to battle to get back up there. I think the right energy and direction with those guys will help the big picture."

Mitchell led the team in scoring last season with 42 points on 22 goals and 20 assists. Downing followed with 19 goals and 21 assists for 40 points, and Schroeder played just 40 games but finished with 34 points, including 14 goals. All-star defenseman Gustav Olofsson also returns to the fold for the Wild.

BUILDING A NEW CULTURE

Being the head coach of a development program for a parent club can be a tricky situation in itself. If a player gets hot, or the parent club needs to fill a hole due to an injury, it may draw from its feeder club. Lalonde said he recognizes the situation but chooses to embrace it rather than run from it.

As long as a player is under his wing — for however long or short of a period of time that may be, he said — the player will be held accountable to blend in as a member of the team.

“I’ve lived the balance of development and trying to win my entire life,” he said. “We are a development league to move players on to big-time hockey. I want kids that want to move on. When guys are down here, they’ll be held accountable on our standards and they’ll play for the teammates with them, but they better be working to move on in their career. That’s the only way to do it. If guys are content, or they don’t have that drive to get better and keep moving on, that’s when you run into problems. What I’m going to try to instill here is a culture of accountability, a culture of winning, a culture where guys come to the rink excited.”

Lalonde said the team’s front office has given him the pieces of the puzzle to be successful, and now it’s his job to put it together and make it happen. If it doesn’t, the results will not only show up in the win/loss column, but also in the stands.

“Management has done a good job. I think they’re frustrated on the lack of success we’ve had here, and they went out and got some scoring. Personnel is heading in the right direction,” he said. “I think it’s just human nature that when you lose you just get into that rut and have an expectation of losing.

“We want to win some hockey games. You’re always teetering on that fence of a good product where it’s fun to come to the rink, but people will get frustrated if we continue down that same losing path we are.”



Zack Mitchell led the Iowa Wild in scoring last season with 22 goals and 20 assists. Photo by Ted Sandeen.

2016-17 IOWA WILD GAME SCHEDULE

HOME GAMES IN GREEN (ALL TIMES CST)

Friday, Oct. 14	7 p.m.	Manitoba at Iowa	Saturday, Jan. 14	7 p.m.	Iowa at San Antonio
Saturday, Oct. 15	7 p.m.	Manitoba at Iowa	Monday, Jan. 16	7 p.m.	San Diego at Iowa
Tuesday, Oct. 18	7 p.m.	Grand Rapids at Iowa	Wednesday, Jan. 18	7 p.m.	Grand Rapids at Iowa
Friday, Oct. 21	7 p.m.	Charlotte at Iowa	Friday, Jan. 20	7 p.m.	Texas at Iowa
Saturday, Oct. 22	7 p.m.	Charlotte at Iowa	Saturday, Jan. 21	7 p.m.	Texas at Iowa
Tuesday, Oct. 25	7 p.m.	Cleveland at Iowa	Wednesday, Jan. 25	6 p.m.	Iowa at Grand Rapids
Friday, Oct. 28	7 p.m.	Milwaukee at Iowa	Friday, Jan. 27	7 p.m.	Iowa at Rockford
Saturday, Oct. 29	6 p.m.	Iowa at Milwaukee	Saturday, Jan. 28	7 p.m.	Iowa at Rockford
Friday, Nov. 4	6 p.m.	Iowa at Grand Rapids	Friday, Feb. 3	6 p.m.	Iowa at Cleveland
Saturday, Nov. 5	6 p.m.	Iowa at Milwaukee	Saturday, Feb. 4	6 p.m.	Iowa at Cleveland
Sunday, Nov. 6	5 p.m.	Rockford at Iowa	Wednesday, Feb. 8	7 p.m.	Cleveland at Iowa
Thursday, Nov. 10	10:30 a.m.	Charlotte at Iowa	Friday, Feb. 10	7 p.m.	Grand Rapids at Iowa
Friday, Nov. 11	7 p.m.	Charlotte at Iowa	Saturday, Feb. 11	7 p.m.	Grand Rapids at Iowa
Saturday, Nov. 12	7 p.m.	Ontario at Iowa	Tuesday, Feb. 14	9 p.m.	Iowa at San Diego
Wednesday, Nov. 16	7 p.m.	Rockford at Iowa	Wednesday, Feb. 15	9 p.m.	Iowa at Ontario
Friday, Nov. 18	7 p.m.	Chicago at Iowa	Sunday, Feb. 19	3 p.m.	Cleveland at Iowa
Saturday, Nov. 19	7 p.m.	Iowa at Chicago	Monday, Feb. 20	7 p.m.	Cleveland at Iowa
Tuesday, Nov. 22	7 p.m.	Iowa at Manitoba	Saturday, Feb. 25	7 p.m.	Iowa at Chicago
Wednesday, Nov. 23	7 p.m.	Iowa at Manitoba	Sunday, Feb. 26	3 p.m.	Iowa at Chicago
Saturday, Nov. 26	5 p.m.	Iowa at Charlotte	Saturday, March 4	7 p.m.	Iowa at Rockford
Sunday, Nov. 27	12 p.m.	Iowa at Charlotte	Friday, March 10	7:30 p.m.	Iowa at Texas
Friday, Dec. 2	6 p.m.	Iowa at Grand Rapids	Saturday, March 11	7 p.m.	Iowa at Texas
Saturday, Dec. 3	7 p.m.	Iowa at Chicago	Friday, March 17	7 p.m.	Iowa at Milwaukee
Tuesday, Dec. 6	7 p.m.	Milwaukee at Iowa	Saturday, March 18	7 p.m.	Milwaukee at Iowa
Friday, Dec. 9	7 p.m.	San Antonio at Iowa	Tuesday, March 21	6 p.m.	Iowa at Charlotte
Saturday, Dec. 10	7 p.m.	San Antonio at Iowa	Wednesday, March 22	6 p.m.	Iowa at Charlotte
Wednesday, Dec. 14	6 p.m.	Iowa at Cleveland	Friday, March 24	6 p.m.	Iowa at Cleveland
Friday, Dec. 16	6 p.m.	Iowa at Cleveland	Sunday, March 26	2 p.m.	Iowa at Cleveland
Sunday, Dec. 18	3 p.m.	Manitoba at Iowa	Tuesday, March 28	7 p.m.	Rockford at Iowa
Monday, Dec. 19	7 p.m.	Manitoba at Iowa	Friday, March 31	7 p.m.	Chicago at Iowa
Monday, Dec. 26	7 p.m.	Rockford at Iowa	Sunday, April 2	5 p.m.	Cleveland at Iowa
Wednesday, Dec. 28	7 p.m.	Iowa at Milwaukee	Tuesday, April 4	7 p.m.	Cleveland at Iowa
Friday, Dec. 30	7 p.m.	Iowa at Rockford	Thursday, April 6	7 p.m.	Rockford at Iowa
Saturday, Dec. 31	3 p.m.	Chicago at Iowa	Saturday, April 8	7 p.m.	Iowa at Chicago
Wednesday, Jan. 4	6 p.m.	Iowa at Grand Rapids	Sunday, April 9	5 p.m.	Milwaukee at Iowa
Saturday, Jan. 7	7 p.m.	Iowa at Manitoba	Thursday, April 13	7 p.m.	Chicago at Iowa
Sunday, Jan. 8	2 p.m.	Iowa at Manitoba	Friday, April 14	7 p.m.	Chicago at Iowa
Friday, Jan. 13	7:30 p.m.	Iowa at San Antonio	Saturday, April 15	7 p.m.	Iowa at Rockford

IOWA WILD		2016-17 IOWA WILD PROMOTIONAL SCHEDULE		SEASON PRESENTED BY
HOCKEY LIVES HERE				†Mercy LIVEUP
DATE	THEME NIGHT	GIVEAWAY (Quantities Vary on a Game-by-Game Basis)		
OCT. 14	Opening Night AHA Night	Cling Schedule		
OCT. 15	Pregame Tailgate Party	Schedule Poster		
OCT. 28	Hat Trick or Treat Night 	Kids Trick or Treat on the Concourse		
NOV. 6	Pucks & Paws 	Pet Food Bowl		
NOV. 11	Veterans Appreciation Night ALS Night	Patriotic Baseball Hat		
NOV. 12	Youth Sports Night	Youth Jersey T-Shirt (12 and Under)		
NOV. 18	Red Kettle Game 	Hockey Puck (with Donation to Salvation Army)		
DEC. 9	Teddy Bear Toss 			
DEC. 10	Star Wars Night	Poster 		
DEC. 26	\$2 Hot Dog Night 	Trading Card Set 		
DEC. 31	New Year's Eve Postgame Fireworks \$2 Hot Dogs	Calendar 		
JAN. 20	Red, Wild, Blue Night (Military Appreciation)	Player Bobblehead		
FEB. 11	Pink in the Rink 	Pink Thundersticks		
FEB. 19	Crash's Birthday 	Crash Bobblehead		
MAR. 18	St. Patrick's Day Game 	St. Patrick's Baseball Hat		
MAR. 31	Race Car Night 	Family Car Decals		
APR. 2	Superhero Night 	Youth Superman Jersey (12 and Under)		
APR. 9	Home Improvement	Tote Bag		
APR. 13	Health & Wellness Night 	Water Bottle		
APR. 14	Fan Appreciation Night 	Team Poster		
515.564.8700		IOWAWILD.COM		
WEEKDAY DEALS	CHARITABLE DRIVES	POSTGAME SKATES	SUBWAY COMBO PACK	
MON. Free Parking	OCT. 14 Healthy Food Drive	Every Sunday and select other dates!	Every Sunday and select other dates!	
TUES. Kids Eat Free	NOV. 6 Pet Food Drive	OCT. 28 NOV. 6 DEC. 18	NOV. 6 NOV. 18 DEC. 18	
WED. Winning Wednesday 2 for \$10 Tailboys	NOV. 18 Coat Drive	JAN. 20 FEB. 19 APR. 2	DEC. 26 DEC. 31 FEB. 19	
FRI. \$2 Beer	DEC. 9 Teddy Bear Toss	APR. 9	MAR. 18 APR. 2 APR. 9	
SAT. Jim Beam Specials	DEC. 18 Toys for Tots	POSTGAME AUCTIONS	NOV. 11 FEB. 11 MAR. 18	
	JAN. 20 Clothing Drive			
	FEB. 10 Food Drive			



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FINISH LINE SHOW LOUNGE ♦ 9:30PM

October 7 ♦ **RIDDLE ME THIS** Variety

October 14 ♦ **SOUND DAZE** Rock/Pop/'80s & '90s

October 21 ♦ **COUNTRY 2 PIECE** Country

October 28 ♦ **CASEY MUESSIGMANN** Country

**Live music will start at 8pm on October 21 & 28.*

SATURDAY NIGHT ENTERTAINMENT

FINISH LINE SHOW LOUNGE ♦ 8PM

October 8 ♦ **SONGBLAST** Dueling Guitars

October 15 ♦ **FLIPSIDE** R&B/Variety

October 22 ♦ **GIMMIK** Rock

October 29 ♦ **STANDING HAMPTON** '70s & '80s Rock

**Live music will start at 8:30pm on October 8.*

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SUNDAY, DECEMBER 11 ♦ 4PM

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FIGHT NIGHT

Joseph Shearer has been a season ticket holder since the second season and has family members who have done so since the inaugural campaign. Despite growing up in the decidedly non-hotbed of hockey — Woodward — he's been a fan of the sport for many years.

"I've liked hockey ever since playing floor hockey in gym class in first and second grade," he said.

Lack of numbers in the win column haven't deterred him from attending Wild games, and Shearer said that even though the losses have mounted through the years, not everything is doom and gloom. There's more at stake than just what happens on the ice on a nightly basis in Des Moines.

"They may not win every night, but they've developed a lot of good talent over the last few years that have gone on to play big parts in some playoff runs for Minnesota," he said. "I think that with the coaching moves and with the inbound prospects, the team is moving in the right direction. Player development is top notch. It's great to see someone play here and the next game earn a spot on a top line in Minnesota."

From a fan standpoint, there are very few complaints — if any — from Shearer.

"The experience is great," he said. "Music selection is good, and the intermission games and shows are fun. A group in my section even has fun gambling on some of the games during TV timeouts."

That's not to say that the on-ice action isn't a focus of their attention. It is, as is virtually everything that goes on during a game, before or after the whistle.

Last season, Wild goaltender Steve Michalek, in his first game since being called up, went toe to toe with Charlotte Checkers' netminder Daniel Altshuler in a rare goalie fight, which drew national attention.

Shearer was there to see it and made it a point to go to an Iowa Wild appearance at Scheels a few weeks later with several other friends to see Michalek. But instead of handing him a standard puck to sign, he produced something better.

"I had pucks for all the players to sign except for Steve. I handed him a photo of his fight, and he got excited," he said. "I don't think he knew how much we all enjoyed watching that fight. He was even gracious enough to go into a fight pose for a photo with me."

It's memories like these that keep Shearer coming back.

"Win or lose, it's always fun at hockey," he said. "Section 122 has turned into a big hockey family with reunions every few nights."



All-star defenseman Gustav Olofsson returns to the Wild in 2016-17. Photo by Ted Sandeen.

OFF THE ICE

While the on-ice performance hasn't been cause for much celebration, the fan experience has. The club has been recognized as one of best — if not the best — in the AHL.

Frederickson said the team works hard at creating promotions that would be attractive to any fan in Des Moines or otherwise.

"With the player movement and injuries, you can't always control what's going on the ice at all times, but what we can control is what happens in the arena," he said. "We're trying on a nightly basis to have promotions that our fans have grown accustomed to."



The Iowa Wild's Mark Hagle and season ticket holder Joseph Shearer (right) at the end of the 2015-16 season after Shearer won Hagle's jersey in a scratch card fundraiser. Photo courtesy of the Iowa Wild.

The team had its most successful game in terms of attendance last year when more than 12,000 fans turned out for a Jan. 16 game, which featured country singer CAM performing afterward.

Frederickson said a series of concerts is being planned for the upcoming season, this time up to three shows, likely in the second half of the year.

Other popular promotions that will continue this season include free parking on Mondays, a kids-eat-free promotion for children ages 12 and younger on Tuesdays, and Pink in the Rink on Feb. 11. (See sidebar for full schedule.)

The team is introducing some new twists as well, beginning with the Winning Wednesday promotions, when fans can get two tallboys for \$10. If the Wild win the game, all fans in attendance will get an equal number of tickets for the next Wednesday game. At 3 p.m. on Dec. 31, the Wild will host the Chicago Wolves, and afterward there will be a postgame fireworks show on ice. For more information on promotions, tickets and all things Iowa Wild, visit www.iowawild.com.

Frederickson said the team will continue its tradition of maintaining a strong community presence as well. Last year, the team mascot, Crash, made 200 appearances at various events in central Iowa.

"We think, as a professional sports organization, that we're in the unique position of being able to give back," he said. "We feel like it's our civic responsibility to do that, not in terms of appearances, but helping raise money for various non-profits around Des Moines. It's a source of pride for our organization."

The rest is up to Lalonde and the team.

"I have a formula that has worked for me my entire life," Lalonde said. "The team-first approach is important here, but it's human nature to be individualistic. We play for each other, which is an over-used cliché. It's not easy, and it takes a lot of work to get there. But that will be my goal, to establish that culture." ■

AROUND TOWN

PHOTOS BY DAN HODGES



Saritha and Sanju Pilli



Chelsea Claude, Courtney Sexton and Todd Sexton



Joseph Pine and Sally Jones



Scott Munday and Kelsey Fisher



Kaelin Heyerdahl and Karoline Sandusky



Kendra Shimak and Chris Moritz

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Des Moines



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Sam and Felix Murphy

COMING UP

SUBMIT ENTRIES AND PHOTOS TO EDITOR@DMCITYVIEW.COM

THINGS TO DO

CORN MAZE

Through Oct.

Get "mazed and corn-fused" at this corn maze that's geared for all ages. And while you're there, take a leap on the giant jumping pillow, or check out the corn cannon, pumpkin patch and yummy treats. Don't get lost before finding your way out of this maze, which is located in Carlisle on 2768 U.S 65. For details, visit northrivercornmaze.com.



CARRIE UNDERWOOD

Oct. 7

Carrie Underwood has grown into a compelling storyteller, and she will be in Des Moines showcasing her singing ability and new album about love, life, death and heartbreak. The concert will take place at Wells Fargo Arena. Visit www.iowaeventscenter.com for more information.



DRACULA

Oct. 20-22

The ancient, mysterious and sensual story of Count Dracula is told in an "up close and personal" way on stage by the Iowa Shakespeare Experience. The event takes place at the Iowa Governor's Mansion at Terrace Hill. To see "Dracula: Diaries of the Undead," visit www.iowashakespeare.org for more information.

AMERICAN QUILT SOCIETY'S ANNUAL QUILT WEEK

Oct. 5-8

Fall weather brings about a longing to curl up with a heavy quilt, so it's a good thing the AQS is "seam-ingly" bringing in an endless number of them. More than 350 exhibit quilts and 15,000 people are expected. Quilt week will be held in the Iowa Events Center. Visit www.iowaeventscenter.com for more information.



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COMING UP

SUBMIT ENTRIES AND PHOTOS TO EDITOR@DMCITYVIEW.COM

TREND VISION

Oct. 12

Cosmetology up and comers from all eight La' James International College campuses show off jaw-dropping creativity in this high-energy, real-world fashion competition — runway included. The fashionable mayhem will happen at Adventureland Palace Theatre in Altoona. Find out more at ljic.edu.



IOWA WILD

Oct. 14

The Iowa Wild will take on the Manitoba Moose in its season opener at Wells Fargo Arena. The game begins at 7 p.m. Tickets can be purchased online at www.iowawild.com or www.iowaeventcenter.com.



NIGHT EYES

Oct. 20-23, 27-30

Now in its 26th year, the Zoo's famous Halloween celebration features magical characters, train rides and sweet treats. Find out more at www.blankparkzoo.com/en/events.



THE GREAT IOWA PET EXPO

Oct. 22-23

Woof. Meow. If you love animals, pets and other people's pets, then you might want to check out "Iowa's largest celebration of pets and pet people" at The Great Iowa Pet Expo at the Iowa State Fairgrounds. This neat event is widely regarded as the largest pet-related trade show in the state. Visit www.greatiowapetexpo.com for more information.



IMT DES MOINES MARATHON

Oct. 16

It's only 26 miles, so make a run for it in the Des Moines Marathon. Nearly 1,400 runners crossed the finish line last year. The IMT Des Moines Marathon starts at 8 a.m. on Sunday, Oct. 16 at Cowles Commons, 221 Walnut St., in Des Moines. Get more information at www.desmoinesmarathon.com.

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DES MOINES' TALLEST PEOPLE

A look up at the metro's
most vertically inclined
people

BY JEFF PITTS | PHOTOS BY DAN HODGES

Vincent Lucas is a 6-foot-10-inch grade school teacher. He was born in Lander, Wyoming, and attended Eastern Oregon University on a basketball scholarship where he earned a master's degree. He teaches English language learning for kindergarten at Perkins Elementary School in Des Moines.

If only he had a nickel for every time someone asked him, "How tall are you?" or "Do you play basketball?"

"Every day. Absolutely. It's a daily occurrence," said Lucas about being noticed while he's out and about, running errands or getting groceries.

Every time?

"Yes," he laughs. "For sure, the checker or someone, yeah. My philosophy is this: I used to think it was bad coming up in school — I grew up in a small town and everyone would ask me — so when I left for the bigger city, I was like, 'You know what, it's going to get better, because in a small town everyone knows each other and is social. In the city, people are more apt to mind their own business and not really notice.'"

But it didn't change when he moved to the city. He postulates that people might be more social in smaller towns, but there also are less people, and most of them have already satisfied their curiosity.

COMMONLY ASKED QUESTIONS:

"What's the weather like up there?"

"You play basketball?"

"Are those canoes or shoes?"

"How tall are you?"

In the city, crowds of people are everywhere.

"In the city, a lot of people will just be invisible and live their lives, but in all those people, there is at least one that's going to say something," he says.

He notes that he gets an increased reaction in places that accentuate his height. He said he stands out amongst kids or when sitting in an airplane. He said concerts are rough for him because people don't appreciate having their view blocked. Movies used to be that way, too, but Vince praises the new Cinemark Movie Theater in Altoona.

"The theater is the best," he said. "I'm almost disappointed because I can go nowhere else, now. It's phenomenal. The seats kick out like a lazy-boy, and I can kick my legs out all the way and people can still walk by."

Vince admits that being tall probably helps with some things, and people definitely tend to remember him easily. He is thankful to have earned a basketball scholarship, but he wants you to know that being tall is not all it's cracked up to be.

"I feel I have more sacrifices than I do victories," he said. "I sleep diagonally on a king-sized bed," he laughs. "My dream is to have a California King."

He says airplanes are also problematic for tall people, and that is probably the reason he doesn't travel very often. But he is thankful when people watch out for him, and sometimes strangers who are sitting in the emergency aisles will see his misery and exchange with him. Airline employees attempt to help him, too.

Another unexpected disadvantage is the height of many showers. Vincent says he once lived in a house with an upstairs bathroom with ceilings that slanted downward, forcing the showerhead even lower than one would expect.

"It only had about a 6-foot ceiling," he said. "Every morning I was in there getting my squats in. It was miserable."

Fortunately, Vince's dad is in construction.

"Any place I move into now, we cut out the sheetrock and the piping and move the showerhead way up to the ceiling," he says.



Vincent Lucas is a 6-foot-10 inch grade school teacher. He was born in Lander, Wyoming, and attended Eastern Oregon University on a basketball scholarship where he earned a master's degree. He teaches English language learning for kindergarten at Perkins Elementary School in Des Moines.

Clint Driftmier is a husband, teacher and Nebraska Cornhusker enthusiast. Like Vincent Lucas, he is also really tall.

“6 foot 10 inches,” he said. “Flat footed.”

Driftmier says things most people take for granted, like walking through a doorway, can be difficult at his height.

“A normal doorway is 6-foot-8 inches, so I have to duck through those,” he said.

Driftmier doesn't generally hit the top of the door frame unless he catches it on the up-step, but it's happened often enough that he's learned to duck.

“It hurts really bad,” he said.

When Driftmier and his wife custom-built their home, they installed 8-foot doorways.

“If I'm going to live there for 20 years, I might as well be comfortable,” he said.

He made other “up” grades, too. Showers have often been a problem for him, so he had an extra showerhead installed above the one his wife uses at the standard height.

“And I guarantee we have the cleanest top of a refrigerator ever,” he laughed.

Fortunately, Driftmier fits in the family minivan, but finding the right-sized car can be a challenge. He's also had a truck and a Ford Explorer, but many cars are out of the question. While he was overseas playing basketball professionally, he rode in a Smart Car, but it was a tight fit — his wingspan was longer than the car.

“Bumper to bumper,” he said. “I could touch both. It was interesting. But I folded up and got in there. I don't really see myself as being different — until I see myself standing in a photo.”

Random strangers on the street will sometimes discreetly stand next to him to try and snap a photo. He's learned to enjoy the attention, but he has one request.

“Just ask,” Driftmier laughed. “And I'll gladly take a photo with you.”

It's rare for him to see someone taller than he is, and he doesn't remember looking up to someone since his days on the basketball court.

“I am who I am,” he said. “I own it, and I'm proud of it. This is how I was made. This is how I'm supposed to be, so this is it. I wouldn't change it. I think it's kind of neat. It's rare for someone to be taller than me.”

All in all, Driftmier said the good things about being tall outweigh the bad. His message for people on behalf of tall people everywhere is simple.

“Don't treat tall people differently,” he laughed. “Tall people are people, too.”

MEMBERSHIP HAS ITS PRIVILEGES

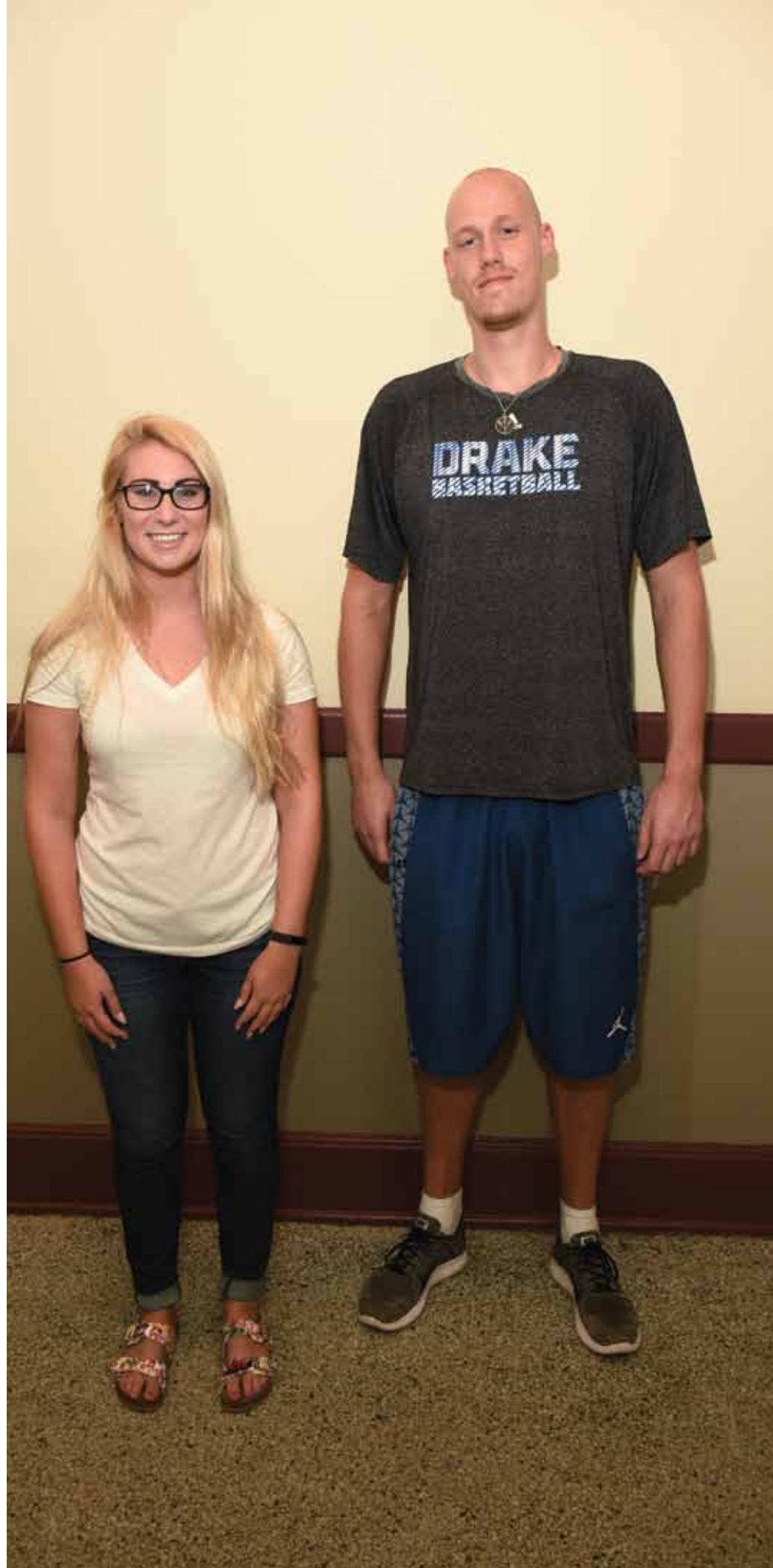
Being 7-feet tall doesn't guarantee you will excel at basketball, but being closer to the rim does inevitably help.

According to a 2011 Sports Illustrated article, author Pablo S. Torre used the information from Centers for Disease Control and Prevention to calculate that “no more than 70 American men are between the ages of 20 and 40 and at least 7 feet tall.” He then reasoned that while the probability of an American between 6 feet 6 inches and 6 feet 8 inches being an NBA player today stands at .07 percent, it is 17 percent for someone 7 feet or taller.

Drake basketballer Jacob Enevold is a 7-foot, 246-pound center on the Drake men's basketball team. The senior originally hails from Lunderskov, Denmark, and being tall is a big reason he's now living in Des Moines. He'll be here for at least one more season, then his height might take him elsewhere — maybe even to the professional ranks.

“Some days I'll be approached four or five times when I'm out and about,” he said of the public's interest upon seeing him. People often approach him to ask how tall he is, or ask, “What's the weather like up there?” Others will talk to him about someone they know who is tall, too.

“But if they're shorter than me, I don't want to know about it,” he joked. ■



Jacob Enevold is a 7-foot, 246-pound center on the Drake basketball team. The senior originally hails from Lunderskov, Denmark. Here he is standing next to 5-foot-6-inch sophomore, Carolyn Sherrick.

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Ashley Connett is the store manager at Destination XL or DXL.

“We are a men’s big and tall clothing store,” said Connett, who is only 5 feet 4 inches herself but understands the clothing challenges of tall people because she sees it on a daily basis. She says many tall people come in expecting to “force” something to work when it doesn’t really fit.

The best part of working with tall customers is easy to identify.

“They can reach the top shelves when I would have to go get a ladder,” she jokes.

The process can sometimes include finding alternatives to buying clothing off the rack, or sometimes DXL will outsource the customer’s needs to a tailor or enable the online buying process. And, of course, the store also carries a lot of inventory.

“For the most part, they find that things aren’t long enough,” she says, adding that when a piece of clothing is long enough, if the person isn’t very heavy, then usually the size is too wide. “Finding things in the correct length is the hardest part.”

DXL carries sizes up to 6X and can offer up to 8X online.

She says the biggest shoe they carry is typically a 15, and online it goes up to 17. And these bigger sizes cost about the same as if they were smaller.

“I’ve never had a request for anything bigger than an 18,” she said.

If a larger size is needed, the person will generally have to find a smaller specialty shop to custom-make the item.

“What makes people happy is when it fits,” she said. “I’ve had guys on the verge of tears because they put something on and it fits. It’s the first time in their adult lives that they can put something on and it’s the right size. And they don’t have to try on 15 of them. It’s cool to be a part of that. I like tall people.”



THEY MIGHT BE GIANTS?

It’s not just the name of a ’90s rock band; it’s an actual reference to some local citizens walking around Des Moines. Dictionary.com defines a giant as “...a being with human form but superhuman size, strength, etc.”

TALLEST IOWAN: It’s believed by many that the tallest Iowan ever was Bernard A. Coyne (July 27, 1897 – May 20, 1921). Coyne was born in Anthon, and he stood at least 8 feet tall — and possibly more. He’s one of the few people in history known to be this tall. Coyne died in 1921, and some sources allege he stood as high as 8 feet 4 inches. He was listed at an even 8 feet tall on his draft registration card for World War I, which was dated Aug. 29, 1918. The Guinness Book of World Records says the Iowan was refused induction into the Army (1918) while standing 7 feet 9 inches. Coyne reportedly wore size 25 shoes. He is buried in Anthon, Iowa. He is believed to be the tallest eunuchoidal infantile giant of all time — this syndrome is also known as Daddy Long-Legs Syndrome. (Source: www.thetallestman.com)

TALLEST PERSON EVER: According to the

Guinness Book of World Records, Robert Pershing Wadlow is the tallest man in history with irrefutable medical evidence. Wadlow was born in 1918, and at the time of his death in 1940, he was 8 feet 11 inches tall, wore a size 37 shoe and his hands were measured at more than a foot long — 12.75 inches from the wrist to the tip of the middle finger. Wadlow’s coffin reportedly measured 10 feet 9 inches long.

TALLEST POLK COUNTY PRISONER: According to the Polk County Sheriff’s records from Jan. 1, 2006, through June 12, 2016, the tallest prisoner was 7 feet 3 inches.

TALLEST BUILDING: The tallest building in Iowa is located at 801 Grand Ave. The structure stands 630 feet tall.

TALLEST TREE: The tallest tree in Des Moines is an Eastern White Pine, measuring 139.3 feet. The tree is located at 502 E. Ninth St.

TALLEST PRESIDENT: Abraham Lincoln stood 6 feet 4 inches tall, and, believe it or not, that’s the tallest president in history. The average height of

United States presidents is 5 feet 10.7 inches, and since 1901, it’s a little bit higher at 5 feet 11.6 inches. Speaking of tall politicians, researchers at Texas Tech University suggest that height affects presidential voters’ preference, and possibly for instinctive reasons, which go back to caveman days. The study, which was published in *Social Science Quarterly* by political science professor Gregg Murray and graduate student David Schmitz says that “A near-universal fear of snakes and a preference for unhealthy fatty foods likely evolved from a time when snakes were a common threat and caloric intake was uncertain. We believe similar traits exist in politics.” The authors point to what’s called the “big man” tribal leadership of many ancient societies, as well as the impact of physical strength on status in the animal kingdom. The report notes that the taller candidate has won 58 percent of U.S. presidential elections between 1789 and 2008. Of course, that means the shorter candidate won 42 percent of the time, so it isn’t a hard and fast rule. And for the record, Donald Trump is reportedly 6 feet 2 inches tall, and Hillary Clinton is listed at various heights between 5 feet 4 inches and 5 feet 7 inches.

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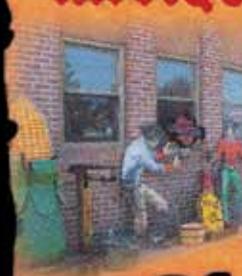
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LUNCH WITH...

SONS OF THE DON

STORY BY JIM DUNCAN
PHOTOS BY DAN HODGES

Luigi “Cock-eyed Louie” Fratto took the name Lou Farrell when he moved to Des Moines in 1934. He quickly became Des Moines’ most notorious “mob associate.” Among other things, he used his considerable connections to get a federal permit to distribute Canadian Ace beer. That was after an Alcohol Tax Unit investigation advised that he was “not a proper man for a federal beer permit,” citing 21 previous arrests. A Deputy Commissioner of the Internal Revenue Service granted the permit anyway. According to biographer (“The Original Teflon Man”) Alan May, “This incident amazed the frustrated Alcohol Tax Agents.”

In another incident of Italian moxie, after a gambling raid on Farrell’s Sports Arcade on Grand Avenue, all charges against Farrell were dismissed by C. Edwin Moore, a judge who had served as a character witness for Farrell on another case just a few months earlier. Moore would become an Iowa Supreme Court justice a few months later.

I asked Lou’s sons, Willie and Tommy, plus Tommy’s son Frankie, to have lunch recently and discuss the states of the Italian-American community and entertainment plus the revival of Des Moines. They chose Noodle’s, an Italian café just a few blocks from where the elder Farrell’s grew up on Caulder Street. The café, owned by Farrell’s cousin Pete Leonetti, is covered with records of southside history. Tommy explained several photos on the walls.

“We are all cousins — Farrells, Cataldos, Cordaros, Leonettis, Mauros, Rands, Randas and Rendas. Jenny Renda, who owned Aunt Jenny’s restaurant on Southwest First, was the inspiration to almost every Italian restaurant that followed,” he said.

“Growing up here in the 1950s and ’60s was a totally different experience. Daycare meant that you went outdoors because someone else would take care of you. Our (late) brother Frankie was more rambunctious than the rest of us. To calm him down, Aunt Edith would tie him to a tree. Today, she’d be arrested, but the lesson was learned,” added Willie, known as “The Godfather of Comedy.”

“When it snowed, Dad would blockade the street so that all the kids could sled in the road,” added Tommy. That sounded like the larger than life persona who was Lou Farrell. Dinners at home usually included several guests from many walks of life — “police chiefs, politicians, priests, governors and labor union leaders (including Teamsters infamous boss Jimmy Hoffa) were regular visitors. The Harlem Globetrotters once played basketball in our driveway.”



Lunch with la famiglia Fratto: Willie Farrell, Tommy Farrell and Frankie Farrell.

Like many mobsters, Farrell went to work for the U.S. Navy during World War II, raising millions in war bonds and personally recruiting 75 sailors. That created a lot of good will that the current family feels has been covered by his previous notoriety.

“He was a community leader. When I was born in 1946, more than 1,000 people signed the baby gift registry — not just Italians, but Cownies, Pomerantzes and Hymie Weisman. Even Boston Globe columnist Ted Ashby was there,” said Tommy, showing the scrapbook of that birthday party.

Like their father, all three Farrell-Frattos use two last names to accommodate different environments.

“When I am performing in Atlantic City at the Borgata, it’s like a Sopranos convention. The audience is all wearing track suits and people used to ask me, ‘How can you be Italian and have an Irish name.’ So now I am a Fratto out there, though, to tell the truth, needing an Irish alias is sort of proof that you are an authentic Italian American,” joked Willie.

All three men have spent most of their adult life in the entertainment business. Tommy owned six clubs and restaurants in Chicago and another six after moving back to Des Moines. Some of the latter were groundbreaking. Jukebox Saturday Night and Blue Max brought top talent to town when that was rare. Crazy Horse was perhaps Des Moines’ first strip club.

“The bar that got me in the most trouble though was The Extra Point, which Tommy opened when I was still in high school. I’d go there for lunch and my blood alcohol content was always higher than my GPA,” Willie added.

When Tommy ran the Blue Max, an early visitor was Glen Frey of The Eagles.

“He came in because someone told him I might be able to help him locate an old girlfriend he knew from out west. It turned out that Willie, (late brother) Johnny and I had also all dated her. Frey became good

friends though. He even came to my house the next year for Thanksgiving,” Tommy recalled.

Willie’s first standup comedy shows were at the Mainliner where he opened for Fabian and Tommy James, and the Ingersoll Dinner Theater. At the latter’s show, he handled a heckler so well that The Des Moines Register’s review mentioned he had “the good looks of Tony Danza and the charming wit of Freddie Prinze Jr.” “I left for Hollywood within a week,” Willie recalled.

When Johnny died earlier this year in Hollywood, he owned several interests in state-of-the-art hologram technology, including exclusive rights to apply it to adult entertainment in America. Last week, Tommie and Willie attended a high-profile technology event in Las Vegas where they had meetings with several high tech CEOs about leasing rights. One hologram they hoped to sell was of Harry Carey singing to a Chicago Cubs crowd.

Frankie, who opened the Liars Club before Court Avenue became a nightclub center, and The Gas Lamp before Western Gateway’s revival, is family point man on their next big project on Ingersoll.

“Des Moines has done great things the last 20 years. The one thing that the city still lacks is a multifaceted venue that can — with moving walls and flexible furnishings — be a dinner theater, a movie house, a live music venue, a comedy club, a wedding reception venue and a meeting place,” he explained.

Frankie says his vision is to remake the long dormant Ingersoll Theater into an Art Deco/ Minimalist Contemporary venue modeled in part after the Boulder Theater in Colorado. He wants to enlist Suzette Candies to run an old-fashioned movie house concession. His dad wants to open a nearby Chicago Italian Beef sandwich shop, modeled after the one he had in the Randolph Hotel earlier this decade. Uncle Willie will book the comedy acts. Uncle Johnny might well be raising the dead. ■

Magnolia and Marlene know what ladies like



Marlene's at Sevastapol Station
1938 S.E. Sixth St., 288-0898
Tuesday – Saturday, 11 a.m. - 2 p.m.
and 4-9 p.m.

Magnolia Wine Kitchen
1420 Locust St., 635-0952
Monday – Friday 11 a.m. - 2 p.m.,
Monday – Thursday 3-9 p.m.,
Friday – Saturday 3-10 p.m.

French dip sandwich at Magnolia.

Before dinner after a high school homecoming in the mid 1960s, my date advised me on subjects I knew nothing about. First she told me that it was unseemly for a lady to order for herself. Since I would be ordering for both of us, she also added that no lady should ever eat in public with her fingers, so fried chicken and french fries were out. Thirdly, whatever I ordered, my serving should always be larger than hers. Two excellent new restaurants have reminded me how differently people think about what women want to eat.

The buzz around Magnolia Wine Kitchen is that the place focuses more on female diners than any other in town. People compare it to the long-gone Younkers Tea Room where ladies frequently powdered their noses when I worked there in the 1960s. I imagined a restaurant of quaint antique china, likely mismatched, and an old-fashioned tea room menu. The people running Magnolia are far better informed about what women want than I ever have been. This place has been packed consistently for lunch and dinner, and staff who also worked for former Lurra Cocina in the same location told me business “skyrocketed” after the changes.

The dining room looks fantastic with mint green

walls, antique and floral art and the most comfortable overstuffed furniture west of Splash. Acoustics dictated some décor, but one really only notices that at lunchtime. On my visits, the crowd ranged from overwhelmingly female to dominantly female. They are not coming for old-fashioned notions about what ladies like to eat. This menu would be at home in a sports bar — huge burgers, sandwiches, wraps, tacos, sliders, truffle fries, pizza and bruschetta overwhelmed a few non-finger foods.

Everything I tried was well executed. A French dip sandwich — the messiest sandwich one can order — was inspired with grilled and buttered bread, coated in cheese with tender, juicy prime rib with a divine cup of jus. A hummus trio included an edamame version appropriate to this soy bean state. Cabernet Sauvignon was served very cold to my taste (55 degrees Fahrenheit), but I was told no one else had complained. I clearly still know next to nothing about what women like.

Marlene's at Sevastapol Station reminds me of a number of southern themed restaurants that opened in old depots soon after Fannie Flagg's bestselling book “Fried Green Tomatoes at the Whistle Stop Café” and the blockbuster film it inspired in the early 1990s.

SIDE DISHES

C.J. Ryherd of Django won the Peoples' Choice Award in the Iowa Restaurant Association's Mixology Championships. Josh O'Connell from Black Sheep Social Club in Cedar Falls won the judges award with Ryherd finishing as runner-up.

Female owned, it also has a feminine focus. Wine dinners are featured in a burgundy and black dining room with an attached patio. A wine rack is made out of a cello.

Lunch and dinner menus differed considerably, but both featured unusual treatments of familiar sounding dishes. Stuffed mushroom caps were filled with chevre rather than the ubiquitous Boursin. Caesar salads were treated in a dressing of coarse mustard seeds and anchovies with whole, folded leaves of Romaine hearts. Beef stroganoff was made with filet trimmings in marrow stock; it was a once-popular special of the day that customers demanded become a regular. Crab, duck and salmon seemed to be the house favorites with many different applications of each. The house soup is a bisque made with smoked lump crab; it's as good a soup as Des Moines offers. Duck frites were drizzled with hot duck fat. ■

PLACES

AMERICAN

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Granite City Food & Brewery: A polished casual American restaurant featuring fresh, high-quality menu items prepared from made-from-scratch recipes. Granite City is passionate about creating fresh menu items from scratch and uses its patented brewing process to deliver the best brews. 12801 University Ave., Clive. 224-1300. www.gcfb.net.

Trostel's Greenbriar: Trostel's Greenbriar is offering a new menu featuring five seasonal specialties, cracker-crust pizzas and, of course, your favorite entrees. Not just for special occasions but for every occasion when you want... simply the best! Reservations accepted. 5810 Merle Hay Road, Johnston. 253-0124. www.greenbriartrostels.com.

BACON

Jethro's Bacon Bacon: Mmmm...bacon! Breakfast served always at this location. Try the Bacon Bloody Mary, the Bucket of Bacon, Triple Bacon Benedict, bacon wrapped ribs or any of Jethro's World Famous, award winning "Amazing Slow Smoked Meats." 1480 22nd St., West Des Moines. 868-0888. www.jethrosbbq.com.

BBQ

Bandana's Bar-B-Q: Bandana's Bar-B-Q is a Southern style BBQ restaurant serving your favorite bar-b-q dishes! Our pulled pork, beef, chicken, sausage, turkey and ribs are specially prepared to create our signature smoked flavor. Our real wood smokers operate 24 hours a day, so you can "smell that smoke" at any time! We would love to cater your next event! For catering information, call Tena Black at 964-9989 or email at ankeny511@bandanasbbq.com. Visit us at 301 E. First St., Ankeny.

Jethro's BBQ: If you're looking for some of the best BBQ in town, this Drake neighborhood sports bar is the place to go. Jethro's racked up the awards in Cityview's 2011 "Best Of Des Moines" readers poll, winning Best BBQ and runner-up for Best American Food and Best Nachos. Serving ribs, pork, beef brisket, whole chickens and turkey that is smoked daily in our 750-pound capacity smoker. 3100 Forest Ave., Des Moines; 2601 Adventureland Drive, Altoona; 9350 University Ave., Waukee; 1425 S.W. Vintage, Ankeny, and 5950 56th St., Johnston. www.jethrosdesmoines.com.

Jethro's BBQ Pork Chop Grill: The State Fair Pork Chop, Pork Chop on a Stick, The Shake and Bake Pork Chop, a Stuffed Pork Chop, a double cut Smoked Pork Chop — you will find them all here as Jethro pays homage to the 21 million pigs in Iowa. The Johnston Jethro's features 29 huge 60- and 70-inch TVs that will bring you all the sports. Twin 900-pound smokers cook all of Jethro's award-winning "Amazing Slow Smoked Meats." Jethro's Pork Chop Grill, your Johnston neighborhood sports bar. 5950 N.W. 86th

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Jethro's BBQ Lakehouse: Jethro has built his very own LAKEHOUSE in the booming city of Ankeny. Two patios overlook the serene water of Prairie Trail Lake as a giant moose and trophy elk gaze. Twenty-two big screen TVs bring you all the sports



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Cupcake Addict: Cupcake Addict is located in Johnston, and specializes in made-to-order cupcakes, unique flavors and creative designs. While cupcakes are their specialty, Cupcake Addict also provides cakes, cake balls, cupcake cakes and chocolate-dipped pretzels. All cupcakes can be custom-made to order and are never frozen, using only the high-quality ingredients to create a high-quality product. Cupcake Addict is proud to be locally owned and operated by Janet Hoch. Visit cupcakeaddictdm.com for a full list of flavors, products and services or stop by at 8705 Chambery Blvd., Suite 400, Johnston. Hours are Tuesday-Thursday 11 a.m. - 8 p.m., Friday and Saturday 11 a.m. - 9 p.m., and Sunday 11 a.m. - 6 p.m.

ITALIAN

Biaggi's Ristorante Italiano: Biaggi's is a fun, casual, white-tablecloth restaurant that offers an extensive menu featuring a full selection of house-made and imported pasta, soups, salads, pizza, seafood, fresh fish, chicken, veal, steaks and desserts. Fresh. Affordable. Italian. 5990 University Ave., West Des Moines. 221-9900. www.biaggis.com.

Jethroni Pepperoni: An Old World, Italian family dining restaurant with New World fun and flair! Featuring Dominic Iannarelli, the Iowa Restaurant Association's "2014 Chef of the Year." Dom is known for his "made from scratch" cooking, using only the freshest and finest ingredients available. We promise you the most

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Noah's Ark Ristorante: Noah's Ark Ristorante has been a well-known Ingersoll tradition for decades. It offers a comfortable, relaxed, inviting atmosphere combined with a friendly and helpful staff. Serving up a full menu of delicious Italian cuisine, you are sure to find something you love. 2400 Ingersoll Ave. 288-2246.

Tumea & Sons: Don't feel like cooking dinner? Come to Tumea & Sons for a tasty Italian meal. With a host to choose from including traditional pasta dishes and homemade Italian pastries – the whole family will be satisfied. 1501 S.E. First St., Des Moines. 282-7976. www.tumeaandsons.net.

MEXICAN

El Tapatio: One of the best-looking Mexican restaurants in the metro. All furniture is custom-made with La Tapatia's sombrero logo and pineapples, the international symbol of the hospitality industry. Both are hand-carved into wood and leather booths and inlaid under laminated tables. Slate walls, tile floors and fabulous, large paintings of both Guadalajara and Des Moines complete this 210-seat restaurant's ambiance. The menu also catered to west side preferences in Latino food. Chips came with a mild red salsa and a bean dip. Ground beef and chicken tacos are featured on all combo dinners and in specials. 3751 E.P. True Parkway, West Des Moines. Mon.-Thurs. 11 a.m. - 10 p.m. Fri. - Sat. 11 a.m. - 10:30 p.m. Sunday 11 a.m. - 9 p.m.

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Irina's Restaurant & Bar: Irina's is a locally owned and family operated neighborhood establishment. We offer Russian-American cuisine. For your special event you can reserve our private party room which seats up to 50 people, or you can reserve our bar and private booth area with a projection TV. We have a full bar with a great selection of Russian beer or vodka and an extended wine list. Bar is open late, happy hour is 3-6 p.m. Our menu is designed to meet everyone's taste: we have traditional american dishes like steaks, pastas, burgers, salads, appetizers and of course our in house specials like beef-stroganov, moscow filet, wellington salmon, chicken, pork shashlik and daily specials. Call 331-0399. Or visit 2301 Rocklyn Drive, Urbandale or www.irasrestaurantandbar.com.

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Waterfront Seafood Market: This family-owned, casual seafood restaurant, market, sushi and oyster bar is undefeated as the metro's best seafood for the past 23 years. Most of the fish and seafood is bought directly from the docks where the fishermen bring in their catch. The fish and seafood arrive via airfreight and are hand-cut by a full-time fish cutter. For hours, specials and more information, visit www.waterfrontseafoodmarket.com. 2900 University Ave. Clocktower Square, West Des Moines. 223-5106. 2414 S.E. Tones Drive, Ankeny. 963-1940.

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Trostel's Dish: You'll love the unique dining experience at this restaurant which offers small dishes with fresh flavor from around the world and seasonal selections every three months. Enjoy wine flights and cheese flights. Private dining area for

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Jethro's 'n Jake's Smokehouse Steaks: Now in Altoona. Still at Drake. No Australian or Texan spoken here. These steaks are corn-fed, Iowa-raised, USDA Choice meat, hickory smoked over a campfire and broiled to perfection in the 1,600-degree Jethro's 'n Jake's fire machine. This seals in the juices and flavors. All steaks are seasoned with black pepper and salt and finished with a touch of smoked garlic butter. 2601 Adventureland Drive, Altoona. 957-9727. www.jethrosdesmoines.com.

Johnny's Italian Steakhouse: Features steaks, chops, seafood and Italian specialties. Enjoy the vintage cool atmosphere with the sounds of Frank, Dean and Sammy Davis, Jr. as well as contemporary crooners like Michael Buble and Harry Connick Jr. Enjoy classic martinis, specialty cocktails or an extensive wine list at the Blue Bar. Private dining, banquet and meeting space make it perfect for any occasion. 6800 Fleur Drive, Des Moines, 287-0848; Mills Civic Parkway, West Des Moines 333-5665 and Bass Pro Drive, Altoona 957-9600. ■



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It's your day. Or maybe it's your daughter's big moment, or your son's. Weddings are meant to be picturesque, and the union formed is scheduled to last until eternity. Get it right. Planning makes perfect, so here are some tips and advice to help ensure that whoever's day it is, you will all enjoy it together.

Information to include on your *wedding website*

Personal websites are an invaluable resource for couples planning their weddings. Wedding websites provide a great platform for couples to share all sorts of information regarding their big day, making them an essential element of modern-day wedding planning.

Wedding websites need not feature all the bells and whistles of more permanent sites. But while there are specific guidelines governing what to include on wedding websites, couples should be mindful to share certain information to ensure their guests stay in the know about the pending nuptials.



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Wedding website cont...

The participants

Wedding websites can be used to inform guests about the couple getting married as well as the various participants, such as the bridesmaids and groomsmen. Extended families of the bride- and groom-to-be may not know much about their loved one's betrothed, and the wedding website can help guests get to know both people getting married. Include information about the bridal party as well. A brief story about each bridal party member's relationship to the bride and/or groom can be a great way to illustrate just how much each person in the party means to the couple tying the knot.

The big day

Invitations were once the go-to source for information about couples' wedding ceremonies and receptions. But unlike invitations, websites won't get lost around the house or in the mail, making them more reliable resources for guests. Include all the pertinent details about the big day on your website, including the time and location of both the ceremony and the reception. Include directions to and from the venue (both the ceremony and reception venues if they will be held at separate locations), and include a Google maps feature if possible.

RSVP info

Save guests the trouble of returning RSVP cards by including an RSVP section on your website. Establish an email address solely

for RSVPs, and check it regularly so you can update who is and who is not attending your wedding. Couples can save the expense of postage by requesting that guests RSVP exclusively through their websites. Just be sure to include that request with the invitations if you still plan to mail more traditional invites.

Accommodations

Many couples arrange for discounted hotel rooms for their out-of-town wedding guests. Include this information on your wedding website, and aim to include at least two hotels where guests can register under your party and receive discounted lodging. In addition to the hotels you arrange a deal with, include some extra information about other lodging options in the area. Out-of-town guests will appreciate having as many options as possible, and couples providing that information saves guests the trouble of researching certain neighborhoods to determine if they are safe or close to the ceremony and reception sites.

Registry

Wedding websites also provide a great way for couples to share registry information. Include links that take guests directly to your online registries.

Wedding websites are a great resource for couples who want to share information about their weddings. As the big day draws closer, couples can update their sites to reflect any new developments. ■



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Weddings are special days in couples' lives. No wedding would be complete without the witnesses, including the happy friends and family members who are anxious to celebrate the special day.

While weddings are largely about the couple tying the knot, it's important the couples do not overlook the comfort of all of the well-wishers at the ceremony and reception. Every effort should be made to ensure guests are comfortable and feel welcomed at the event.

Plan for inclement weather

The weather is unpredictable, so establish a backup plan should the weather not cooperate on your big day. Outdoor weddings in warm, sunny locations can get hot quickly, so make sure there is shade available. Ask ushers to hand out sunscreen so guests don't burn in the sun. If there's a chance for rain, have umbrellas or a tent available to keep guests dry.

Choose a venue that can support your guest list

Guest comfort can be compromised if everyone is packed into a reception room that is much too small. Everyone should be able to sit and move around freely. This notion also applies to the dance floor. Be certain guests can dance comfortably and have a good time.

Verify basic needs can be met

When selecting venues or ceremony sites, investigate whether guests will have an easy time getting to and from the room. Are paths easily accessible for those with mobility issues? Are restrooms located close enough to seating areas so elderly guests won't have to walk far to use the bathroom? Put yourself in your guests' shoes and figure out solutions to any potential obstacles that might affect your guests.



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Offer welcome drinks and snacks

A cocktail hour might be on the horizon, but guests may arrive with an appetite. Make a few light refreshments available, such as crackers, chips, pretzels, and some soft drinks. Ice-cold water or lemonade can make an outdoor ceremony more comfortable in the heat. Conversely, hot chocolate or coffee warms up a body in chilly weather.

Consider ice-breaker games

Little games can help guests who have never met get to know one another. Games also may help pass the time until the reception begins.

Provide a program of events

Clue guests into what will happen and when. This way they can adjust their schedules around the wedding. If photos of the bridal party will take place immediately following the ceremony, mention it on the program. Guests will appreciate knowing what to expect and when to expect it.

Provide other creature comforts

Stock extra toiletries in the restrooms, and consider making inexpensive sandals available for guests with sore dancing feet.

Weddings may focus on the couple tying the knot, but guests play a key role in the festivities as well. Keeping them happy and comfortable is a benefit to all. ■



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Save your *rainy* wedding day

Nature can make a couple's wedding day that much more special.

Beautiful backdrops like ocean waves or rolling country hills lend a lot to a wedding, making the day even more special for couples and their guests.

But along with Mother Nature's beauty comes the inherent risk of hosting an outdoor wedding. Weather is unpredictable, and couples who hope to tie the knot in the great outdoors must develop a contingency plan just in case Mother Nature decides to rain on the parade. While outdoor wedding venues often have backup venues in place should the weather prove uncooperative, couples can take some additional steps to ensure their rainy wedding days still go off without a hitch.

use. But tents may be a couple's only option if their chosen venue has no indoor alternatives.

Establish a cutoff time

Depending on how remote the ceremony location is, couples might be able to wait until a few hours before their weddings to decide if they will still tie the knot outdoors. Make the call earlier if your wedding is to be held at an especially remote location. But no matter where the wedding is, establish a cutoff time to let guests know if the wedding will be indoors or outdoors. Include such information on your wedding website and/or invitations. Use a social media platform such as Facebook or Twitter to inform guests of your final decision.

Find a place to take photos

Wedding photos document a couple's big day, and many couples arrange for outdoor photos whether they're tying the knot indoors or outdoors. But couples must arrange for a place to take photos in case outdoors is not an option. If possible, walk the grounds of your ceremony or reception site before the wedding to scout out potential areas to shoot indoors in case the weather is not cooperating. Ask a representative from the venue to recommend potential photo locations around the building.

Provide umbrellas

Some inclement weather may not be enough to deter couples or guests from braving the great outdoors. Couples getting married in the summer may be able to withstand a summer shower, but provide guests with umbrellas just to be safe. The umbrellas will make for a nice wedding gift, and hopefully couples and guests won't even need to use them.

Insure the wedding

Couples who are hosting destination weddings on tropical isles should look into insuring their weddings. Such islands might be susceptible to harmful storms like hurricanes that can prevent weddings from taking place. Insurance can cover couples for a host of unforeseen circumstances, including weather.

Outdoor weddings can be magical, but couples must build contingency plans in case Mother Nature proves uncooperative come the big day. ■

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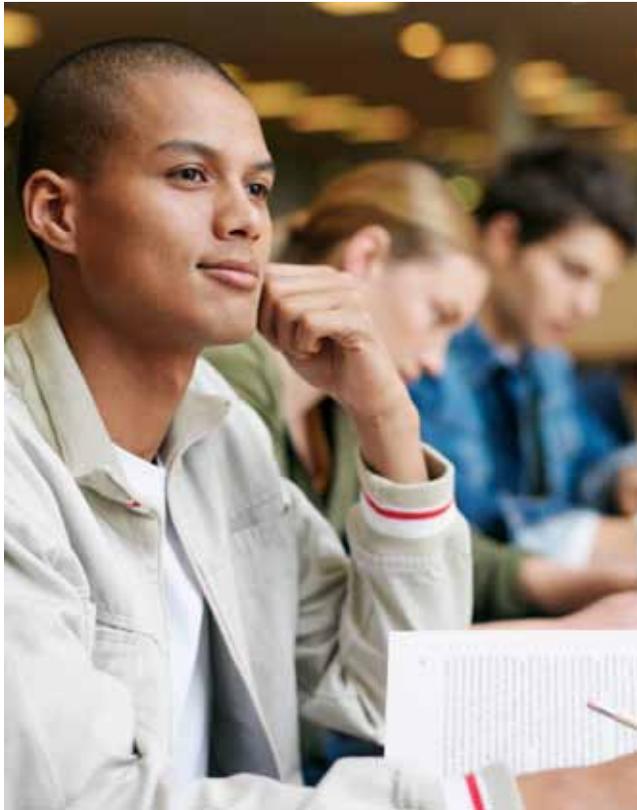
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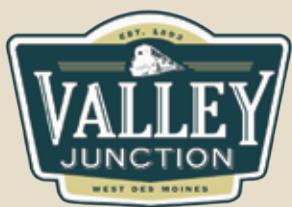
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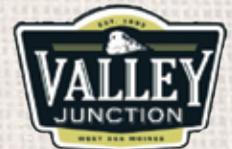


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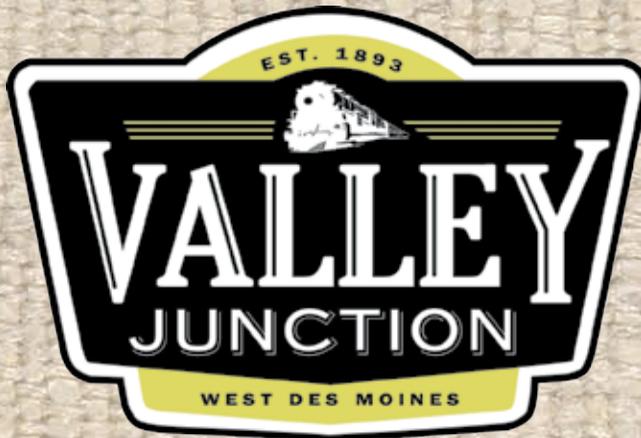
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It's green where you water

My name is Tena Black. I am originally from Thailand. My early years were humbling, but those experiences have motivated me to be the strong, ambitious person that I am today. I went to school for restaurant management and developed a passion for the food industry. I was 21 years old when I first became a manager at a steak and seafood restaurant, and it opened up my eyes and ignited my passion to the exciting possibilities in the hospitality industry.

I have made a loft downtown in Des Moines my home. With my busy lifestyle, I dine out at different restaurants often. My free time is spent exploring the great city of Des Moines along with networking and getting involved in the community. I am active in the Chamber and belong to the Ankeny Young Professionals group. I love golf, being active outdoors, going to concerts, traveling, and I dream of owning my own eggroll inspired



restaurant or food truck someday.

Currently, I am the operating partner at Bandana's Bar-B-Q in Ankeny. I never thought I would be interested in the BBQ concept, but I truly love it. I work for a great boss and owner, and I take pride in being a part of a fun, casual atmosphere that strives to offer the best quality products and employs a wonderful staff that cares about its customers.

My favorite quote is "The grass isn't always greener; it's green where you're willing to water." I love what I do, and I work hard at improving the customer service experience when people come to visit Bandana's. Come see us soon! ■

Inspired in retirement

Donna Moore is a woman who has always loved to work. Living in the south in an era when it was frowned upon to work outside the home, Moore was inspired to be a working mom in business. Now in retirement, Moore inspires women of all ages, professions and backgrounds to give back to young women and leave a legacy.

Moore says that in the 1960s and '70s, it was frowned upon to not be a stay-at-home mom unless you had to work.

"I loved working and wanted to work at something that mattered more to me than cleaning house and cooking," she said. "I had worked since I was 14 until after I was married and had a child.

"While living overseas, a friend and I made homemade candles and sold them at a once-a-week market. Three children later, we moved back to the United States. I had a 10-year career working with a travel agency and teaching would-be travel agents at a local school. Arriving home by the time the school bus dropped off the children was a little more accepted by all my non-working friends who just didn't get my love of work.

"Relocating to Rochester, New York, I volunteered for the Women of Rotary, an organization that sprung up from my husband's Rotary Club. In 1991, a neighbor and I had a dream of owning our own business. We loved to cook, so we put pencil to paper, made a business plan and opened our own cooking store, 'Cooks, Etc.' We sold kitchen gadgets and mixers and gave cooking classes in our small store kitchen.

"In 2011, I became involved as a volunteer for 'Dress A Girl Around the World.' They stitch dresses for girls in third-world countries to give them pride and dignity and protect them from would-be predators and human trafficking.



"With the encouragement of our daughter, we relocated to Iowa in 2015. My biggest concern was how to get involved in our new home at The Reserve and how to connect socially in the Urbandale community. After the move, I continued to sew and encouraged other women to join me.

"In May 2016, we launched 'Dress A Girl Urbandale' with an open house at The Reserve (photo above). Neighboring churches and local residents were invited through the Urbandale Senior Center and Urbandale Chamber of Commerce.

"When Drake Women's Basketball Head Coach Jennie Baranczyk learned of the 'Dress A Girl' program, she brought staff and team to the open house, and the team is planning a workshop to cut dress patterns for the sewers."

A few churches have become involved with the workshops that meet at The Reserve on the third Monday of each month (10 a.m. to 4 p.m.) and at the Urbandale Senior Center that meets on the third Friday of each month (9 a.m. – noon).

If you'd like to join Moore in her effort to inspire women or have her speak for your group, call The Reserve at 515-727-5927. ■

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Educator committed to Planned Parenthood mission

By Rachel Lopez



Beth Mensing's start as an educator at Planned Parenthood of the Heartland was happenstance and hinged on the insightful eye of an insider at the health care provider's Des Moines headquarters.

"Oddly, this work found me," she recalls. "I wasn't looking to work as a sexual and reproductive health educator. The director of the (PPHeartland education) department had a hunch I was right for the job. Little did I know how much I would enjoy it."

A Des Moines native, Mensing returned from Wisconsin's Lawrence University in 2004, armed with a bachelor of arts degree in art history and unsure where to go next. Innately drawn to humanitarian

work, she joined a local nonprofit, but after a while found herself looking for a change.

Mensing found a cultural fit and shared purpose at Planned Parenthood of the Heartland.

"They were so warm and welcoming. I felt more a part of this team over two days than I had more than seven years with my previous organization," she said. "Still, it was rather jarring that my peers threw around anatomy terms with such ease. I was a little nervous, but I quickly became one of 'them,' too."

Of course, anyone who has spent time with middle and high schoolers knows they are wellsprings of sarcasm, skepticism and awkwardness. Asked how she navigates classrooms filled with angst-ridden adolescents, she smiles.

"I use humor to disarm even the snarkiest of 14-year-olds," she said. "I get to

know each student's name. If I create personal connections, they're more likely to see me as both a credible source and an approachable person who will not judge them for the questions they have."

Often, teachers are just as difficult to win over. In a state where many communities are still reluctant to adapt curricula to national sexuality education standards, educators are sometimes reticent. Mensing recognizes and respects the diverse cultural landscape that PPHeartland serves across Iowa.

"We have a discussion about what (teachers) are looking for," she said. "What sort of content would they like me to cover? What are the classroom dynamics? Also, ensuring that the information that will be presented is age appropriate and medically accurate is vital to helping educators and parents feel at ease about the programs I deliver."

Ultimately, Mensing knows it's about really connecting with people.

"Like any other area of business, it's about the relationships and helping one another to meet goals," she said. "If teachers and students feel that connection to me and what I'm talking about, they'll keep inviting me back."

Currently, Mensing is working toward a masters degree in philanthropy and nonprofit development at University of Northern Iowa, and she is keenly focused on advancing Planned Parenthood's mission to educate and empower communities.

"I feel more committed to the mission every day and responsible for protecting the great work we do," she said. "Planned Parenthood of the Heartland's educational programming helps young people make healthier, smarter decisions. Sexuality is a healthy, normal part of being a human. Let's take away the stigma and start having helpful conversations at all ages." ■

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The Stuffed Olive has more than 100 martinis on its menu. “I’ll get you the right martini before you leave here,” Kelley insists. “You tell us what kind of flavor you like, and we’ll get you a martini.”



Brendan Kelley is the owner, general manager and the man generally in charge of day-to-day operations at The Stuffed Olive. He enjoys changing the minds of people who don’t think they like martinis.

WINNING HEARTS AND MINDS, ONE MARTINI AT A TIME

BY JEFF PITTS

With more than 100 martinis on the menu, The Stuffed Olive, located in the historic Court Avenue District, is a unique place with a unique name that is sure to have your new favorite drink on its menu.

Brendan Kelley, the owner, general manager and the man generally in charge of day-to-day operations, said his place prides itself on offering a warm, comfortable atmosphere.

“The Stuffed Olive has been here about two-and-a-half years,” he said. “We wanted to hone in on what we were good at: making martinis, and our food is delicious.”

So it specializes in martinis, which inspired the name, and tapas, which are small portions perfect for sharing and pairing with drinks. A traditional Spanish concept, the tapas menu at The Stuffed Olive has international flare and includes bacon-wrapped dates, lobster bruschetta and Buffalo chicken croquettes. The dinner menu offers a build-your-own macaroni and cheese option, along with fish tacos, cajun salmon, a traditional burger and fries and more. The food is designed to be paired with martinis, and it works well for happy hour, dinner or late-night snacks.

Kelley says he has the perfect martini for just

about anyone.

“We have more than 100 martinis,” he says. “I’ll get you the right martini before you leave here. You tell us what kind of flavor you like, and we’ll get you a martini.”

Kelley says that is true, even for people who don’t think they like martinis. He enjoys the challenge of changing the minds of customers with an improper stereotype of his favorite kind of drink.

“They had their grandpa make them a dirty, dry gin martini in the basement,” he says. “That is what is soldered in their brain.”

Kelley says his bar does serve “grandpa’s” old-time favorites. The menu has “The James Bond,” “The Classic Dirty” or “The Garlic Mashed Potato,” which is made with potato vodka instead of grain vodka and is served with garlic-stuffed olives. But he said they also have treats that are on the sweeter side.

“In the fall, we bust out the limited-time offer menu,” he said. “German chocolate cake, pecan pie, pumpkin pie, as well as others.”

If those sound to you more like dessert than they do a drink, you aren’t alone.

“We hear it every night,” he laughed. “We’re going to drink our dessert tonight.” ■

The Stuffed Olive specializes in martinis and tapas. Kelley says his bar does serve “grandpa’s” old-time favorites like the “The James Bond,” “The Classic Dirty,” or “The Garlic Mashed Potato,” but he said they also have treats like the ones pictured:

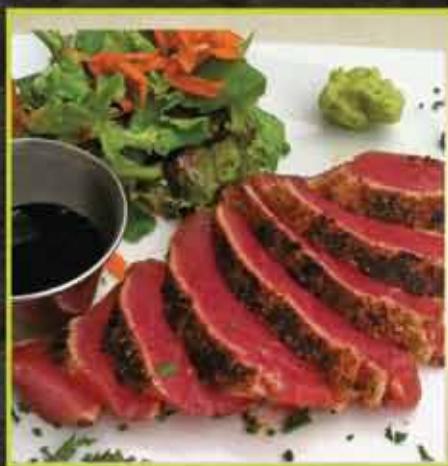


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CENTER STAGE

HIGH KICKS AND CONTROVERSY

BY JOHN DOMINI

Almost as soon as “West Side Story” opened in 1957, it ascended to heaven. The angels included the musical maestro Leonard Bernstein, and songs like “Tonight” were instant classics. The Oscar-winning movie helped cement its landmark status, and this month’s revival at the Playhouse looks to put a new generation under its spell. Several players are still in their teens, and Director Karla Kash promises a production full of high kicks.

“We’ve got such awesome male dancers,” says Kash. “Some have ballet training.”

As she and her dance captain work through a challenging number, the stage around them bubbles with youthful spirit. Everyone’s busting a move.

“It’s just so eye-popping,” Kash says. “All these young men telling a story through movement.”

The show opens with a spectacle in which the Jets and Sharks tussle over a few blocks of turf. Its central event is even more of a stunner. During “The Rumble,” the knives come out, and two young men wind up dead.

The musical may be based on “Romeo & Juliet,” but what stirs up bad blood are the very American issues of immigration and race. The Jets are white, the Sharks Puerto Rican, and so, over the years, “West Side Story” has also attracted a lot of controversy. Conceived by Jewish New Yorkers, the show has sometimes left Latinos with mixed feelings. Even those who respect the work have objected to the white actors playing their roles. In the movie, the Puerto Rican heroine was played by Natalie Wood — a daughter of Russian immigrants — and voiced by the even-whiter Marni Nixon.

The Playhouse found a Puerto Rican, Zander



“West Side Story,”
Des Moines Playhouse
Oct. 7-30.
See www.dmplayhouse.com for more information

Morales, to play the Shark leader, Bernardo. After two rounds of auditions, though, only one other Latino had won a role. John Viars, the theater’s executive director, issued a public apology, but Morales felt he could no longer participate.

In speaking of his decision, Morales talks about seeing Broadway’s 2009 revival in which Latinos played the appropriate roles and a number of songs were in Spanish.

“That was so empowering,” he says.

So he quit the show, followed by the others. At the recent Cloris Awards, a small group picketed against what they called “White Side Story.”

“We have 40,000 Hispanics in greater Des Moines,” Morales points out. “Community theater has got to represent the whole community.”

Indeed, a lot more people have joined the discussion. More than 200 showed up for a recent round-table talk

in the East Village that was called by Viars, and a few comments got heated. A Latino in the audience, Alex Piedras, called for the Playhouse to halt production. Still, the ruling spirit in the hall — like that of this powerful show — was ultimately that of reconciliation.

“This issue can divide us, but we need it to leave us more unified and more inclusive,” said Rebecca Scholtec.

Overheard in the Lobby: On Oct. 19 at the Temple Theater, Des Moines Performing Arts brings back Chicago’s Second City. The ensemble will present “Un-electable You,” a scathing take on American politics. ■

John Domini is a published local author who has lived on both coasts and abroad and enjoyed theater everywhere. See www.johndomini.com.



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ART PIMP

STREETS, GUNS AND ARTISTS

BY JIM DUNCAN

Three exhibitions at the Des Moines Art Center present intermingled insights on guns, streets, documentarians and artists. The shows are relatively unheralded. The main attraction featured a recently discovered dead nanny who hadn't exhibited during her lifetime. Yet together they represent one of this museum's great strengths — the ability to mount an original show, from its permanent collection, which augments and questions a traveling exhibit.

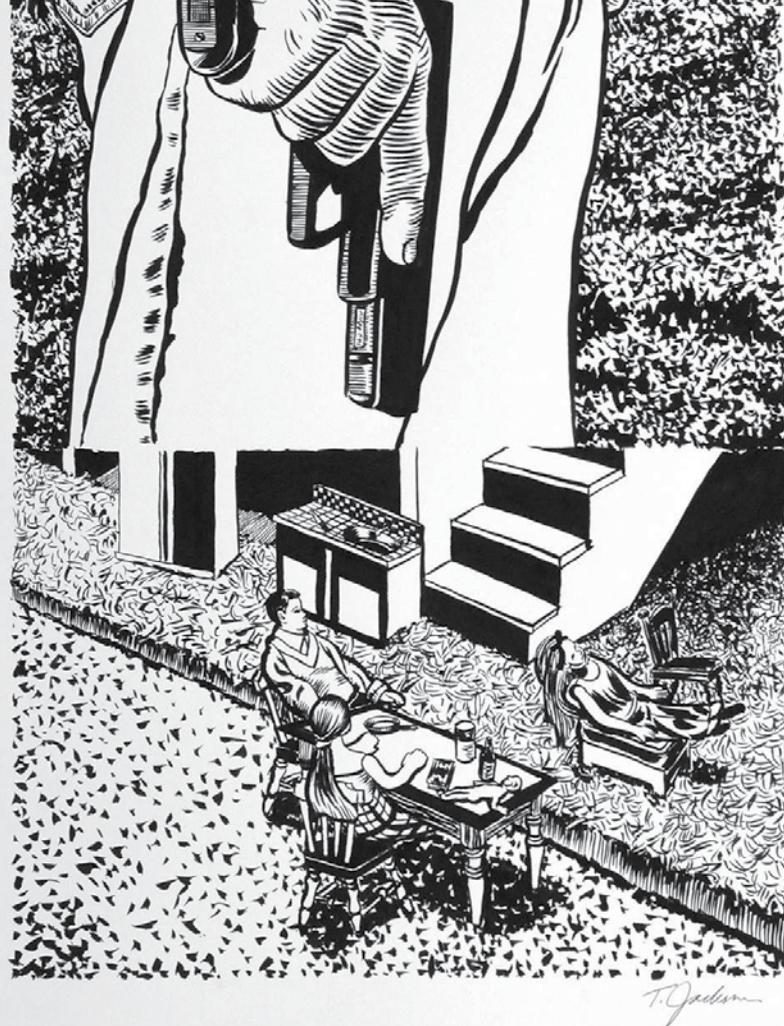
"Vivian Maier: Through a Critical Lens" is the show named for the reclusive nanny photographer. Her street scenes from New York City and Chicago, mostly taken during the 1950s and '60s, reveal a wind-grieved America of innocence. We tour a time when people could safely sleep in their cars and leave valuables unprotected in uncovered convertibles. Maier's city streets are not mean so much as they are humbly unpolished. Her subjects valued things that probably have no value today — boxes, fire hydrants, rocks, orange crates, old shoes, public mirrors and fountains. One poignant shot reveals a sad looking woman with a balloon.

The artist had an eye for shoes and purses. In fact, most of her middle class and wealthy subjects are represented by such symbolic things. Her street urchins and ethnic families, however, are usually shot frontally with facial images in focus. Maier also shows considerable affection for the public spaces of subway cars, ferry boats, neon signs, stoops, staircases, trains and buggies. Face nets also interested her. "Vivian Maier: Through a Critical Lens, will show through Jan. 22.

"Whose Streets?" is an intentionally created companion exhibition for the Maier show, which studies city streets within the Modernist movement, particularly in New York City and Paris. Streets are viewed as sexist (Danny Lyon) or empowering to women (Gary Winogrand), or antiquated (Berenic Abbott) or exciting (Richard Estes). Political statements are rife, but so are expressions of pure beauty. This show plays through Jan. 15.

"Heavy, Heavy Hangs over Thy Head" is a Print Gallery show about guns. It fortuitously overlaps the other two shows and complements them expertly. Curator Amy Worthen said this exhibition depicts the way artists looked at guns from 1600 to contemporary times, but there is very little here from the post-World War II era. Mostly, rifles and war art dominate the show. I could not find a serious depiction of a Colt .45 — the most famous gun in American history — nor a modern automatic handgun, the most infamous weapon in the current horror story of violence in America. That revelation chased me to Thomas Jackson, a Cedar Rapids artist of irony and brilliance. His Americana series include dozens of juxtapositions of revolvers and scenes of innocence.

No matter where you come down on ownership, guns are a huge part of contemporary American life. Cinema and TV use them exclusively as props for violence. Yet they are as rarely depicted in serious art shows as sex was in 1950s TV shows.



Child's Play #7. Ink brush drawing on paper. Thomas C. Jackson

Back Room Gallery

Five Iowa artists were named Iowa Arts Council Fellows, with \$10,000 grants and participation in "Meet the Artist" public development programs throughout the state. The winners are: Brent Holland, associate professor in the Department of Art and Visual Culture at Iowa State University, whose studio is in the Fitch Building in downtown Des Moines where he integrates digital and traditional drawing; Akwi Nji of Cedar Rapids, a performance artist who combines poetry with storytelling to explore stories of race, ethnicity and womanhood in the Midwest; Jennifer Knox of Nevada, a poet and writer who utilizes diction and popular culture to create inclusionary narratives; Yun Shin of Orange City, a visual artist who focuses on making art as a way to reconstruct relationships and memory; and Stephanie Brunia of Oxford, a photographer who uses the medium to explore desires and fears surrounding human connection. Holland is represented by Olson-Larsen of West Des Moines and Brunia by Moberg of Des Moines. ■

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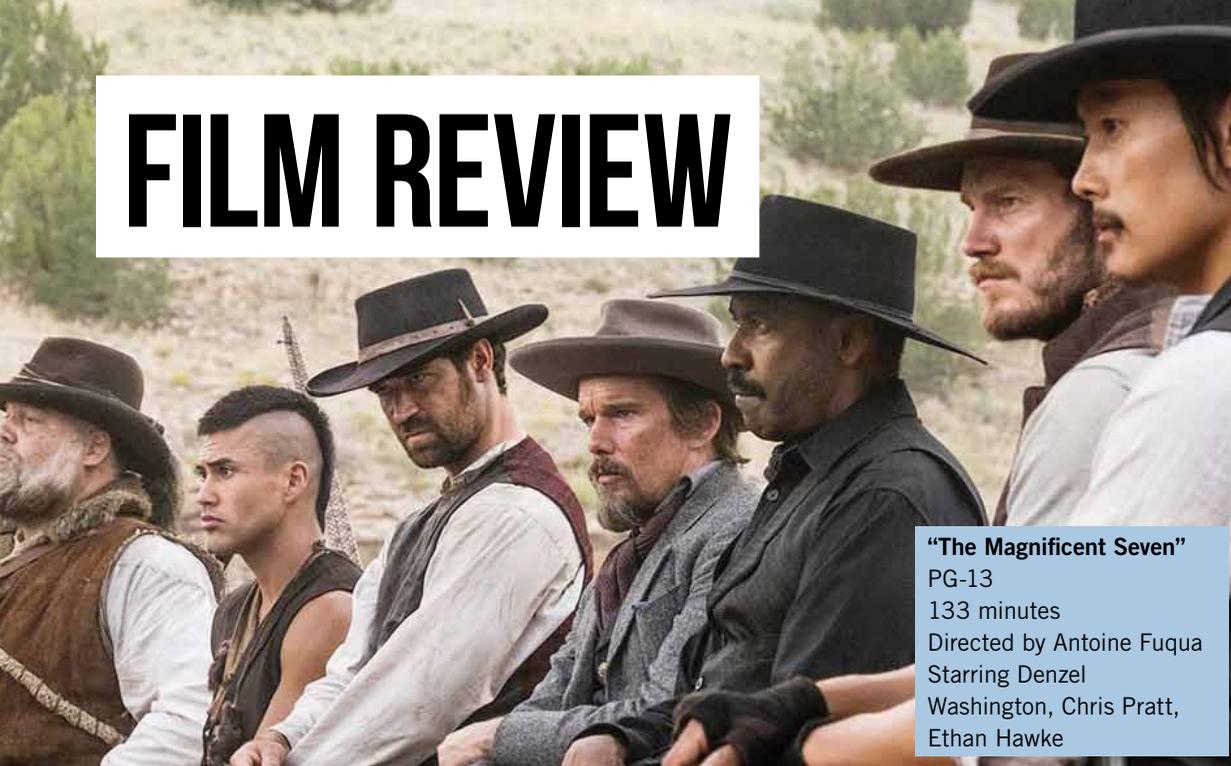
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FILM REVIEW



"The Magnificent Seven"

PG-13

133 minutes

Directed by Antoine Fuqua

Starring Denzel

Washington, Chris Pratt,

Ethan Hawke

NOT ANOTHER SUPERHERO FLICK

BY DAVID ROWLEY

"The Magnificent Seven" tells the story of Rose Creek, a small western town founded by "good, honest and hard-working folk" whose residents are under the merciless rule of robber baron Bartholomew Bogue (Peter Sarsgaard). After the brutal slaughter of several townsfolk outside the church, widow Emma Cullen (Haley Bennett) leaves Rose Creek to seek help from anyone whose service can be bought — outlaws, bounty hunters, gamblers or hired guns included.

Enter Sam Chisholm (Denzel Washington). The money gets Chisholm's attention, but he is moved by compassion for the victims of Bogue's greed and particular brand of evil and has a deeply personal reason for agreeing to help. For this job, Chisholm gathers six men: local gambler Josh Faraday (Chris Pratt), skilled tracker Jack Horne (Vincent D'Onofrio), feared sharpshooter Goodnight "Goody" Robicheaux (Ethan Hawke), lethal knife-fighter Billy Rocks (Byung-hun Lee), Mexican outlaw Vasquez (Manuel Garcia-Rulfo) and Comanche warrior Red Harvest (Martin Sensmeier).

The film can be cut into three segments. The first 20 minutes builds up the wickedness of Bogue as a man who is just as likely to take someone's land as he is putting a bullet in someone's chest. His belief is that of power, and if one has the power to take something, then it's rightfully his.

The next hour focuses on Chisholm and his effort to find recruits. Unfortunately, rather than develop these characters, this section seems haphazardly thrown together. Robicheaux is the most developed character, a Confederate Army legend from the Civil War who suffers from post-traumatic stress disorder (PTSD). Yet much of that is learned in whispers, so

if the viewer isn't paying attention, he or she might miss it. A drunk, a knife guy, a native, an outlaw and a man-bear round out the bunch. D'Onofrio, as old-timer Jack Horne, who's aptly described as a bear wearing people clothes, is magnificent the second he appears on the screen.

The film's panoramic shots are as stunning as one would expect from a western. The vast landscapes are beautifully captured as the seven take to their horses or slowly pick off Bogue's men overseeing work on the mine. The sweeping shots help show the sheer size of Bogue's army versus the small town that can fit the camera frame.

This movie starts the way it ends — brutally violent. The rating might be PG-13, but don't let that fool you into thinking the material is appropriate for younger audiences. The final showdown, which takes the final 45 minutes, has a body count that might make legendary western director Sam Peckinpah do a double-take.

The seven square off against Bogue's army of more than 100 men, fully armed (Gatling gun included) and looking for blood. While the death toll is high, the actual blood is quite reserved. A couple of close-up headshots show blood trickle out like a bloody nose, but otherwise it's a lot of sounds and hunched over bodies.

"The Magnificent Seven" lacks in places but entertains in every way that it should. These men may be terrible, but when it came down to doing what's right, each had a role to play. While its predecessors may be forever remembered and taught in film classes, this movie delivers big screen excitement without all the capes that currently dominate the team-up genre. ■

PREVIEWS

'Birth of a Nation'

Rated R

Directed by Nate Parker
Starring Nate Parker, Armie Hammer, Mark Boone Junior

Release: Oct. 7

If there's one film that has people talking as the Oscar contender season nears, it's Nate Parker's "The Birth of a Nation." As a literate slave, Nat Turner (Nate Parker) acted as traveling preacher to help subdue unruly slaves. After witnessing countless atrocities inflicted on himself and other slaves, Turner orchestrates an uprising in the hopes of leading his people to freedom. Not to be confused with DW Griffith's silent film of the same name from 1915, which traced the rise of the Ku Klux Klan, this looks to be a powerful directorial debut from Parker and perhaps an answer or conversational response to last year's #OscarsSoWhite.



'The Accountant'

Rated R

Directed by Gavin O'Connor
Starring Ben Affleck, Anna Kendrick, J.K. Simmons
Release: Oct. 14

Christian Wolff (Ben Affleck) is a math savant who is more at ease working with numbers than he is working with people.

Behind the guise of a small-town CPA office, Wolff moonlights as an accountant for some of the world's most dangerous criminal organizations. Upon learning that the treasury agent Ray King (J.K. Simmons) is starting to close in, Wolff takes on a state-of-the-art robotics company as a legitimate client. However, as Wolff gets closer to the truth about a discrepancy involving millions of dollars, the body count starts to rise.



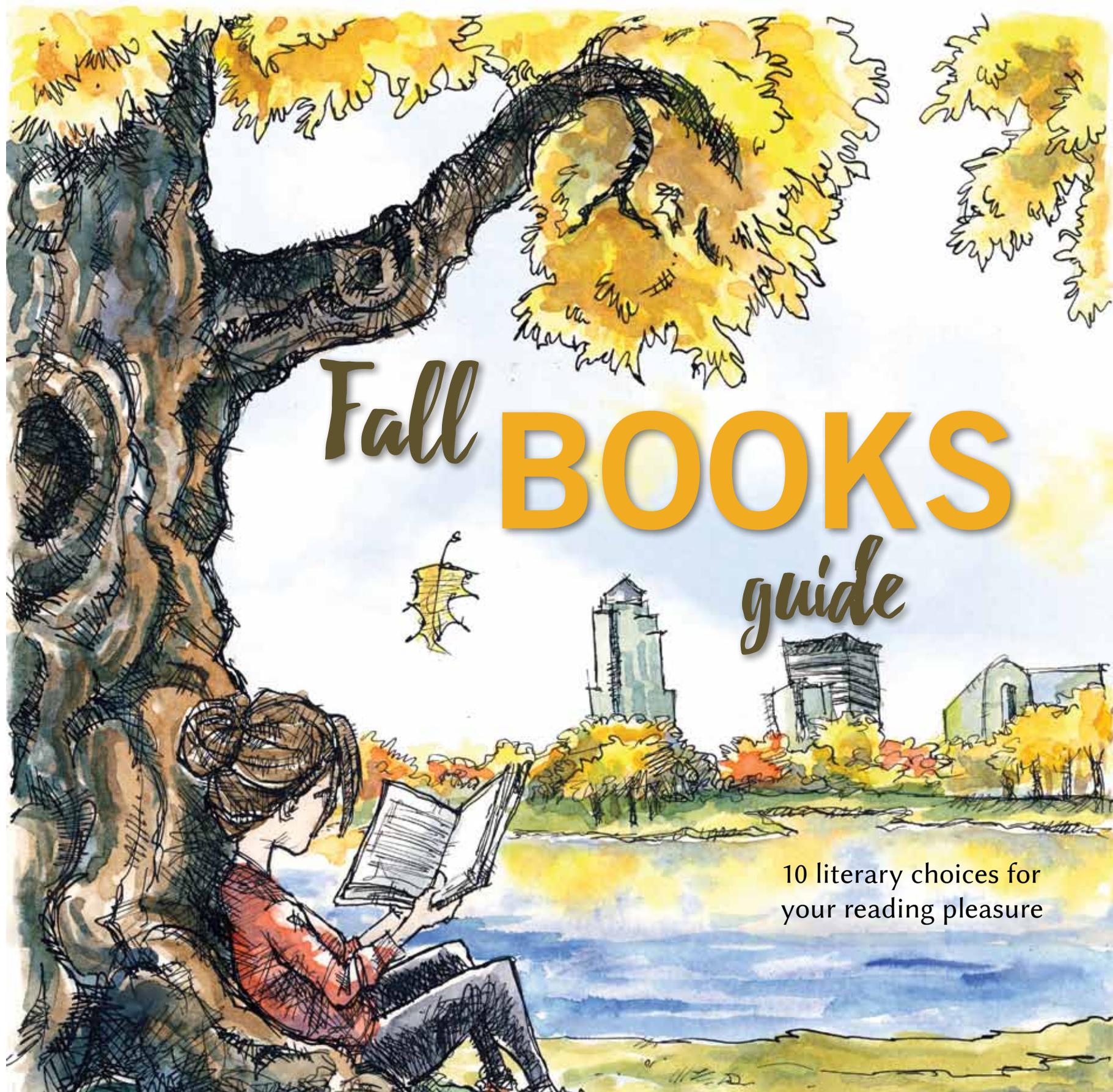
'Desierto'

Rated R

Directed by Jonás Cuarón
Starring Gael García Bernal, Jeffrey Dean Morgan, Alondra Hidalgo
Release: Oct. 14

From Jonás Cuarón and Alfonso Cuarón, the acclaimed filmmakers of "Gravity" comes a unique, modern vision of terror. "Desierto" is a visceral, heart-pounding suspense-thriller packed with tension and suspense from start to finish. A hopeful journey to seek a better life becomes a harrowing and primal fight for survival when a deranged, rifle-toting vigilante (Jeffrey Dean Morgan) chases a group of unarmed men and women around the treacherous U.S.-Mexican border. In the harsh, unforgiving desert terrain, the odds are stacked firmly against them as they continuously discover there's nowhere to hide from the unrelenting, merciless killer. ■





Fall BOOKS guide

10 literary choices for
your reading pleasure

There are few things more comforting than wrapping your body in a blanket and ensconcing your mind in literary bliss during a cool fall evening on the couch with a good book. You know the feeling. You've had it many times, as have millions of others. The feel, the scent, the beauty of a book. Yes, Cityview readers (and we do realize we're preaching to the choir here), amidst the shouts of "Digital this!" and "Digital that!", print is still very much alive and well on all fronts. And that means books, too.

If you don't believe our claim, that's fine — but numbers do not lie. In a survey conducted by the Pew Research Center in the spring of 2016, it was found that the share of Americans who have read a book in the last 12

months (73 percent) remained virtually unchanged from four years ago. That's right — four years ago. In our rapidly-evolving society, a lot has changed in our world in four years — except the love for a good book.

So, with that in mind, we once again present to you our annual fall books review, written by the good folks at Beaverdale Books, who we thank profusely for their continued great work. In this piece, you'll find reviews of books touching a myriad of topics ranging from mysteries to cooking to fantasy — a veritable cornucopia-like selection, perfect for all that is fall. We enjoyed reading about a handful of the best books available right now, and we hope you will, too. Enjoy!

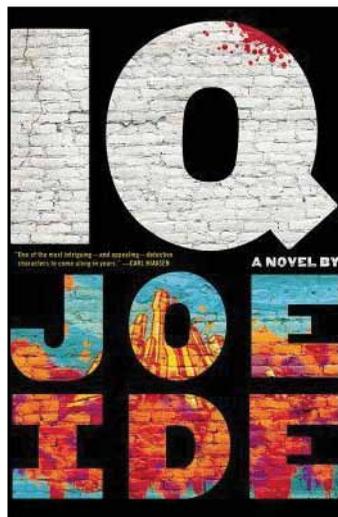


'IQ'

By Joe Ide

"IQ" is a remarkable debut by Joe Ide that is a beautiful combination of Sherlock Holmes and "The Wire." It takes place in East Long Beach, California. The main character, Isaiah Quintabe, was an advanced student before his brother's death caused him to drop out. He becomes a thief to pay the bills, but after a series of mishaps, he becomes a private eye. Cal, a rap mogul, has hired Isaiah to track down the person hired to kill him. As seems to be the case when you're a private eye, Isaiah ends up uncovering more than he bargained for. The story jumps from 2013 — when Isaiah is working for Cal — to 2005. The flashbacks provide backstory to how Isaiah came to be a private eye, and how he met his partner, Dodson. This enthralling novel was a joy to read, and I am eager to see what is in store for IQ.

Reviewed by Hunter Gillum



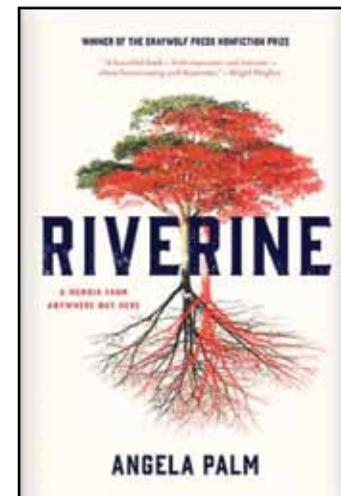
'IQ'
By Joe Ide
Mulholland Books
Publish date:
Oct. 18, 2016
\$26
336 pages

'Riverine'

By Angela Palm

I could not put down "Riverine" by Angela Palm, and that's coming from someone who doesn't read many memoirs. The book is about growing up in DeMotte, a small town in rural Indiana bordering on the Kankakee River. Being so close to the river, her home is prone to flooding — so much so that it has become a part of life. Growing up, Palm had a crush on her next door neighbor Corey, who would eventually receive a life sentence for murder. Palm beautifully writes about how someone she loved could do something so wrong. The book is about much more than that, though. Palm eventually leaves DeMotte, first for Indianapolis and then to Vermont where she settles down with her husband. "Riverine" is about how strong the pull of home is. Going home for Angela is hard, because it forces her to confront her feelings about Corey. This book is excellent, and the writing is exquisite.

Reviewed by Hunter Gillum



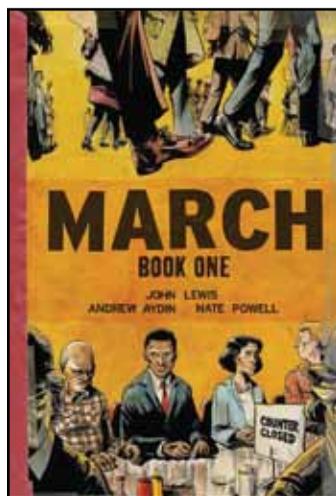
'Riverine'
By Angela Palm
Graywolf
Publish date:
Sept. 16, 2016
224 pages

'March, Book One'

By John Lewis, Andrew Aydin and Nate Powell

It is said that no one should see how sausage or laws are made. True as that old chestnut may be, the building of iconic lawmaker Congressman John Lewis and the recipe for arguably the most important social justice movement of the 20th century is both fascinating and deeply moving. "March, Book One" is the first in a three-volume series of graphic novels recounting Lewis' amazing life. From meeting Martin Luther King Jr. to orchestrating sit-ins at lunch counters all the way up to Capitol Hill, it is an astonishing start to the journey. "March, Book One" is a remarkable book, both in fact (the artwork is simply gorgeous) and in truth (Rural Alabama life for young black men in the mid-20th century seems to be almost another planet, let alone our own country a mere 60 years ago.) This is a powerful story, but certainly not an easy one. For that reason and so many more — both historical and current — this graphic novel is a must-read.

Reviewed by Julie Goodrich



'March, Book One'
By John Lewis, Andrew Aydin and Nate Powell
Top Shelf Productions
Publish date: Sept. 6, 2016
\$14.95
128 pages

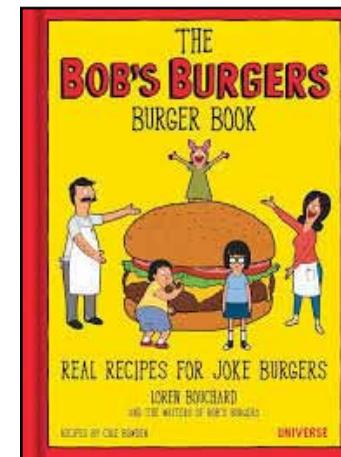
'The Bob's Burgers Burger Book: Real Recipes for Joke Burgers'

By Loren Bouchard and Cole Bowden

"Bob's Burgers" has spontaneous songs, awkward characters and a huge heart. Weird, sweet and achingly hilarious, the show follows the Belcher family members as they run a barely-successful burger joint. Among all the wacky, sweaty and bizarre adventures, there is a glorious background joke in every episode — the specials on the "Burger of the Day" chalkboard.

The long-running joke is so ubiquitous that Cole Bowden made a website just to create these amazingly ridiculous burgers. With names such as "Eggers Can't Be Cheesers" and "Bleu By You", how could anyone resist the temptation? Loren Bouchard, with the help of the show writers, worked with Bowden to create this best-selling cookbook, covering all the best burgers ("Free to Brie You and Me", "Shake Your Honey-Maker") with the signature wit and heart from the show. This is required reading for any fan or anyone with a penchant for experimentation in the kitchen — particularly those who love puns.

Reviewed by Julie Goodrich



'The Bob's Burgers Burger Book: Real Recipes for Joke Burgers'
By Loren Bouchard and Cole Bowden
Universe Publishing
Publish date: March 22, 2016
\$19.95
126 pages

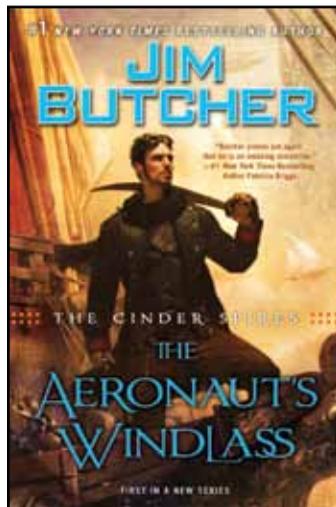
'The Aeronaut's Windlass'

By Jim Butcher

Wild adventure, incredible world-building and that signature Jim Butcher wit — “The Aeronaut's Windlass” is everything you could hope for in a steampunk fantasy book. Butcher made his name in the genre fiction world with the hardboiled wizard, Harry Dresden, and a magical version of our own modern world. This time he gives us a coterie of smart characters to fall in love with in a completely foreign, extraordinary setting.

Captain Grimm has gone from a noble officer in the Navy to a pirate under shady circumstances. Not about to roll over, he follows his own code of honor to protect his people, which improbably lands him in even shadier circumstances. Unwilling to give up the ship he adores and his life in the skies, he risks everything to help a ragtag band of young recruits, insane magicians and an unusual cat save their ways of life. It's an impossible mission in midst of war, and Butcher never slows down the action. I can't wait for the sequel.

Reviewed by Julie Goodrich



'The Aeronaut's Windlass'
By Jim Butcher
Roc
Publish date: June 5, 2016
\$9.99
751 pages

'Commonwealth'

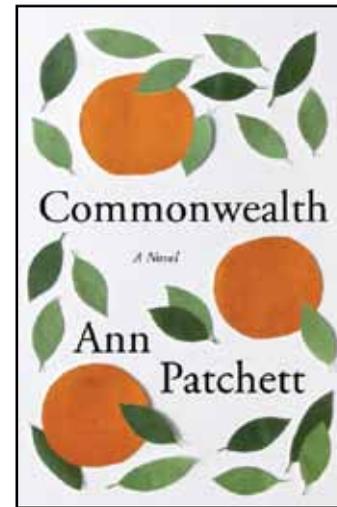
By Ann Patchett

Patchett's engaging new novel opens in the 1960s in California at infant Fanny's christening party. Fanny's mother, Beverly, kisses Bert, her husband's coworker. This sets into motion the eventual rupture of both families. Beverly divorces her husband, marries Bert, and they move to Virginia with her two children. Bert's four children stay with his ex-wife in California. Patchett follows these two families through the suburbs over the course of about five decades, showing the interactions that occur as their lives merge. The children — forced into a new family and shuttled between the two states — are unhappy and resentful of the situation and are left mainly unsupervised by their distracted, harried parents.

As the children grow older, Patchett highlights Fanny, who shares the story of her family to her lover, a successful older novelist. Leo encapsulates her stories into a bestselling novel, revealing the family's secrets and exposing their privacy. The family is then confronted with revisiting the uncomfortableness of their past.

With spare language, flawed, believable characters and subtle scenes, Patchett expertly delivers an insightful, heart-wrenching family portrait.

Reviewed by Fay Jones



'Commonwealth'
By Ann Patchett
Harper
Publish date:
Sept. 13, 2016
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336 pages

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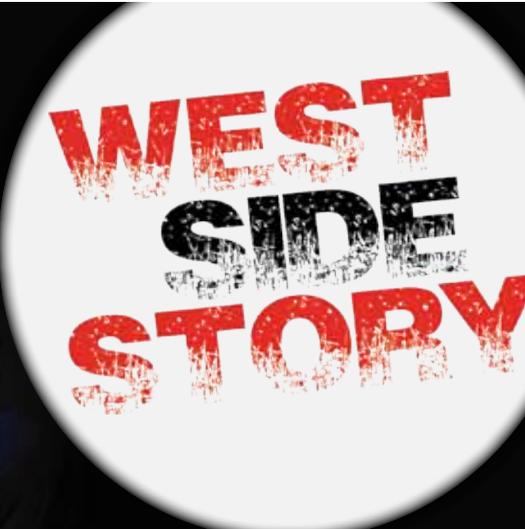
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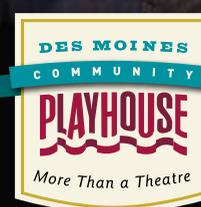
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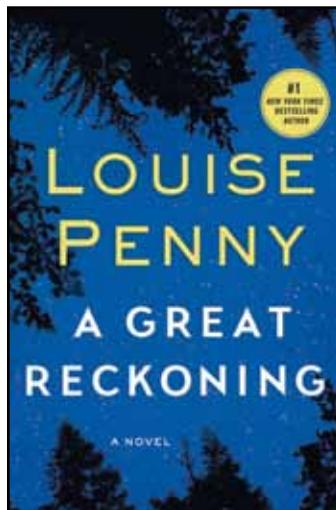
'A Great Reckoning'

By Louise Penny

The 12th novel in the Inspector Gamache series opens with Gamache selecting cadets for admission to the Sûreté Academy. He will be taking over as commander there after his near-death experience while he was ridding the Sûreté du Québec of corruption. He knows that the Academy has also been corrupted, and he is determined to root it out.

Set in Quebec, the story starts to unfold in the beautiful small village of Three Pines, where Armand and Reine-Marie Gamache live. An intricate map discovered in the walls of the local bistro plays an important part in the resolution of the evolving mystery. The murder of a corrupted professor at the academy casts suspicion on other professors, the cadets and even Gamache himself. The discovery of a copy of the map in the murdered professor's room is a clue or a red herring. By the end of the story, Gamache and four of the cadets have discovered the murderer and solved the puzzle of the map. It is a wonderful read.

Reviewed by Harriet Leitch



'A Great Reckoning'
By Louise Penny
Minotaur Books
Publish date: Sept.
30, 2016
\$28.99
400 pages

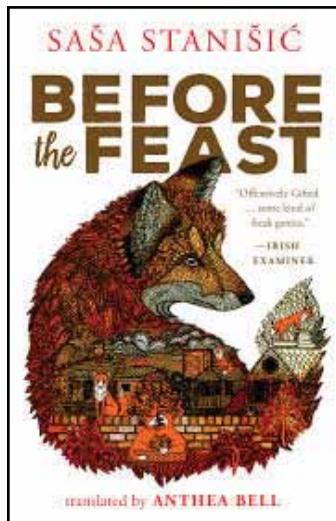
'Before the Feast'

By Sasa Stanisic

Finally — a second novel from Sasa Stanisic to follow his award-winning debut, "How the Soldier Repairs the Gramophone." This time the Bosnia- and Herzegovina-born author takes us to the village of Fürstenfelde, where it is the eve of the big feast. Beginning with the dead ferryman, he introduces us to a cast of characters as odd and universal as you would find anywhere — the bell ringer and his apprentice, the pensioner who must moonlight, the pig farmer, the painter, the tavern owner (really a garage) and more, each with his own quirky way of dealing with life.

The novel is character-driven and takes us back and forth between the villagers and centuries of local history — stories that have been passed down and are somewhat questionable. Even the village itself has a voice. Eventually the reader sees how all the stories are connected, just as the community is knit together despite differences and the fate of being thrown together. Stanisic's clever language and unique style showcase humanity at its best and its worst.

Reviewed by Alice Meyer



'Before the Feast'
By Sasa Stanisic
Tin House Books
Publish date:
June 14, 2016
\$15.95
316 pages

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'French Rhapsody'

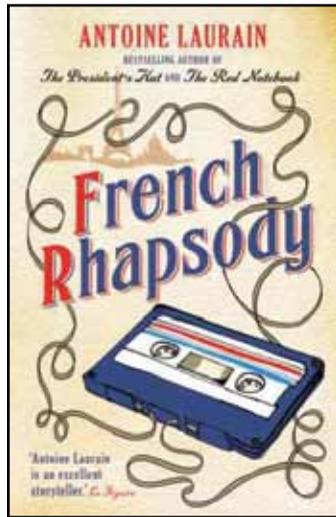
By Antoine Laurain

Imagine the post office delivering a letter 33 years late and finding out that the rock group you played in as a young man had drawn the attention of a recording studio. We meet Alain Massoulier in a windowless room in the post office, being offered a form letter apology for his trouble.

Thus begins his midlife crisis of sorts — the road he never got to travel. Massoulier had long ago discarded the demo tape, and that becomes the impetus for tracking down his former band mates, who have all gone their separate ways. We learn the back story of the band, and the novel becomes a tale of how people with so much in common in the past would not necessarily be friends later in life.

With a bit of nostalgia and a hearty dose of Massoulier's self-deprecation and hypochondria, Laurain relates the story with honesty, affection and humor.

Reviewed by Alice Meyer



'French Rhapsody'
By Antoine Laurain
Gallic Books
Publish date: Oct. 11, 2016
\$14.95
232 pages

'Generation Chef'

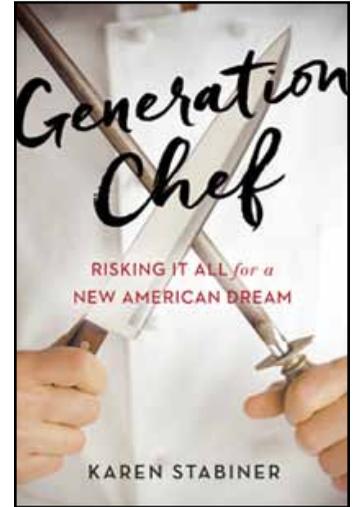
By Karen Stabiner

Reality restaurant shows and cooking competitions have showcased the good, the bad and the ugly sides of the business, and if you are intrigued by the behind-the-scenes action, you'll enjoy "Generation Chef."

It is the story of 26-year-old Jonah Miller, who is opening his Basque-inspired restaurant, Huertas, in New York City. Having been in the business already for half his life (starting as a volunteer prepping garlic and onions), we accompany him as he secures investors and financing, searches for a perfect location, navigates the buildout and equipment purchases, staffing and menu planning. We're with him for the highlights of opening night and the mistakes, such as when one couple was left waiting at the bar too long for their reservation.

It's a cutthroat business where even a comment on social media can make or break you, and diners' preferences for the latest food trend can change in an instant. Journalist and food writer Stabiner weaves in backstory to include notable chefs and restaurants that influenced Jonah, and the result is a satisfying read. ■

Reviewed by Alice Meyer



'Generation Chef'
By Karen Stabiner
Avery Publishing Group
Publish date: Sept. 13, 2016
\$26
320 pages

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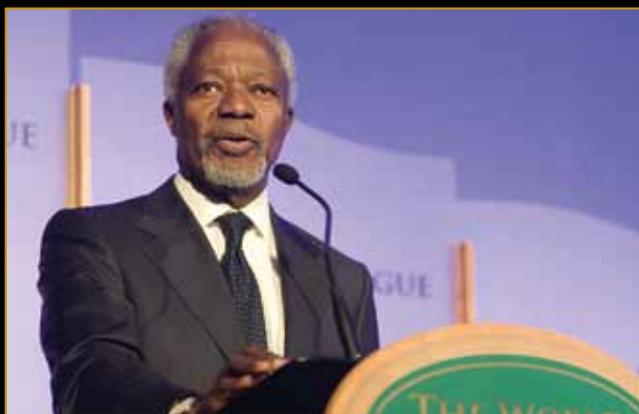
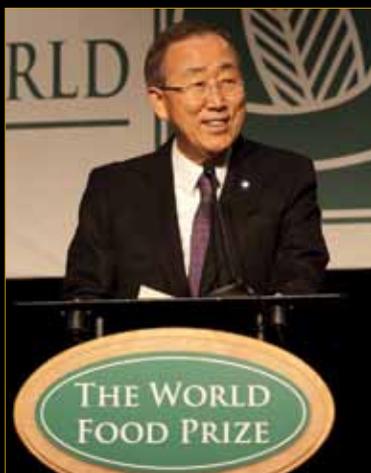



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Jim McCool

Runners-up

"She sells sleep spells by the sea shore."

Patty Devens

"You know you have had a rough day when even your ass is tired!"

Tina Bishop

"Steve just can't understand why people call him a lazy ass."

Kevin King



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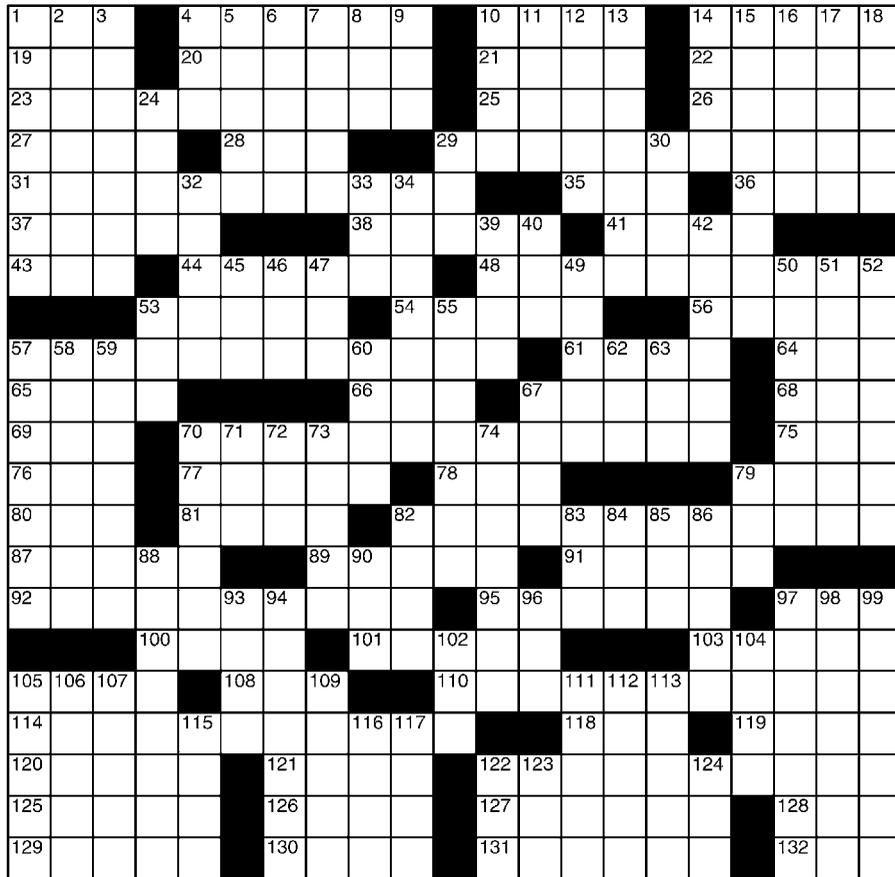
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20 -- Davidson
21 Saab of fashion
22 Stare angrily
23 What planes are in when they're taking off and landing?
25 "Heck!"
26 MetLife rival
27 Nepal locale
28 -- Perignon
29 Climb a rope right after waking up?
31 "Which of you is good at copying signatures?"
35 Poker pro Ungar
36 Beholds
37 Houston hockey team until 2013
38 Ancient Aegean land
41 So-so
43 Furlong divs.
44 Spectral hue
48 Big tree branch used to decorate a shop?
53 Big computer of the 1940s
54 Frustrates
56 Delhi coin
57 Tame some mean dogs?
61 "-- girl!"
64 Uno + uno
65 Anniversary unit
66 AQI monitor
67 Four of --
68 Skill, to Cato
69 Law degs. held by the Obamas
- 70 Comment when a surface only allows for a glossy finish?
75 -- Friday's restaurant
76 Dot in la Seine
77 Off-limits acts
78 Wad of gum, e.g.
79 Carrie's "Star Wars" role
80 Prefix with soul
81 Beer head
82 Fashionably stylish grain husk?
87 Big boo-boo
89 Tactics
91 Writer Nin
92 Spiced tea brewed in a business workplace?
95 Multi-vehicle crash
97 Church bench
100 Fed. crash-probing agcy.
101 Tear-eliciting vegetable
103 "Nowhere Road" singer Steve
105 Nailed
108 Happy -- lark
110 Ensnared by a tree branch?
114 Bit of gear used by a videography student?
118 Simple tune
119 Ames' state
120 John Belushi catchphrase
121 Flubs it up
122 Apt phrase spelled by the deleted ends of this puzzle's theme answers
125 "It's -- of the times"
126 Seven days
127 Parthenon goddess
128 Trump
129 Antsy
- 130 Uses needle and thread
131 Gym class, briefly
132 Some hosp. cases
- DOWN**
- 1 Bread seed
2 With 47-Down, snow cone's base
3 Promgoers
4 "-- La La" (1964 hit)
5 Writer of 104 symphonies
6 The long -- the law
7 Replay view, briefly
8 Actor Lange
9 Mate's "yes"
10 Sci-fi knight
11 "Sadly ..."
12 Telegrams
13 Hill bigwig
14 "Holy moly!"
15 Sneeze response
16 Take a soak
17 Bert's pal
18 University bigwigs
24 1993 Texas standoff site
29 Toon pal of Stimpny
30 Zap, in a way
32 Black -- (very dark)
33 Oil field sight
34 Boo-boos
39 Nile goddess
40 P.R.'s ocean
42 Wear down
45 Small peeve
46 Lah-di- --
47 See 2-Down
49 Honshu port
50 Software reviser, e.g.
51 Peach State
52 Wiesbaden native, e.g.
53 Vase handle
55 Like some citrus tastes
- 57 "Goodness me!"
58 Kind of lettuce
59 De-intensify
60 "Eh" marks
62 Little birdie
63 Big bang producer
67 Prefix with valent
70 Contaminate
71 Furthermore
72 Cell stuff
73 Energy
74 Boozer
79 Many oz.
82 Slay
83 Rodeo miss
84 MS-to-MI dir.
85 Lac liquid
86 Grow mature
88 Investigation discoveries
90 Philosopher -- -tzu
93 Morales of film
94 Scott Pelley's milieu
96 Shiba -- (dog breed)
97 Preceding
98 Bow-making material
99 Software running in browsers



"It's too beautiful a day to waste indoors -- you ought to be loafing in the outside!"

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

- React
PONDERS _____
- Cristis
SPASMIE _____
- Phony
MASH _____
- Dotted
PLEECKS _____

TODAY'S WORD

SUDOKU

by Linda Thistle

	5		9			4		
2					8		6	
		3		7				5
3			7		9	6		
	4			6			7	
		5	8					9
4			1			8		
		7			3	9	2	
	6			8				4

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY: ◆

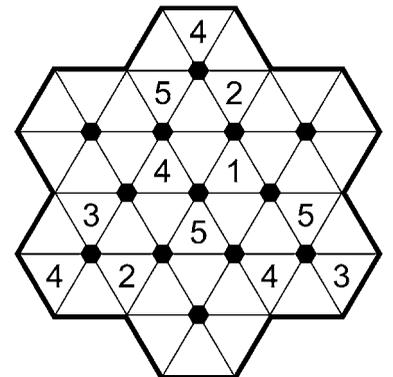
- ◆ Moderate ◆◆ Challenging
◆◆◆ HOO BOY!

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SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY: ◆

- ◆ Easy ◆◆ Medium ◆◆◆ Difficult

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GO FIGURE!

by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

	×		+		26
+		×		-	
	×		+		17
×		-		×	
	×		-		29
20					27
					21

DIFFICULTY: ★★

- ★ Moderate ★★ Difficult
★★★ GO FIGURE!

2 3 4 5 6 6 7 8 9

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THE SOUND

ANDREW WK

Power to the partiers

BY JOE LAWLER

Music and politics make for strange bedfellows. It's a double-edged sword, with the outspokenness of musicians like Ted Nugent and Beyonce endearing them to half their fanbase and alienating them from the other half.

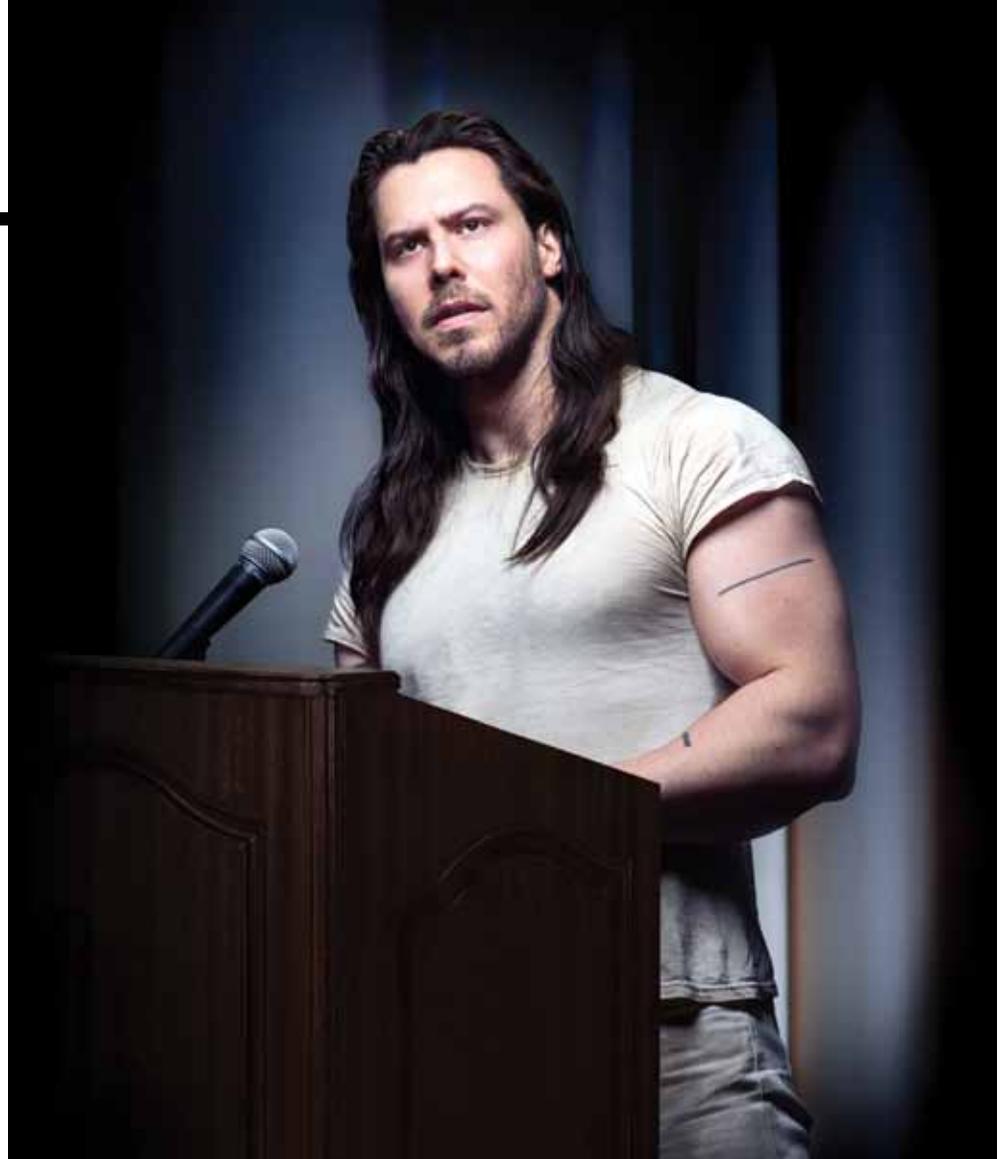
Party enthusiast Andrew WK wants to shift the focus away from the partisan elements and toward what truly unites us: partying. He'll be speaking about his proposed Party Party on Oct. 28 at the Temple for Performing Arts.

"The best achievement I can hope to bring about through the Party Party is nothing other than people feeling good, energized and optimistic," WK said during a phone interview. "It can be accomplished without our political party being

officially recognized, because it will be recognized in our hearts and souls, where the feeling dwells anyway."

Make no mistake, WK is trying to make the Party Party an official thing. He's currently collecting signatures to get the party recognized by the State Department (which will require 100,000 signatures in WK's home state of California alone).

His Des Moines appearance is part of a 50-state tour by WK to talk with the people. Talk is the key word here. If you're hoping to see him perform "Party Hard," "Party 'Til You Puke" or "It's Time to Party," you'll have to wait for another show. His speeches will be high energy, but sans music.



MUSIC



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"It's me speaking extemporaneously, then there will be an hour for a Q&A, but a Q&A will go both ways," WK said. "There will be questions from me for other folks who are there. Then it goes into a hangout session as long as the venue will let us stay and talk to one another."

And, yes, he realizes that something called the Party Party fronted by a long-haired musician who wears all white (he volunteered that he's willing to wear a suit if need be). But people who are willing to write him off for that reason might not be buying what WK is selling.

"For better or worse, the folks opposed to these ideas or methods of delivery or the packaging or association with the word 'partying' or rock music probably aren't working for this anyway," WK said. "There's probably not much I or anyone can do. They probably have what they're looking for and are fulfilled in that regard."

"But what blew my mind is that after the initial announcement, the reaction was way more positive than I had anticipated. It showed me I wasn't alone in these feelings. People from across the board and even outside the U.S. seem to

be searching for this particular flavor."

Following this tour, WK plans to head back into the studio to work on a new rock album (assuming a write-in campaign doesn't sweep him into office). He's working on it already, but he's excited about having some time on the road to give him perspective on the music. He's anticipating more ideas to come with him as he meets with fans on the road.

But until then, he wants to chat with fans about politics and is stressing that he's all about positivity, not partisanship.

"You don't need to abandon other allegiances or your interests in politics or culture," WK said. "You can be what you want and still be part of this party. You don't have to censor any other part of yourself. I don't necessarily think the most important aspect is to have this be on the ballot. I just want to reach members of the human race." ■

Joe Lawler is a music writer who has probably interviewed your favorite band. And your least favorite band.



SON OF THE MORNING

A touch of Satan

Superchief guitarist Jason Monroe was looking to do something a little different in his free time from the Des Moines rock band. He grew up listening to Kiss and Alice Cooper, and in recent years, the Swedish metal band Ghost has been in heavy rotation.

Monroe proposed the idea of a doom rock band to Superchief drummer Ryan Marcum. Marcum was in, and he proposed a potential singer for the band: Amy Badger of the indie rock band Love Songs for Lonely Monsters.

“One of the key things we wanted to do was have a female singer from a genre unlike ourselves,” Monroe said. “It wasn’t done with any grand scheme of crossing genres. We just wanted some variety.”

Badger was in, and she suggested Adam Cunningham from French Dials for bass. With that, Son of the Morning was formed. The band will play its first show Oct. 14 at Vaudeville Mews with Druids and Traffic Death.

For her part, Badger called it a “leap of faith” (while admitting that isn’t the best phrase for a band named after the dark lord). She wasn’t exactly sure what to expect from the new project.

“I knew it was going to be different, and I was really excited about that,” Badger said. “I wouldn’t say I’ve changed my singing style, but with the direction we’re going it’s becoming more theatrical. I’m spreading my creative wings, to the extent that they’ll tolerate.”

“One thing that’s been fun is that, as a writer, I lean toward poetry. They’ll give me a theme, and I like that. It’s fun to run with it and do my research. I find stories that are terribly interesting and terribly terrible and write about them.”

Each of the members of Son of the Morning has taken on a stage persona for the band. Badger is



Lady Helena, Monroe is Levi Mendes. Marcum is HW Applewhite, and Cunningham is Lee Allen. It’s a smorgasbord of references to occultists, murderers and cult leaders.

“We each came up with our own pseudonym,” Marcum said.

The style of music Son of the Morning plays was completely new to Badger, so they gave her a primer: Purson, Blood Ceremony, Electric Citizen, Red Fang, and Uncle Acid and the Deadbeats. If you need a taste of what to expect at their first show, give those bands a listen. It will tide you over until Son of the Morning has its own album out.

For now, Son of the Morning wants to keep Des Moines shows somewhat limited, making each one an event. If things go well, they’d love to visit Europe. There’s a big market for black metal and doom rock in places like Norway.

“Mainly we want to give Des Moines something new that we haven’t seen before,” Monroe said.

“We’re not going to be cutting heads off on stage... yet. But it will be different.” ■

TWINS

“Square America”
Maximum Ames

TWINS’ 2014 debut “Tomboys on Parade” had an infectious pop quality, but for “Square America,” the Waterloo band has moved more toward a ’70s FM rock sound. It suits the quartet, with tracks like “Hot Stepper” and “Mary’s Sister Margaret” harkening back to the sound of Big Star and Cheap Trick, distinguishing TWINS from the sound of other Iowa bands. It’s bar band rock but with a lot of drive and soul. “Tomboys on Parade” was great, but “Square America” feels like the band has stepped up to a new level. ■



Nick Cave & The Bad Seeds “Skeleton Tree” Bad Seed LTD

You have to expect morose songs from Nick Cave. Twenty years ago, he released an album of nothing but murder ballads. But “Skeleton Tree” is morose even for Cave, and understandably so. While the album was being recorded, Cave’s 15-year-old son died in a freak accident. So be prepared that “Skeleton Tree” visits some dark and dreary places. It probably goes without saying that a band’s 16th album is unlikely to be a good starting point for new listeners, but “Skeleton Tree” is a deep cut for anyone but diehard Cave fans. It’s lovely and haunting but also unrelenting and heavy. Everyone will need a hug by the time the last track closes. ■



SOUND ADVICE

Panic! At The Disco announced it will perform at Wells Fargo Arena on March 14, 2017. Tickets are available at Hy-VeeTix.com, 844-55-HYVEE, the Wells Fargo Arena Box Office or 22 participating Hy-Vee Food Stores. East Coast hardcore legends **Hatebreed** play at Wooly’s on Oct. 9, with **DevilDriver** and **Devil You Know** in support. Showtime is 8 p.m., and tickets are \$25-\$30. British artist-producer **Jack Garratt** also makes an appearance at Wooly’s, bringing his act to Des Moines on Oct. 10. Showtime is 8 p.m., and tickets are \$18-\$20. Tony Award-winning composer and lyricist **Jason Robert Brown** returns to Des Moines with a stop at the Des Moines Oct. 14-15 at the Temple Theater. Tickets are \$39.50 - \$53.50. **Eli Young Band** will perform an all ages concert at 7 Flags Event Center on Oct. 20 at 8 p.m. Tickets are \$30 in advance, and \$34 the day of the show. The Central Iowa Blues Society will host a performance by blues artist **Samantha Fish** at Lefty’s on Oct. 16. Tickets are \$15 For CIBS members or \$20 at the door. Showtime is 6 p.m. More than 40 years into his career, **Boz Scaggs** will perform at Hoyt Sherman Place on Oct. 22 at 7:30 p.m. Tickets are \$45, \$59.50, \$79.50 and \$95. ■

Joe Lawler is a music writer who has probably interviewed your favorite band. And your least favorite band.

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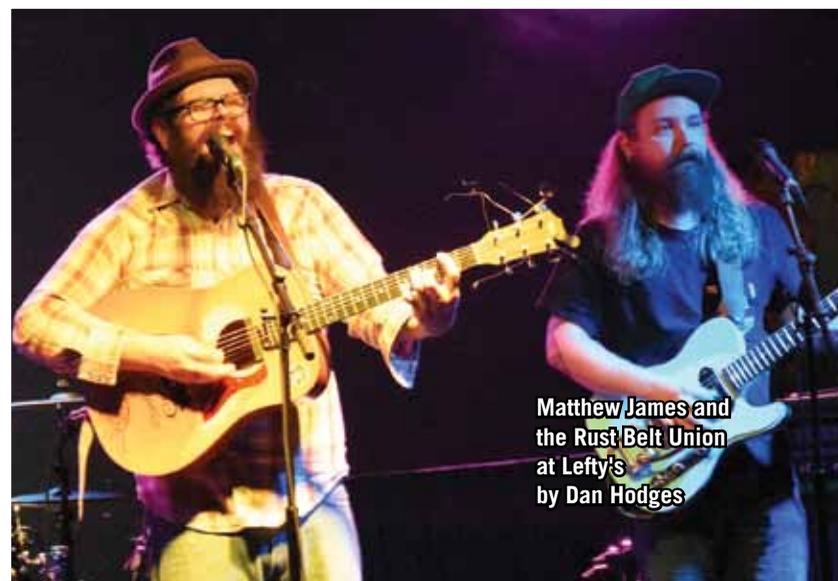


Skillet
at 7 Flags Event Center
by Darren Tromblay

Florida Georgia Line
at Wells Fargo Arena
by Dan Hodges



Quaker City Night Hawks
at Vaudeville Mews
by Dan Hodges



**Matthew James and
the Rust Belt Union**
at Lefty's
by Dan Hodges

MUSIC

JOE'S NEIGHBORHOOD

BY JOE WEEG

'I am Iowa'?

"Gov. Robert Ray was a phenomenal governor and a true statesman," said [Gov. Terry] Branstad. - Office of the Governor of Iowa, Terry Branstad, Sept. 26, 2012.

"In his speech, [Gov. Terry] Branstad said, 'Throughout his career, Ambassador Quinn has displayed leadership in protecting the world's most vulnerable, working for causes to ensure we can continue to feed the world, and fighting for freedom for refugees and helping welcome them to our state.' - Office of the Governor of Iowa, Terry Branstad, May 30, 2014.

"Today, Gov. Terry Branstad ordered all state agencies to halt any work on Syrian refugee resettlements immediately in order to ensure the security and safety of Iowans." - Office of the Governor of Iowa, Terry Branstad, Nov. 16, 2015.

The Anne Frank House sits quietly on the last interior ring of canals in Amsterdam. Prinsengracht. The Prince of Orange's canal. A safe place you would think. Three canals further away from the moat that originally protected the city from invaders. This is where the middle and upper class built their homes as they waited for the next ship to come in from the Dutch East Indies. A good place to be. A fine neighborhood. Good schools. Free of crime. Clean and wholesome.

I sit on the canal bench and sip my cappuccino.

The crowd ebbs and flows. The canal boats dock, load up, and move on down the water. Bicyclists impatiently ring their bells as pedestrians meander into the bike path. Cars slowly try to navigate their way home. Not a lot different from Amsterdam in 1943, I imagine, except for that young girl and her family hidden behind me in the Annex.

"Once the United States entered World War II, the State Department practiced stricter immigration policies out of fear that (Jewish) refugees could be blackmailed into working as agents for Germany." The United States Holocaust Memorial Museum.

In 1993, Ayla Heder didn't exist. Her parents met in a refugee camp after fleeing the war in Bosnia. No English, no money, no nothing, they came to Des Moines, Iowa. Young and alone.

Why Des Moines? Governor Robert Ray had a vision. A grand vision. In the 1970s he set up a State bureau to help assist refugees coming out of the Vietnam War. He committed to settling 1200 Tai Dam fleeing from Laos after the fall of Saigon. And Iowa took them in with open arms — with a little goading from Gov. Ray. Several years later, Gov. Ray came knocking at our conscience again. 1500 Cambodians fleeing Pol Pot's massacre needed a home. Iowa took them in. Then, in the 1980s, refugees from Poland,

Czechoslovakia and Hungary came. Again, Iowa didn't blink. And then, in 1993, came Ayla Heder's parents. Two of the early group of Bosnians to arrive. They were fleeing the Serbian Orthodox Christians in the Bosnian war. And Iowa took them in.

And Ayla Heder's parents worked. They cleaned rooms, they waited tables, they learned English, they bought cars, they paid taxes, they built homes, they had children — and they thrived. The American dream. Played and replayed by them, by us, and by our ancestors.

Now graduated from Iowa State University, and enrolled in a Master's program for Public Health at Des Moines University, Ayla Heder is taking a break from her summer internship in Sarajevo for a weekend in Amsterdam before returning to school.

I tag along.



Heder comes out of the Anne Frank House.

"It is surreal to actually go in the house and walk through and realize this is actually where they were at. And at the end of the tour, there are all these other people, like famous actors, reflecting on their visit to the Anne Frank House. And there was a woman, who was from the war in the former Yugoslavia, who said that knowing and reading about Anne Frank as a young girl helped her get through the war. In fact, she wrote a diary throughout the war and it helped her keep sane." We sit quietly. Heder stares off over the canal.

"I think it is so ironic that there is all this picking on groups and their religions today. This house is a reminder of what bigotry and hate is capable of doing." She takes a breath, thinking.

"I hate that 'never again' stuff. People who have experienced bad stuff since the Holocaust — that phrase 'never again' is kind of a kick to them. But it does happen again and again and again. Cambodia.

Rwanda. It's happening in Syria."

Ayla Heder sighs.

There is an iconic sign in Amsterdam, a trademark used by the city, with 10-foot letters, that spells "I amsterdam." Heder follows me up to the Museumplein where the sign is located, and, without hesitation, she climbs up the middle "m," plops down at the top, and flashes a smile.



I am Amsterdam. A simple slogan with a simple meaning — we are all Amsterdam.

Governor Ray's legacy is a legacy of tolerance. But where does this tolerance come from? Are we born with it? Can we be taught it? Have we lost it?

Russell Shorto's book, "Amsterdam," argues that Dutch tolerance grew out of the need for everyone to take their turn on repairing and watching the dikes. If you're intolerant, you might find yourself quickly under water.

And Iowa tolerance? Perhaps it comes out of our historical connection to survival on the land. Without the help of our neighbor, the harvest doesn't happen, the crops don't get planted, the isolation of farming life is not made tolerable. If you're intolerant, you might find yourself alone in a field of thistles.

Gov. Ray reminded us of our better selves. Sometimes he had to drag us along, but drag us he did. He demanded that we recognize our tolerance. And we did.

So, "I am Iowa"? You tell me. ■

Joe Weeg spent 31 years bumping around this town as a prosecutor for the Polk County Attorney's Office. Now retired, his wife is once again assisting in the prosecution of war criminals in the Netherlands. He's along for the ride and writes about being an Iowan in Europe on his blog at www.joesneighborhood.com.



YOUR NEIGHBORS

Sean Bagniewski is president of the Beaverdale Neighborhood Association and will be planning the area's 100th birthday party. He is standing in front of a sign crafted by resident Cork Smalley.



HAPPY BIRTHDAY BEAVERDALE

Next year is Beaverdale's 100th birthday

BY JEFF PITTS

Beaverdale has a birthday coming up, and it's a big one.

Sean Bagniewski is the president of the Beaverdale Neighborhood Association. He moved to Beaverdale in 2009, and he's the man in charge of planning the celebration. He says the planning for the event is still in the early stages, but it will probably happen in the first half of next year.

"We're thinking spring," he said. "Maybe about June or July."

After 100 years, many wonder what makes Beaverdale special. People are attracted to Beaverdale for a multitude of reasons, whether it's the distinctive appearance, the tree-lined streets shaded by mature trees or the avenues lined with "Beaverdale brick" houses.

"Neighbors who are really passionate about their neighborhood is what makes Beaverdale, Beaverdale," Bagniewski says. "And you don't always have to agree on everything, you don't have to belong to the same political party or the same church, but there is an expectation that you care."

He points to passionate volunteers like Cindy Smith who spends 10-12 hours every month organizing addresses for the local newsletter.

"There is something in the DNA over here," Bagniewski says. "The expectation is that you are somehow active. It's an old-school way of doing things. But it's not predicated on being Catholic or going to Westminster (Presbyterian Church) or being white or being a guy. If you want to come here, and if you want to volunteer, and if you want to be active, then you're a part of Beaverdale. And that's a cool thing."

And the name Beaverdale is almost as distinct as the neighborhood. No one is certain about the name's origin, but according to "A History of Beaverdale," by Ken Black, it hasn't always been called that. Prior to 1913, the entire area north of University and west of 30th Street was referred to as "Urbandale," but then the area now known as Urbandale split off and took the name, and that left the remaining northwest Des Moines residents nameless. To solve the problem, those residents convened in 1917 and Beaverdale officially

became known as Beaverdale. No one is certain as to the basis for the name, but it's thought by many to be derived from the proximity to Beaver Creek.

"It's a great place to live," he said. "And not having the stereotype of being snooty is really important. People think we're high-falutin Beaverdale people, and we're not."

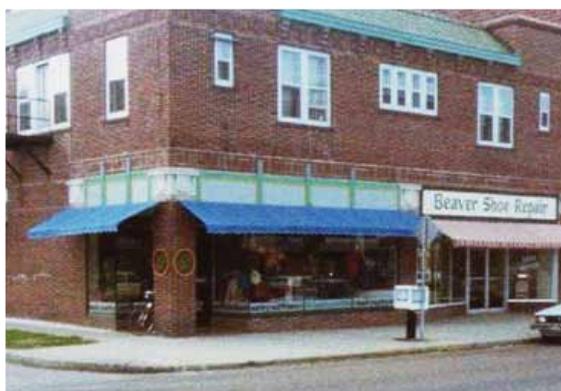
He explains the neighborhood recently grew from 3,600 homes to 5,000 when it voted to reunite with the Meredith Neighborhood Association, which used to be part of Beaverdale, then split off but recently asked to be back in. Beaverdale's boundaries are now Forest Avenue to the south, 32nd Street on the east, the city limits to the north and Merle Hay Road to the west.

Bagniewski says that during the acquisition talks, there were some who said Beaverdale should take the single-family homes but leave the multifamily housing out.

"I didn't live in a house that my family owned until I was fifth grade," Bagniewski explains. "I started out in a trailer park with a single mother. I'm not going to be the Beaverdale president that brings in all the single family housing and leaves the multifamily out. That's not who we are."

And the 100th birthday bash?

"Yes," he assures. "There will be a cake." ■



Boutique GUIDE



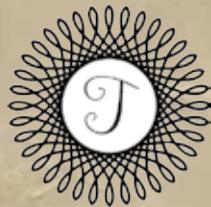
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A MUTT'S BEST FRIEND

STORY BY JEFF PITTS | PHOTOS BY DAN HODGES

Like clockwork, Tyler Hall wakes up each morning to a face-licking from his dog, Kingsley, at about 6:30 a.m. And from there, he and Kingsley start their daily routines as man and BFF — “best furry friend.”

“I don’t even need an alarm clock,” said Hall.

Then the duo eats some eggs — Hall makes his over easy, but Kingsley prefers scrambled.

“He goes crazy for bacon grease,” Hall says. “I’ll pour it over the top of his food.”

The dog might not like runny eggs, but going for a run is another matter.

“He’s pretty spoiled,” says Hall. “I take him for at least two or three walks a day. Every morning and then again when I get home.”

Kingsley will be 2 years old this month. Hall isn’t sure how they will celebrate, but last year will be tough to beat. Hall baked a dog-bone-shaped cake.

“No candles, though,” Hall assures. “Mixing Kingsley and fire isn’t a good idea.”

Hall rescued Kingsley as a puppy from a modern day pound (or kill shelter), and it was love at first pant.

“He was a cute little guy, and then he turned into a giant moose,” Hall says.

Patriots for Pets in Mason City, where Kingsley was rescued from, is akin to an underground railroad for canines.

“In San Antonio, they euthanize 1,500 dogs per month,” explains Hall. “So every two months, Patriots for Pets will drive down, fill the van with as many dogs as the code will allow and bring them all back.”

Kingsley is one of the refugees.

“I’ve always been a fan of big dogs,” he said. “Big slobbery dogs. Mutts seem to be friendlier.”

The other dogs at the park seem to agree. Kingsley is popular and easily makes friends.

“Whatever goes on at the dog park, stays at the dog park,” laughs Hall. “Chase dogs or be chased, that’s his favorite thing to do.”

Kingsley has been trained to do some tricks.

“He’ll sit, stay, lay down and fetch,” Hall said, and he also likes to dig holes in the sand at the beach.

But he doesn’t always obey, including when he’s told to roll over.

“Noooo... he doesn’t do that yet,” Hall said. “When he’s in trouble, I say, ‘Kingsley James!’ That’s how he knows. Then he puts his tail in between his legs.”

But it’s good to be Kingsley. The mutt rarely hears his middle name, and his biggest worry is how long he’ll have to wait to see his best friend return each day for a run. For Hall and Kingsley, that old cliché rings true — a dog is a man’s best friend.

“There is something to be said about that,” he said. “It’s honestly true.” ■



When dogs lap up water, they don’t cup their tongue and lift it in, they curl it backward while quickly pulling it out of the water, which splashes the liquid into their mouth.

Kingsley was a puppy. Now he’s a bigger puppy. And Tyler Hall’s love of his mutt has only grown greater. He saw the little puppy in the modern day pound, and it was love at first pant. “He was a cute little guy, and then he turned into a giant moose.”

Your Home Buying Checklist

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WALKS OF LIFE

BY JEFF PITTS



MIKE KREFT

Beth's boyfriend

"I'm Beth's boyfriend," says Mike Krefl. That's how he defines himself. He isn't originally from here but is currently living in West Des Moines. He doesn't miss a beat naming his favorite thing about the metro — the bar, "Tonic."

He thinks a little harder to name his favorite trait about Beth, but then he comes through. "It's her personality," he says. "And that she's driven."

Krefl's philosophy on life is simple, "Work hard. Play hard." And he has one request for the general public: "Support the military."

Krefl serves in the United States Air Force. Thank you for your service.



ANDREW LEE

Bear watcher, Ankeny resident

"I am a person living in Des Moines," Andrew Lee laughs. "I am energetic and fun; I like to visit a lot of places."

Lee has visited more than 40 countries. He likes to visit national parks around the country. At the Rocky Mountain National Park, he says he "ran into" a bear. It was a cub, but it still startled him. And it wasn't his first bear; he's also seen one in Yellowstone National Park and another in Great Smoky Mountain Park. But don't worry — he didn't feed any of the bears he saw.



SAM RETZLOFF

Hooper and traveler

"I've been doing it about eight months," says Sam Retzliff. She's good at hula hooping, but she's determined to continue getting better. She was a dancer in college, which she thinks has helped her learn the new craft.

Retzliff is starting her own business called "HoopyHippy." She will be giving lessons and performing at children's events like birthday parties.

She bartends at Hessen Haus and enjoys downtown.

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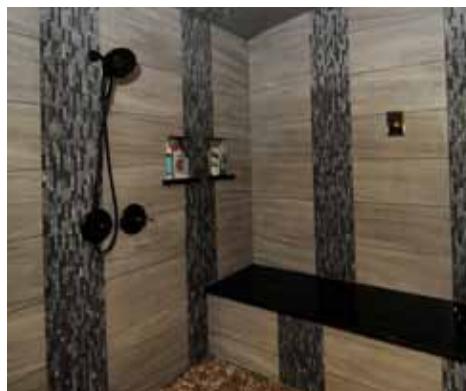
LIVING THE DREAM

BY JEFF PITTS | PHOTOS BY DAN HODGES



Above: The Waukee home of newlyweds Ashley and Eric Juhl.

Below: Eric Juhl with his wife, Ashley, at their Waukee home. The two love their neighbors, the steam room, and they've installed an at-home gym. The full-sized, "spa quality" steam room is what originally sold Eric on the home. Ashley loves her bathtub equipped with an overhead chandelier.



Eric and Ashley Juhl needed a nest for their family — one boy, one girl, a boxer named “Charlie” and a fat cat named “Whiskey.”

They were out hunting for a home. It has been a seller’s market, and even though the pair had seen many houses, they weren’t anywhere near a consensus yet.

But the Juhls were undaunted and forged ahead — and they’re glad they did. The couple eventually happened upon a newly-constructed house in Waukee that hadn’t been listed yet.

“Hmm,” they thought.

The two hesitated a little before wandering up the sidewalk and peeking their heads through the front door. It turns out the house wasn’t completely finished yet. Workmen were still working, hurrying every which way while finishing the four-bedroom, four-bathroom home with an open floor plan and vaulted ceilings.

“The rest is history,” says Ashley.

Eric convinced the workmen to allow them to look around a little, and they each went in different directions to investigate.

Eric was the first to find the humongous, full-sized, “spa worthy” steam room in the basement, and that was all he needed to know. He was sold. He went looking to make sure Ashley was “all in,” too. She wasn’t, actually. That is, until she got a glimpse of the master bedroom.

“This is where I live,” she now says while motioning to the sprawling master suite. “This is my domain.”

The couple’s bedroom is large, elegant and quite unique, the ceiling appears to be made of marble, and there is a princess-esque master bath equipped with a modern soaking tub and chandelier above it.

“No one thinks you need a chandelier above the tub until you have one,” Ashley says. “Then you say, ‘Of course I need one.’”

The Juhls have a three-car garage and a mudroom for the kids to kick off the dirt before coming in. The entire family enjoys the friends they’ve met in the neighborhood.

“We have one of those blocks,” Ashley says. “We all watch out for each

other. The street has get-togethers, with shared meals and big bouncy toys.”

Ashley is an entrepreneur, so she loves her home office, and the Juhls installed a gym in the basement as well, giving her the ability to more easily stay in shape, which is important because she’s launching a company called FitMom. She also competes nationally in National Physique Committee (NPC) bodybuilding competitions.

She says the workout space doesn’t have some of the heavy equipment, but that the family can do pretty much everything they need to.

“It makes it more convenient as a busy mom to have an in-home gym,” she says. “I’m one of maybe five NPC athletes in the Des Moines area that is eligible to compete nationally. I’ll be competing at the Arnolds (a bodybuilding festival named for Arnold Schwarzenegger) in February.”

She says she placed fifth last year and has been invited back to compete again this year.

“Being a professional athlete, I train two to three hours a day when I’m in season,” she says. “And I’m a busy mom, I own my own business, and when my kids are sleeping, I can’t just always go to the gym. Having a gym in my house makes it a lot more convenient for me.”

Ashley has a passion for fitness and for leading a healthy lifestyle. She works to break the stereotypes about mothers and their bodies.

“Just because you are a mom doesn’t mean you have to look like a mom,” she says. “I help moms regain their confidence back through their bodies. I teach them ways to become fit and healthy as a busy mom.”

It’s been a little more than a year now since Eric and Ashley moved in, and things are settling down. They were married this summer, the kids love their school, they’ve found “home sweet home” and neighbors they love. But there still is one thing they’re looking for — their cat named “Whiskey.”

“He’s the fattest cat in town,” says Eric. “But he’s always hiding.” ■

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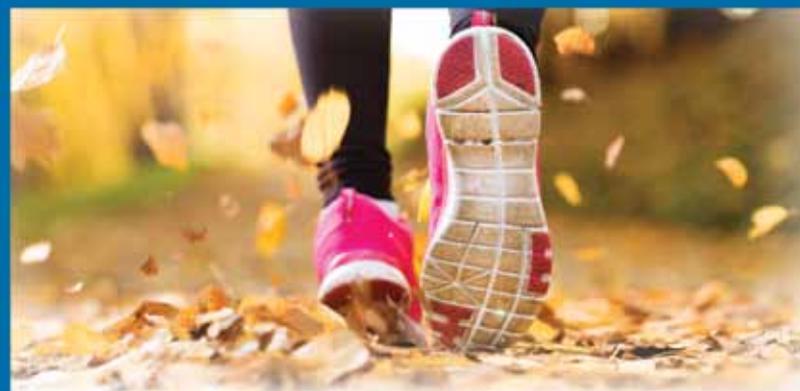
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COLLECTIONS & HOBBIES



James Martin is a lifelong fan of the rock band KISS. He brought his collection of old albums to be signed by the band at its recent Iowa State Fair performance. KISS partnered with Hiring Our Heroes and Vet Tix to recognize the former Navy Petty Officer 2nd Class along with other members of the military at its "Freedom to Rock" tour.

HIS KISS

James Martin's love for the band's music lands him a unique opportunity

STORY BY JEFF PITTS | PHOTOS BY DAN HODGES

In between rocking all night and partying every day, hall-of-fame rock band KISS took time to honor veterans at its Aug. 19 performance on the Grandstand at the Iowa State Fair.

Among those honored was former Navy Petty Officer 2nd Class James Martin, who got more than just a meet-and-greet with the group.

Martin was selected by Hiring Our Heroes to be the band's "Roadie for a Day" in support of the show, part of the KISS North American Freedom to Rock Tour.

Martin has been a fan for most of his life. He said he has collected albums since his childhood.

"I was introduced to them (KISS) young," he remembers.

A grade-school friend in Keokuk first made him aware of the band's greatness.

"In elementary school, we used to get out the old turntable, the old vinyl albums, and we put on 'KISS Alive,'" he said.

Martin brought along the books he owned that were written by various band members, to get them autographed along with the old albums he cherishes. He still has a turntable to listen to his old vinyl.

Martin is also a fan of the opening act, The Dead Daisies, and he brought a photo of the band from when he'd seen them while serving overseas in Europe.

"I thought it was a great picture," he said. "I blew it

up to an 8x10, and they all signed it."

Martin said during his time in the military, KISS was part of his playlist. He served in Desert Storm/Desert Shield as an operations specialist.

"You know in the movies when there's that dark room with all the radars and lights and stuff like that? I was one of those guys, watching the radars," he said.

Martin recalls a time he sat in dark room with radar blinking and beeping and the radius spinning for 72 straight hours.

"Sometimes we'd listen to music, and some of those songs were KISS songs," said Martin, who served from late 1987-1991. "A lot of that music is motivating music. It has heavy riffs, and it's music that really gets your blood pumping."

KISS' military appreciation wasn't just reserved for the Des Moines show.

"KISS donated \$150,000 to the organization 'Hiring Our Heroes,'" explains Martin. "The KISS Roadie for a day treatment wasn't a one-time thing for KISS — they do this at every tour stop. They set a very high standard when it comes to military appreciation."

And being part of the military set the standards high for Martin. After graduating high school, his friends left for college, but he didn't have the means.

"I made the decision to go into the United States Navy," he said, adding that he's glad he did. "It made

me independent. It turned me from a young adult to a man."

Martin traveled around the world during his tenure in the military, making stops in Rome, Israel, Greece and Spain among other places.

"I made lifelong friends," he said. "Those connections and experiences are priceless."

After the military, Martin enrolled in college. He currently has a job he loves as claims manager at Wells Fargo Home Mortgage and credits his time in the military for the life lessons that have helped him succeed.

"Perseverance and a foundation of discipline and hard work; people will see that, and you'll get what you want or get to where you are supposed to be if you work hard and show people what you can do," he said. "I went in as the very lowest in the military. I was an E-1. And I become an E-5, a second-class petty officer. And it was through hard work and showing people what you can do. Those are lifelong lessons you learn in the military."

And now, he's started at the bottom again, as a roadie for KISS.

"Only for a day," he cautions and laughs. "You never say never, but if I was a roadie, I would want to be a roadie for the best rock and roll band ever, KISS. You wanted the best? You got the best — KISS. How about that?" ■

PARTING SHOT



FORGED IN FIRE

PHOTO BY GLEN MCPHAIL

Two knights battle it out at the Des Moines Renaissance Festival on Sept. 3. ■

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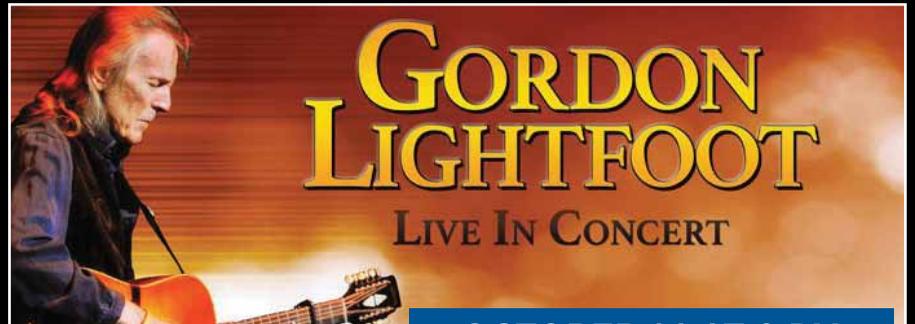
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*Sales ranking based on car and truck sales report of the Kansas City Region of Ford Motor Company and Lincoln Motor Company for 2015